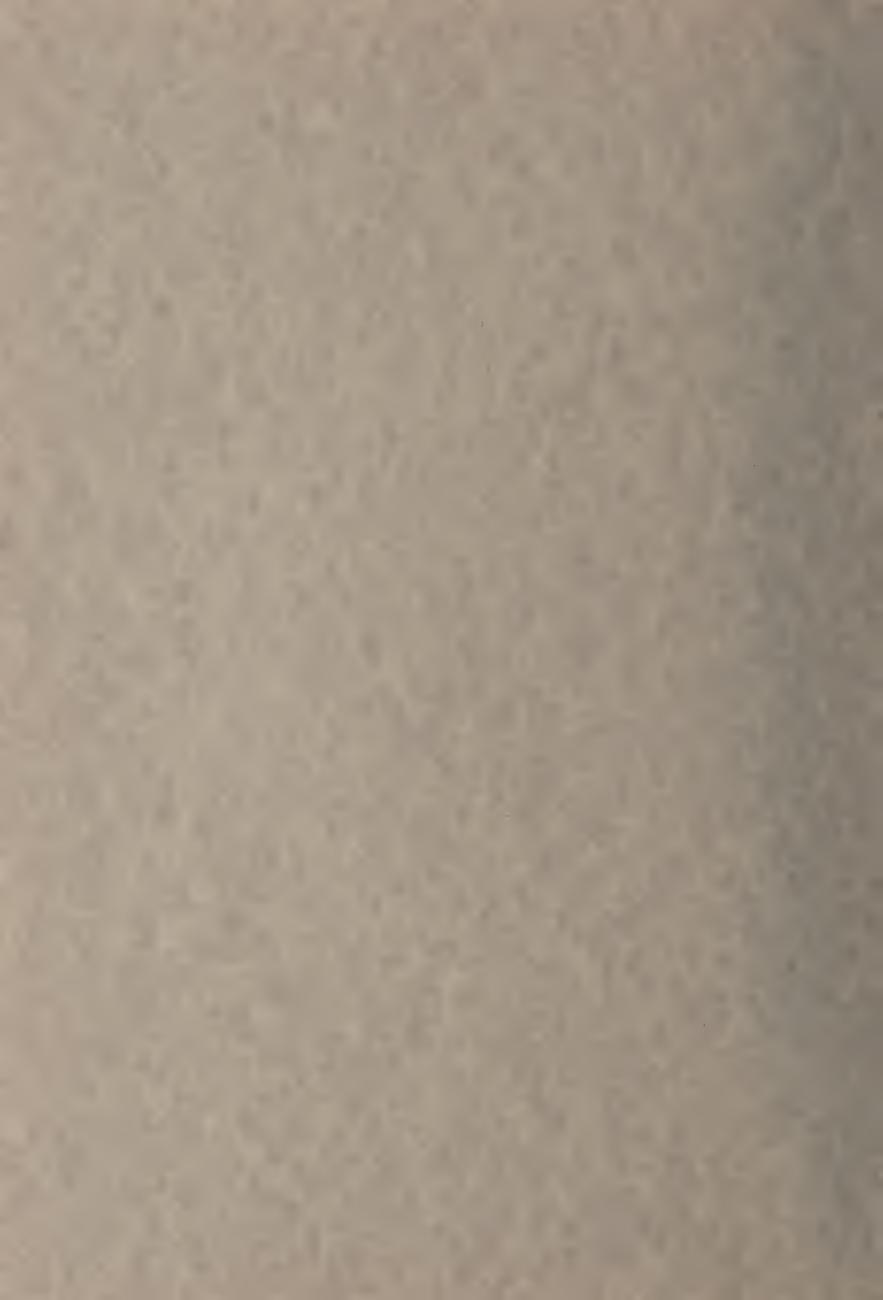


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Credits and special thanks to

'95-'96 Publishing Class' Sean Brady Susan Fougere Gregory Samos Mr. Slavin Mr. Masi Business Office

# **Seniors**

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- 30 Days together.



# Faculty & Staff

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The 1996 Carric is launched as Editors brainstorm with Jostens' representative, Mr. Bob Murphy. Editors and staff worked under the guidance of advisers Sr. Alice Marie Lyon, Sr. Emma Jean Middendorf, and Mr. Jason Potrykus (Ad Section). Production was via desktop publishing using PageMaker 4.0 and 5.0 on MAC SE computers.

### Cover

Staff Design executed by Mrs. Dunbar.

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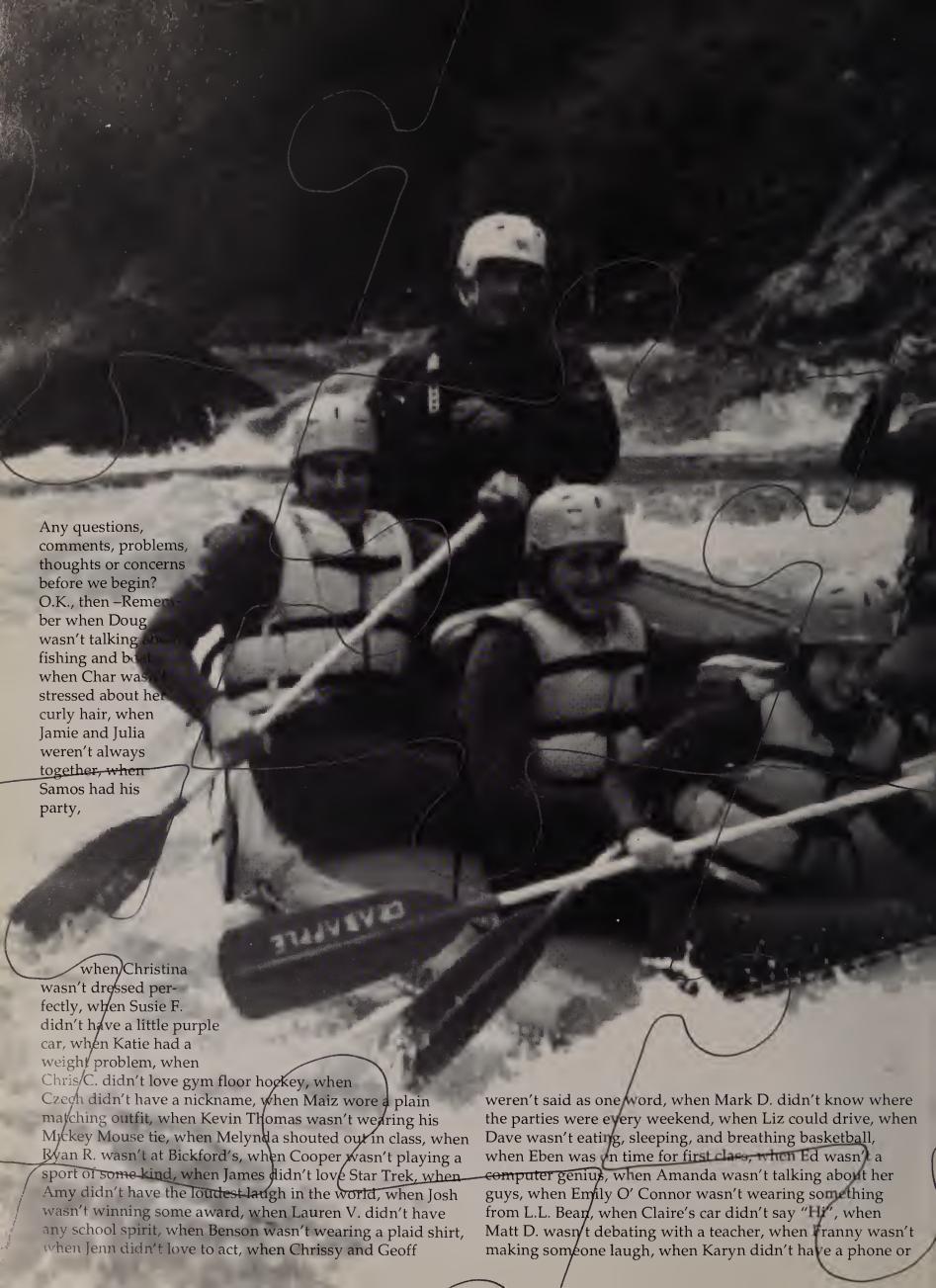


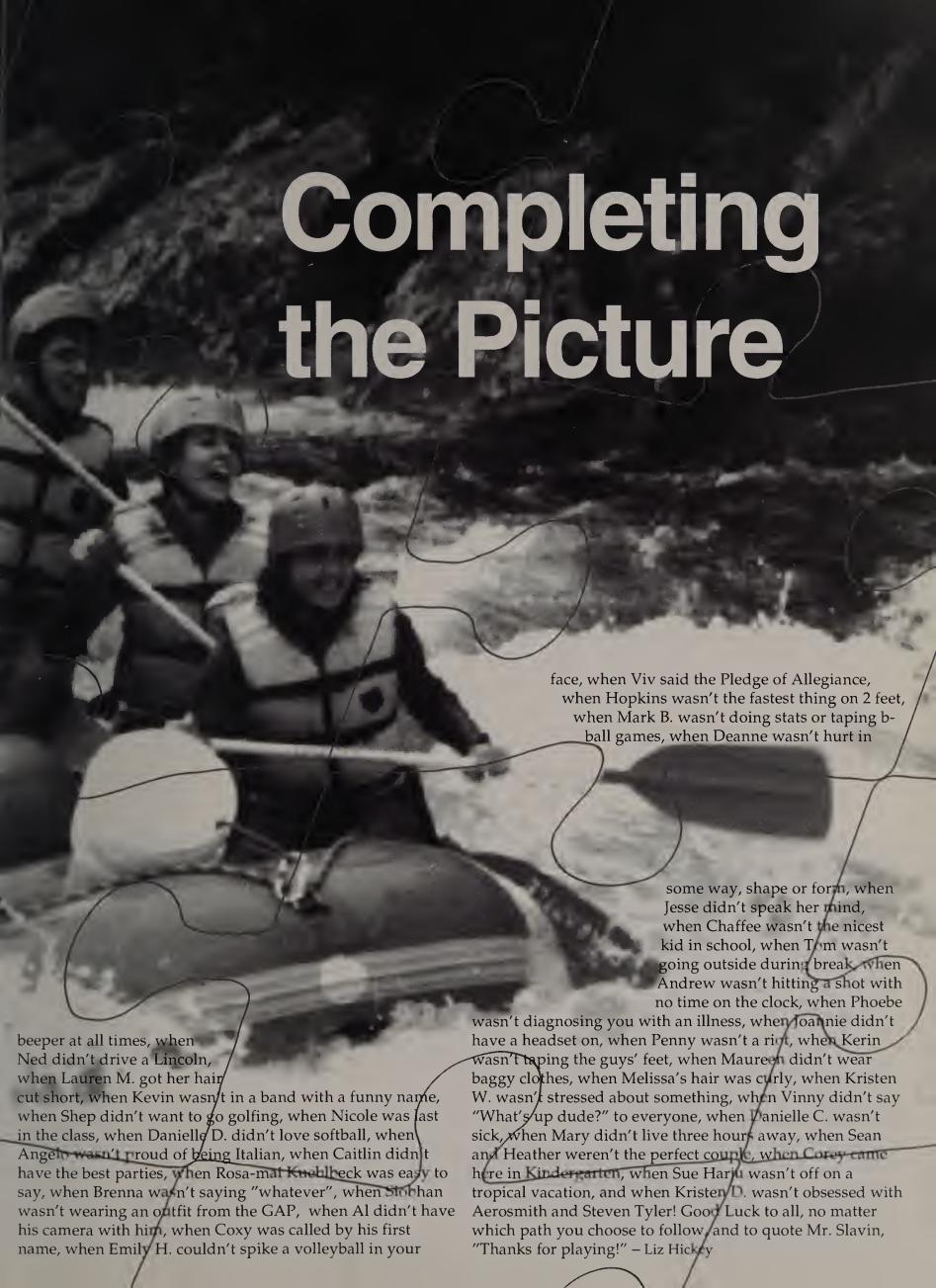
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Mark Wakefield Balzarini Duxbury

National Honor Society - 3,4; Peer Ministry - 4; Teens for Life - 1,2,3,4; Cross Country - 1,2,3,4 (Co-captain - 2,3,4, All-Star - 3); Basketball Manager - 1,2,3,4; Track - 2,3,4.

"Things don't change, we do."-Thoreau I have been here such a long time, yet it seems so short. The best years have been the last four. From these I have the best memeories: the times spent with the Cross Country Team and Mr. S, study Hall with Mel and the Hoop team, winning the BANNER in Track, and the many afternoons spent with THE ZOO. This is ended with the many thanks I owe to all, especially my parents, to whom I owe a great many thanks. Goodbye and God bless to all.



**Brian Benson**Plymouth

Golf, JV Baseball, Varsity Baseball, Coach's Award, Freshmen basketball, S.A.D.D., Peer Ministry.

Brian: Soni, Frog... First, I would like to thank my friends Theo, Erin, Matt, Jenn, Andy, Fran, Penny, Jess, Dee, P.J., Stiffy, Maiz, Chaffee, Dave, Shep, Al, Adrienne, Siobhan, Karyn, and Vin man. Memories of cards at Jimmy's, Disney movies w/Erin, the K, the nook, Ft. Lauderdale, Lobster Hut, Matt's calling card, walking around the ferry, Hootie, Penny's reaction to the 8-ball, rides with Jess and Dee, talks with Jenn, skiing, hanging out with Erin. Lastly, I would like to thank mom, dad, Julie and Buffy. Ilove you guys. "Ifound it hard, it's hard to find, oh well, whatever, nevermind."-Kurt Cobain.



### Angelo Straffi Boccalini Plymouth

SADD - 1,2,3,4; Peer Ministry - 4; Alter Service - 1,2,3,4; Student Council Scholarship -4; *Heart Beat* - 3,4 (Editor); Drama - 4; Announcements - 3,4; Soccer - (J.V. - 1 Highest Scorer, 2 - Captain), (Varsity - 3,4 Captain, Mayflower League & E. Mass All-Star); Basketball - 1,2; Track - 1; Tennis - 3,4.

Ang, Bocc...To all my friends, thanks for everything. I never could have done it without you. Maiz, Lauren, Amy, and Chaf—good luck, thanks for all the support, I love you all. To the Committee, Drew, Eben, Eddie, Matt, Fran, and Paul—you have been my friends through everything. Thanks for the parties, the endless nights, the roadtrips, Lollapalooza '95, for always being smarter, and for everything I can't fit here. Eben and Fran, thanks for the Italian connection. Fran, thanks for the laughs, the Ranch, the basement, soccer, and for being there. Eben, thanks for being my best friend. Jenn I can't thank you enough for all that you've given me. You taught me the best thing to be, is to be myself. Thanks for all the fun, the laughter, and for the friendship. Never give up on your dreams, you can do anything. Mr. Slavin and Kathy thanks for giving me a chance. The A-Team, Tony, Nonni, Mom & Dad, you guys have been behind me through it all. Mom & Dad, you have given me more than I ever could have hoped for. I love you. "I have promises to keep and many miles to go before I sleep." -Robert Frost.



Karyn Michelle Bonner Sandwich

Thank you Melissa, Amy, Fran, Siobhan, Eben, Angelo, and everyone else. Cellar parties, Columbus Day Weekend '94, Green Day, Breakfast Club, Nantucket, Dunkin' Donuts, New Years Eve '94, AAA, jewelry..., In-bound T, Mel: Jamie, Bobby, Josh, Kenny, and Erik. Shangri La '95,haunted houses, 4 Hannukah, carshow "nice rims", Bernie's 'till 4 (5), keys?, You say.., chum, accident at McD, Citgo, Fran: thank you for all the midnight talks/advice, Pooks, The Ranch, Star-Spangled Banner with Kevin and Melissa, Troubles, thanks I love you. Bah-Rone: Allen, the rock, Volvo Liz 13 years and we made it! Eric, and gastanks. Thanks everyone. Thank you Mom and Dad for everything (maybe now you can have the truck back). Jeff and Chris thanks for always (well...) being there—I love you. And Bernie, of course, I love you and thanks for everything. Bye.



Eduadro Amado Calapiz Blando Danville, CA

First of all I would like to thank Caitlin, Mr. & Mrs. Gavin, Pat, Tom, Joe for helping me get through these years of high school. Without you all I would not be what I am today. Thanks. I love you all! To my half friend I leave a full friendship and a anti-white hat vaccine! Memories—N.Y.C. Dunhill's, Junior Prom Party, California, Smiths, Dunkin Donuts. Lastly I hope that the mendacity of the white hat mind shall never die! Because if It does what would I do in my spare time!

#### Danielle Teresa Cash Brewster

Amnesty - 3,4; SADD - 1,3,4; GREAN - 1,3,4; Youth Ministry - 4.

D, Danni, Grimmy... A lot has happened in the past four years. Things good and bad that I can't or don't wish to mention in this bio. One thing I realized is that without my family and my friends none of this would have been possible. I really don't know where all the time has gone but most of it's been fun. Thanks to everyone who has made a difference, you know who you are. 19/27/29/22. Sus-CCBL, pitchers, booger, we crashed, security guards, bouncy balls, fisherman's landing, ragged, Boston rush. K-UVA, delry, baki, red dirt, scallops, sum. '93, stretch, legs, washin' the dog, "shut-up is a bad word", camp fires. Mo-walks to A&P, mall, Friendly's. D-boots, basements. Mikey-the little brother I never had, you've always been there for me, never change. Jewel-I'll always miss you more! Mom & Dad-Thanks so much for everything you have ever done for me, you two are the greatest, I love you both very much. Derek-Thanks so much for being you-I love you. "I'll never be an angel. I'll never be a saint. It's true. I'm too busy surviving"-Madonna





David Donovan Casinelli Plymouth

Community Service - 3,4; Peer Ministry - 4; SADD - 2,3,4; GREAN - 3,4; Journalism Award - 3; Prom Committee - 3; Track - 1; Cross Country - 2; Basketball - 2,3 (All-Star), -4 (Captain, All-Star).

Dave, Caz . . . AY, Kings, Erin, Doug, Al, Mc, Checkles, Colleen, Fran, Jay, Stiffy, Coop, Penny, Little Sister, Siobhan, Christina, Vin, Trust, Lollapalooza '95. Vineyard with Fran. Ball in N.H., Hey Jen, watch this. Erin, Kentucky meant a lot; thanks for 8 months. Stars, zzij Y.D.A. Failed scavenger hunt. One sport wonder, legos, cookies, walk right in. Ball in Hanover with Kings. Oakley's for \$5. Pepper. The Nooke. Thanks Mel for 3 good years. Golden, thanks for the helpful chats. D. Phoenician with Shep, AY, Coop. Cranberries with MM=24. Wanna Run? Sunflower hunting. Poke-7,2. Nice Asp. Mom and Dad, thanks for all the sacrifices you've made for me and the love you've always shown. Ilove you. Lee and Dan, I'll miss you. Thanks. "You gotta know when to hold em', know when to fold em', know when to walk away, know when to run, you never count your money, when you're sitting at the table, there'll be plenty of time for countin' when the dealin's done."-Kenny Rogers



Brian Centofanti Hanson

Basketball - 1,2,3,4; Baseball - 1; Golf - 3; Cross Country - 1,4.

Penny, Pendog, the Dog...Thanks to Czeck, Mic, Kristen, Stif, PJ, Vinman, Caz, Al Fran, Soni, Jen, Jes, Dee, Adrianne, Erin, and everyone else. I've had some good times over the years,,,Czeck's house, Benoit's, Lollapalooza, the place we like to call the Nook, "I've got the Ivy," all the old card games, Prom night and everything else that slipped my mind. Thanks to Mel, for three good years. Laura, best of luck, only three more. Mom, Dad, I would have never made it without you. I can never thank you enough. I love you both. "But maybe if I looked real hard I'd see you're trying too, to understand life, that we're all going through." -Guns and Roses



### Emily Katherine Chaffee Sandwich

National Honor Society - 3,4; Spanish Honor Society - 1,2,3,4; Vice-president - 2,4; Student Council - 2,4; Mathaward - 1,3; Science award - 1; SADD - 2,3,4 (Secretary - 3,4); Spanish club - 3,4; Peer ministry - 4; HUGS - 3,4; Art - 2,3,4; Chorus - 1; Science fair - 3; Yearbook - 3,4 (Editor - 4); Literary Magazine - 3,4; Softball - 1; Basketball - 1,2; JV-Volleyball - 1,2,3 (Captain, court leader - 3), V-Volleyball - 4; V Tennis - 2,3,4.

Life is not a given. It is the one thing that we can wake up and be thankful for every morning. We can make our day what we choose and have control over our lives. Life may not be here tomorrow morning, today is the day to spread love and to live abundantly. To smile, to feel, to be. To do with our whole selves. The sky is so inviting. I could swim in the overflowing yolk of the sun, and dry off as I fall asleep in the luscious clouds. For now the grass will do though. It is equally as inviting and amazingly tangible for its beauty. In fact most things are... if you look close enough. Thank you all for your friendship and support. Especially to all my Sandwich pals, G's girls & Ang, Amy, Nicole, Amanda, Skeeps, the Courtneys, Meghann, Kyle, and Sarah. Dad: we have worked, we have played, we have laughed, we have cried-together. You have taught me, molded me, and taken a large role in the creation of this being which I am. I love you and I will never be without you. Thank you. Mom: hand in hand we hold the past but move on together. I am so grateful that I have you. I love you.



Christina Chaves Bridgewater

National Honor Society - 4; Spanish Honor Society - 2,3,4; Peer Ministry - 4; Community Service - 2,3,4; SADD - 1,2,3,4; Volleyball - 3,4 (JV Coach's Award - 3); Track -1,2,3,4 (Coach's Award - 3).

Thanks to all my friends for being there. Love you all. There are so many great memories and friendships to remember, but not enough room to write them. To everyone I've shared these memories and friendships with, you will never be forgotten. Mom, thanks for being by my side, you are appreciated more than you'll ever know. Ilove you. Dad, you have given methe chance to do so much. Thank you, love you. Chris, love ya and good luck. Class of '96, thanks for the memories. "Remember yesterday, dream about tomorrow, but live today."



Amanda Genevieve Constantine Hanson

Key Club-1,4; Soccer-1,2 (J.V.), 3,4 (Varsity); Track-1,2,3,4; Peer Ministry -4; Community Service - 4, SADD- 4; HUGS-4; Corric - 4.

Throughout high school we have shared so many memories. We have developed strong friendships that have endured the best of times and the worst of times. Emily, Christina, Brian M., Chris C. and Kate R., thank you for being great friends. What would I have done without you? I will never forget all that you've done for me. I'll always remember skiing with the Moose in Canada. Christina washing the paper towel (Science Fair), Making the Spanish Piñata with Chaffee. "You put your cat in there..." My B-day at the Hard Rock Cafe, Reconn - Bri, Matt and Mark. The Prom, Bickfords afterwards, R.E.M. Great Woods with Em, Chris and Kate. Early A.M. canoeing in Sandwich with Emily and Amy. Tubing in Connecticut with Brian (USCGA). Saying good-bye until Christmas. Thank you Mom and Dad for ALWAYS being there for me. Mom I couldn't have done it without you. You're the best!! I love you. Good luck Alex - another 4 years. " These are the days you'll remember." - 10000 Maniacs

#### Kevin Charles Cooper Marshfield

Key Club - 1,2,3,4; SADD - 1,2,3,4; Peer Ministry - 4; Latin I Award - 2; Bingo Scholarship - 1,2,3; Varsity Basketball - 1,2,3,4 (Rookie of the Year - 1, captain - 3,4); JV Soccer - 1; Varsity Soccer - 2,3,4 (All-star - 3, captain - 4); Varsity Baseball - 1,2; Track - 3,4, (State Class Meet - 3 & 4, Rookie of the year - 3).

Coop...Lauren, Doug, Caz, Mc, Geoff & Chrissy, Samos, VXL, Asp and all others I've influenced or those who've influenced me, I honestly have to say that my years at S.H. were the best of my life. Mel, for the opportunity and encouragement you gave me, I can't say anything but, you're the greatest. 'S', your inspirational talks and advice made a difference. Lauren, you kept me going and I luv ya for it, THANKS. Caz, you and I were the heart & soul (did championship elude us? I hope not) GOOD LUCK! B-Ball team, work hard and good things will come. Tim & Kate, I'll always be your squirt and chubba bubba-I love you guys. Mom+Dad, you two made it all possible for me. I'm glad you pulled me out from behind the couch. I LOVE YOU! "I live my life like there's no tomorrow."- Van Halen





Fran Coppola Plymouth

JV Soccer-1,2; Varsity Soccer - 3,4; JV Basketball-1,2 (JV Coachs Award-2); Varsity Basketball - 3,4; Track-1,2 Tennis-3,4 (Captain-4); Key Club-1,2; SADD-1,2,3,4; Peer Ministry-4.

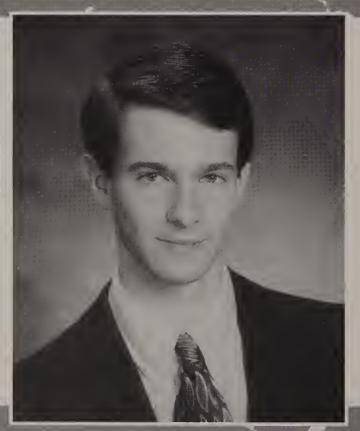
Fran, Franny El Gato, The Cool Cat, Cat Man Due...... I would first like to thank all my friends for getting me through high school. Times to remember time with Mitch,lawnchairs "DAD" J.C sessions, blue day withMc, Mo, Chek times with Elia Bacon. 4th of July '94+'95. Concerts to remember—Live in Boston. R.E.M PALOOZA '95, Time at my house before Homecoming '94, Karen's after. Times at the P.S toolin with Drew, Eddy, Durk, Hashy, Eben, Ang. College visits Umass 1+2. Campin at Top of Rotary, Durks pond. Fran Elia Wha! Workin at 4:30, 5, 6 doesn't matter times at Dunkin D's especially 12:15 with Eben + Drew ENGLISH MUFFIN!, At Chaff's with boc "Were movin!" times at Eb's playin chess. Guys, we proved time and time again that ITALY IS #1 Mom + Dad thanks for everything I love you both! The house is yours. Cyn + Al I love you too! "He who learns to fly one day must first learn to crawl and walk"- Niche



Jesse Costa Plymouth

SADD-2,4; Volleyball-2,3,4; Drama-3,4; Forensics-3,4; National Honor Society-3,4; French Honor Society-2,3,4; Softball-2,3; Peer Ministry-4; H.U.G.S.-2,4; GREAN-2,4; Geometry Award.

Knowing that my high school years have come to a close, I feel mixed emotions; some sad, some excited, some scared. Most of all I feel a great sense of satisfaction, in knowing that my time has been well spent. I wish ALL of my classmates the hope that you will each find your own individual happiness in life, whatever it may be. As words of wisdom to leave you with, all I can say is: stand firm in all that you believe in regardless of any opposition, always love and be true to yourself, and most of all, make a change because God knows this world could use a few! To Mum, Dad, Amy, and Jay for your love and guidance throughout my life so far-THANKS! + I LOVE YOU!! "It is easy in the world to live after the world's opinion; it is easy in solitude to live after our own; but the great man is he who in the midst of the crowd keeps with perfect sweetness the independence of solitude." –EMERSON



#### Ryan Cox Sandwich

Cross Country-1,2,3,4; Freshmen Basketball-1; JV Basketball-3; Varsity Basketball-4; Tennis-2; Track-3,4.

Van rides, 8-0, #33, Fenway '92+M's, Sports+Lit., deer in the hall, Freshman Retreat, H.R. '94-'95, Saurus, state champ game, summer '95, the barrel VH rules, Vinman, "Are you serious?", czech, the irony, 8pm practices, chamy, balzy, Algebra 1, rm 110, Sunday River, ugh, potato,.....My friends, I love you all. Thanks mom and dad.



Jennifer Erin Cuddy Pembroke

NHS-3,4; V. V-ball-1,2 (Most improved), 3(Cpt, MVP, All-Star), 4(Cpt); Theater-1,2,3,4; *Heartbeat-*3,4(Editor); Spanish Hon. Soc.-3,4; Peer Ministry-4; Chorus-1,2,3; Class Pres.-2; Announcements-3,4.

To my best friends in the whole world-don't ever let who you want to be get in the way of who you are. Lauren-thanks for your incredible spirit and understanding. Maiz-thanks for not giving up on me. Chaf-"Come Monday, it'll be all right." I love you parrothead! Guita-thanks for sharing a dream. Mary- always follow your heart. Angelo-thanks for all of the laughter and tears, but mostly, thanks for helping me realize that the best thing to be is myself. You'll forever fill a special place in my heart, Ang. Keep reaching for the stars because I know that someday, you'll grab hold of your dreams. Special thanks to Mr. Slavin and Ms. Cathy Fank for believing in me, and for all of your care and guidance. Stace-Hushy Puppy! Take care of Marshy and P.L., and good luck over the next few years. I love you! Mom and Dad-there's no Hallmark card that can express how much all you've done for me has meant. I can only hope I've made you as happy as you've made me. I love you both very much!



Brenna Marie Cussen Kingston

Chorus-1,2,3,4; SH Singers-2; V Track-1,2; V Cross Country-2; JV & V Volleyball-3,4; V Tennis- 3,4; NHS-3,4 (VP-4); Pro-Life Club-1,2,3,4; The Heartbeat-3,4; Spanish Honor Society-2,3,4; Peer Ministry-3,4; Spanish Club-3,4; HUGS-2,3,4; Key Club-3,4; Theatre-1,2; CYO-1,2,3,4, (pres.-3,4); Lector-3,4; CCD teacher-2,3,4; Boston AYC-2,3,4; Girls' State -3; Piano-1,2,3,4

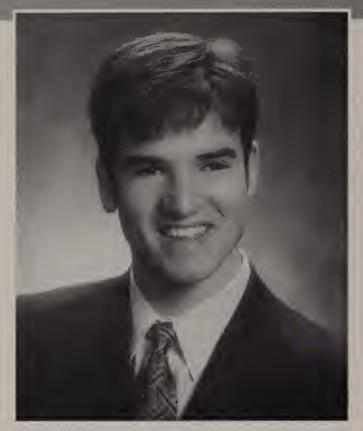
I would like to thank all of you who have served as my teachers over the course of these four years. From my instructors I have learned how to use the gift of knowledge for purposes greater than my own benefit. My friends have taught me about the treasure of humor. Those classmates whom I was never quite able to call my friends have showed me how to be my own person. Mom, Dad, Meaghan, and Joe-you have given me the most valuable gift of all, love. "Past the seeker as he prayed, came the crippled and the beggar and the beaten. And seeing them, the holy one went down into deep prayer and cried, 'Great God, how is it that a loving creator can see such things and yet do nothing about them?' And out of the long silence, God said, 'I did do something. I made you." -Sufi Teaching Story.

# Kristen D. Dalbec Plymouth

National Honor Society-3,4; French National Honor Society-1,2,3,4; SADD-1,2,3,4; GREAN-1,2; Key Club-1,2; Amnesty International-1,2,3,4 (V.P.-3); Peer Ministry-2,3,4; Community Service-2,3,4 (Scholarship-2,3); HUGS (Cofounder)-2,3,4; Corric-4 (Editor); Prom Committee-3; Volleyball-1,2,3,4; Track-2,3,4; Nastar Ski Team-1,2,3,4; NHS Tutor-3,4; Who's Who Award-4; National Youth Leaders Conference Award-3; Student Council Leadership Scholarship-2; NHS Sr. Dolores Scholarship-3.

The years spent here have been so far, my happiest, fun-filled, and most successful. I took for granted all those times that I thought would last, but I know our memories will never be forgotten. I've made friends that I've grown close to through our times of tears and laughter. We'll always have everything contained in those many past years that built up our forever-lasting friendship; I love you guys like sisters, so let's keep it. To my family, you are the ones who have taught me the most. I love you with all my heart. Matt, you've done more for me than you'll ever know. You are a great role model-Thanks + good luck! Mom + Dad, I wouldn't have made it this far without all of your unselfish support + encouragement. Thanks for everything. And to all my classmates, good luck + stay in touch! You guys are what made high school what it was. "Life's a journey, not a destination. And I just can't tell just what tomorrow brings."-Aerosmith.





Matthew Howland Damiano
Plymouth

Heart Beat-3,4 (Editor-4); Computer Club-3,4 (Co-founder-3); Cross Country-1,2,3,4 (Most improved-2), (Coaches award -3),; Baseball-1,2,3,4; Basketball-1,2; GREAN-2,3,4; SADD-2,3,4; Student Council-2; National Honor Society-3,4; Delta Epsilon Phi-3,4.

Ten years from now most of the seventy or so of us will barely know each other, but we will always have in common the experiences we shared over the course of these four years. It's been fun, and I wish the best of luck to all of you. Vinny, the beach talks got me through some tough times. Ed, I thank you for all of your advice—remember: Moderation in all things. Maiz, you've been on the team with me from beginning to end—thanks for everything. Mr. Golden, Kevin, and Doug, thanks for an adventurous summer—don't lose the rock mix! Thorley, Grilled Cheese will live forever! Thank you Mom, Dad, Em, Annie, Julie, and everyone else.



Jeff Dawley Plymouth

l would like to thank everyone who has helped me through school; Sean, Ned, Jesse, Mary, Liz, Claire, and almost everyone from the lunch table, the most spirited Vivian, Joy, Shelley, and all my friends from classes '97, '98, Mr. Potrykus, Chris and family, Larry and family, Seamus, Grandma, Katie, Leslie, Everyone from the Bowling Alley, especially those who call me "cupcake", Everyone from work, and last but by no means least—Thanks Mom and Dad, Mike, Chris, Suzie, and Fozzie bear. I love all of you!



#### Joshua Day Middleboro

Drama - 1, 2; Chorus - 1, 2, 4; Sacred Heart Singers - 2; German National Honor Society - 2, 3, 4; National Honors Society - 3, 4; Peer Ministry - 4; Yearbook - 4; Computer Club - 4; Church Lector - 2, 3, 4; Job - 3, 4; National Merit Semi-Finalist.

Life, a fleeting thing. Birth, development, nurturing. Trials, responsibilities, independence. Nursery school, elementary school, junior high, high school. Sometimes college, always work. Shortening years of work and relaxation, pleasure and pain, gain and loss, death, and then ...? No one knows, though many care. We are about to close another chapter in our lives, but there are several more to come. We write the book, but others provide much of the material. So, I thank you all, faculty and students, for helping to make this chapter of my life an interesting one, and I hope I've done the same for all of you. Though we do have several more chapters to write for ourselves, they are numbered, so I urge you all to make the remaining ones as enjoyable and productive as possible. I wish you all success and happiness, both in this life and beyond!



Katherine L. Dean Centerville

Student Council-2; Volleyball-3; SADD-1,2,3,4; NHS; Prom Comm.; Drama-1,2,4; Key Club-1,2,3,4; Peer Ministry-4; Chorus-1,2,3,4.

Katie, KK, Cuz. Michelle: sister, cousin, my best friend. Too many memories too little space; Hilton Head, Maine-oops the boat broke; skiing; Your Paul, my Paul; Hootie & Blowfish, Petty next time. "No one could ever know me...'cause you're the one and only who knows what it's like to be me. "-Rembrandts. Erin: Hello Kitty, watch out for low flying objects! Save me some chocolate croissant. Ladies dinner. Kara's room. Love you! Shaun, Shoey, same thing! Behave! Keep doing well. (\$20 you'll miss me.) M.J. stay out of my room! I can't defend you any more; kickboxing may be an idea. Be good. I love you both! Mom-I know I haven't always made it easy. You've always been there for me. I couldn't have done it with out you. I love you. Daddy-you've always supported me and helped me get this far. I'll always be your little girl. I love you. I thank you both for everything and I'll miss you more than you think. Bailey &Lady, I love you! "Two roads diverged in a wood, and I-I took the one less traveled by, and that has made all the difference."-Frost.



Mark Depathy
Plymouth

S.A.D.D.-1,2,3,4; Amnesty International-3; Spanish Honor Society-2; Spanish Club-3; Community Service-3; Basketball-1,2; Peer Ministry-4:

Marcos, Cos......Kevin, Vinman, Andrew, Maiz, Chaffeeeee, Dave, Nicole, Kristin, Ang, "Soni", "Czech", Ryan, Russell, Adam, Cox, Peecha, Fran. Riding to school w/ Mc. tryin' to find Fenway. The Vinman-"We pulled it out"Thomas-chillin' at the pond listening to the frogs, Jimmeee, pound cake, my new saying, Old Faithful. Maiz-our everlasting relationship! Chaf-BBoys' rhymes in Espanol and a hat with Beastie P. Nicole-Prom night and almost watching Forrest Gump. Kristin-a rock at the beach and a new transmission. "Czech"-a study partner and "OH......"; Ryan-a night out in Southbridge? Russell-"the rap", Tispacuit, and "I'm fine". Adam-"Hook me up!". Cox-Your name! Peecha-Jose, wiffle ball, and childhood mem. Fran-My nickname-COS! Mom, Dad, Kev, thanks for everything. I love you all! No eternal reward will forgive us now for wasting the dawn.-The Doors

#### Danielle Sheridan Doucette Halifax

JV Volleyball-1,2; Varsity Volleyball-3,4; JV Softball-1; Varsity Softball-2,3,4 (Rookie of the Year, Mayflower League All-Star-2); French Honor Society-1,2,3,4; National Honor Society-3,4; GREAN-1,2,3,4; Peer Ministry-4; Parish lector-3,4; History Award-1.

D, Douce...The time has come for us to say goodbye to our childhood. As we move toward our future, the teachings we have learned here will stay with us. It is here where we started the journey into adulthood. What we will become has its roots in what we have already done. Thanks to all my friends who have helped make me who I am! Brian—although you are taller than me, you are still my little brother. Good luck! Mom and Dad—I love you and I will always be your little Deedle. "We are one but we are not the same, we've got to carry each other" -U2





Joan Ellen Enos Plymouth

Tech Crew-1,2,3,4; Softball Manager-1,2,3,4; Key Club-1,2,3,4; Peer Ministry-3,4; *Heart Beat-*3,4; SADD-1,2,3; National Honor Society-4.

Wherever I am, there's always Pooh, There's always Pooh and Me. Whatever I do, he wants to do, "Where are you going today?" says Pooh:

"Well, that's very odd 'cos I was too. Let's go together," says Pooh, says he. "Let's go together," says Pooh.

*Us Two* – A.A. Milne

Thanks for everything, Mom, Dad, Grandma, and Buckey



Susan Kathleen Fougere Sandwich

Soccer-1,2,3; Softball-1,2,3; Shooting-1,2,3,4; Who's Who-2,3; Chorus-1,2; *Corric-*4; Art-1,2.

Danni-Boy, Mo', Kay, Dee, Magill, Julia, Jamie, Jeff, the shooting team, Too many memories, too little space, Barnstable Homecoming, baseball, rootbeer bottles, The Isuzu, Zebra, Booger, "We Crashed!", Phoenecians, mall rats, Main Street, "Don't play in the parking lot", speak English, Birdman, broken jaws, Ragged mountain, Boston Rush, Concerts in Boston ie. Warren Zevon, Green Day..., walks to A&P,Friendlys, "We pass the cups...", Highway races, my engagement to Julia, Kerin at Justin's,Faun has the keys,Nickerson, Fisherman's Landing, Security Guards, Always on my mind: Primo, Mom & Dad, I love you. Thank you for making it all possible. Jay & Niki you might not have always been home, but you were always there for me, thanx. Marnie I miss you. Thanks to all who mattered. "For all sad words of tongue and pen, the saddest are these: it might have been."



# Caitlin Irene Gavin Kingston

Cross-Country-1,2,3,4(Captain); Track-1,2; Chorus-1,2,3,4; Tri-County Chorus-3; Spanish Club-3,4 (Co-Founder); Spanish National Honor Society-3,4; National Honor Society-4; *Heart Beat-*3,4 (Editor); SADD-2,3,4; Amnesty International-3,4; Peer Ministry-4; Gym Award-2; NYNEX Science Award-3; Bingo Scholarship-1; Most Improved Student-3.

"Until we are conscious shapers of our own destiny there can be no balanced, coherent goodness or beauty." -Inglis

It is time to move on and begin shaping our destinies. You cannot become the person you are without the influence of others; and therefore your destiny cannot be shaped without the influence of the people in your life. I want to thank all of the people who have influenced me: teachers, coaches, friends, SAB's and family. Eduardo, Siobhan, Mom, Dad and Patrick; you all receive a special thanks from me. Thank you for believing, encouraging, teaching, and loving me. You have made me what I am. I love you all very much. Thank you.



Emily Lauren Hall Kingston

Chorus-1,2,3,4; SADD-1,2,3,4; GREAN-1,2; French Honor Society-1,2,3,4; Science Fair Finalist-1; Homeroom Representative-1,2; Drama-1; *Heart Beat* Journalist-3; Class Vice President-3; National Honor Society-3,4; Tri-County Chorus-3; NYNEX Future Leaders Scholarship-3; JV Soccer-1,2 (High Scorer-1, Most Improved-2); Varsity Tennis-1,2,3,4 (Most Improved-1, All Star-2, MVP-3, Captain-4); Varsity Volleyball-3,4 (Rookie of the Year-3).

Soon most of us will be tossed into a world of unfamiliar faces and new environments. Luckily, we have had seventeen years to prepare ourselves. Now is the time for this dream of independence to become a reality. Memories made during my years at Sacred Heart will forever be cherished, yet I know the future holds many more. I have also made everlasting friendships for which I am eternally grateful. To my family, you have given me the foundation on which to build my life. Mom and Dad, I can only hope to be as important to my children as you are to me. "I'll love you forever. I'll like you for always. As long as I'm living, your baby I'll be."—Robert Munsch



Susan Harju Plympton

Tennis-1,2,3,4; Cross-country-3; Drama-1,2; SADD-1,2,3,4; Peer Ministry-4; Teens for Life-1; Chorus-1,2.

Char, Chrissy, & Liz: Ruby P, cruisin' w/ the gang, a night w/ the family, beach Frisbee... Hola Chicas! Melynda: "Live," parties in Bridgewater? Hubba Bubba: R.E.M, a staring problem at McLachlan, who are the Chieftains? Little boys like ribbon candy. Mudpies, one orange bead, "Gravel Boy," sticks w/string... I didn't catch any fish! You're one of the best friends a sister could have, lots of love. The Man: Pigs in Vermont, don't eat us! G-hanger, PRETTY! Ames - A - Bames: Anything in my teeth? Bethy: Lynal... Cancun 92', & a truck stop we didn't go to. Tom & My 1/2 Friend: Riddlin Girls, a teddybear & a purple dress; the old freshman fan club. Emily O'C: running while eating cherry pies. Lauren: Jez & the Cape Cod business. Julie, Hannah & Lynn: I found the magic mold! Where's the broom? Florida/Bahamas 93.' Jen H: You've been a great friend, 8 yrs! Double Trouble: Girls, Wally Wagon is all yours, good luck (you'll need it)! Mom & Dad: Thank you so much. I love you all. My apologies to anyone I forgot.

### Melynda Theresa Heidke Hanson

Basketball-1,2; Drama-1; Student Council-2; Volunteer-2,3,4.

White Horse Beach, Wendi- best friends always, Sheba, the Uddah Dance. Monzdestiny, Beatles, potato peeling, Boston. Katie-always on the search for the right guy, Italian ice, yes or no questions. Sarah- Long Live Suzies 1-32. Jill- the Walk for Hunger (plastic pants, egg crates). Mexico 92'93'. The Three Musketeers. Cones. Bethel. Susan-Live & the REM concert if we ever get there. Lauren- "We're doing brunch!!" Becky, Amy, Josh, Shannon, Fabio, Liz-You guys are all the best! Laura-You're going to miss me, I love you lots! Dad-I love you, thanks for everything. Mom, Phil, Can, and Shorty, thanks for putting up with me. I love you all. To everyone else- God Bless!





Elizabeth Ann Hickey Plymouth

Basketball-1,2,3,4; Track-2,3,4; Volleyball-3,4; SADD-1,2,3,4; Student Council-1; English Award-2,3; Prom Committee -3; Service-3,4; Spanish Honor Society-3,4; National Honor Society-4; Peer Ministry-4.

Liz, Lizard, C.L.... The "Posse"-thanks for everything. I love you all. My sports' buddies-thanks. My buds: Maizita, Vivi, Mare & K.W.-thanks for the fun times, I love you. Thanks Char, Sue & Melynda. Summer nights w/ Bronie, Cait & Chrissy. S.A.B.'s forever, Bron's sleepovers, Prom & party '95, Scavenger hunt, River Rave concert—2nd row!, Summer concerts—S.Miller, Live & especially Van Halen (Joan & Mare—Tom), Too many fun times with too many people & too little space to write! Jenn & Lynn, I miss you. Good luck, Class of '96! Thanks Mrs. Boyles, Mr. Slavin (for giving me a chance) and Mrs. P—you are great teachers. Thanks Mum & Dad—I love you & I'll make you proud. Matt & John—I love you both, even though it's not said."If you want love, you gotta give a little. If you want faith, you gotta believe a little. If you want peace, then turn your cheek a little. You gotta give, you gotta give to live...—Sammy Hagar



Marianne Hogan Plymouth

Soccer-1,2,3,4 (All-star-2,3,4), (Captain-3,4), (M.V.P.-3, E. Mass All-star-3,4, Brockton Enterprise-3,4 and Patriot Ledger All-Scholastic -3), JV Basketball-1 (M.V.P.); V Basketball-2; Track 1,2,3,4 (Captain-4); Class Treasurer -1,2; Class President-3,4; National Honor Society-3,4; Spanish Honor Society-2,3,4; Peer Ministry-4; SADD-1,2,3,4; Grean-3,4; Key Club-1,2,4; Hugh O'Brien Youth Representative-2; *Heart Beat* 3,4 (Editor-4); Spanish Award-1,2; Math Award-3; Sophomore of the Year; Dartmouth Book Award, Principal's Leadership Award -4.

Maiz-Throughout my life people have been trying to tell me what I should do with my life. Now it is time to inform all those people that the future is mine. "I have to trust my instincts and let go of regret." -311. If I allow my path to be determined by anyone elses's thoughts or ideas I will find myself at a dead end. I have been so blessed to experience many people who permitted me to be my own person and pursue my own dreams. To all my friends, the G girls, and the SABs, thank you and I love you. Mom, Dad, Dan, Chris, and Bubba thank you for the past, the present, and the future, I love you.



# Heather Alayne Holmes Norwell

Drama-1,2,3,4; Amnesty International-3,4.

l wish the best of luck to my friends at Walnut Hill, in Michigan, and in Norwell. To my best friends, thanks for putting up with me. Cara- a pineapple, 10:53 and 45 seconds, picturesque moment at the bogs, where are my keys? Carrie Ann- toilet plungers and water bottles, the scraped truck, hi I'm circles. Dave-I know you broke the bed. Jill and KC- another crazy road trip. Thanks to everyone at Sacred Heart for making me feel welcome. And special thanks to my parents for their support. "What would you do with a brain if you had one?" -Dorothy



Christopher D Hopkins Halifax

Chorus-1,2,3,4; Track-1,3; Cross-Country-1,2,3,4 (Co-Captain-2,4; Rookie of the Year-1; All Star-2,3,4; MVP-3)

These have been the best 4 years of my life...at least so far. Junior & Senior years were the greatest! The class of 96 rules! Thorley, Chami, Shep, & Jeff... Schoolhouse jam sessions and the Talent Show both ruled. Grilled Cheese rocks. Jeff, Mark, Ed, Cox, Matt and Matt, Mary, Maiz, Vinny, Kerin, Tom, Pheobe, Ned, Jay, Coop, Thor, Scrapes, Kristin, Sean, and everyone else ... I'd like to thank you for all the fun that we've had and for all the great memories. I'd like to thank Mr. S for being the best coach/teacher anyone could have. Thanks Mom and Dad, Tanya, Grant, Brandon, and Sarah for all of your support.



Rosa-Mai Kueblbeck Plymouth

Expressway-2,3,4; Key Club-3,4; GREAN-1,2,4; SADD-3,4; Spanish Honor Society-1,2,3,4; National Honor Society-3,4 (Secretary-4); Teens for Life-3,4; Cross Country-3; Peer Ministry-4.

This is such a small space to fit myself into, with all my memories and dreams. I don't think it's possible to squeeze four years of my life into a box. Besides, why break the silence now? The memories will always live on. I'd like to thank everyone whom I've had the pleasure of knowing. You've all made these last four years fun and memorable - bearable, at least. I owe a million thanks to all those who stuck by me and were true friends through it all. It's nice to know that I wasn't alone. I hope we'll all be friends 'till kangaroos live in the ocean. "No matter who you were or will be, never forget who you are." -Jason S. To all those who showed me that being who I am is all that matters, I owe you my life. Mom, Dad, & Marty, thanks for being there for me and putting up with me. I know it wasn't easy. You mean the world to me. Ilove you with all my heart. "We are the music-makers, and we are the dreamers of dreams." - Arthur O'Shaughnessy

# Paraskevi Vivian Lappas Plymouth

National Honor Society- 3,4; Sociéte Honoraire de Français- 1,2,3,4; SADD-1,2,3,4 (Vice President-4); History Award-2; French Award- 2,3; Math 3 Honors Award- 3, French teacher- 3,4.

To Madame: "Merci" for the advice and for being a great teacher. To Mary, thanks for always being there and to Liz and Maiz for their friendship. To JD, thank you for agreeing with me. To Georgia, thanks for all the laughs and Cappucino's. To Tina, thank you for the talks and advice and to Olga, my twin, I love you and don't ever forget the Parisian dream, the white jacket, Greek school, Jamaica, coffee talks and Greece '96 (Mykonos). To Vivi, Dimitri, Yiorgo, and Petro, thanks for all the fun times: frappes at Fokionos, Club Yazz-Lamia, Club Jolly, Krendi. To Maria, Christina, and to my parents: I will make you proud. Thank you for being a great family. Sas Agapo.





Vincenzo Xavier Lifrieri Plymouth

V Basketball-1,2,3,4 (Coach's Award-2); Track-1; Cross Country-3; Youth Group-1,2,3,4; Community Service-3,4; Peer Ministry-4; Key Club-1,2,3,4. Teens for Life-3,4; NHS-4; Buchanan's Campaign-4.

The Vinman, Vinny, Vin. . . Troy, McCormick, and the rest of the North Crew, you guys rule! Matt Damiano, my fellow Italian friend, thanks for being there for me! Pen-Dog and the rest of the b-ball team, along with Michalek, you guys rule too! To all the chicks in my life, I Love You! Ben, Nick, Mike, "Italia 91" Carmen's Wedding '93, Disney World '94, Hanging out with all my boys at the beach all those years. "Dude, What's up!", "No Touch" -Vinny X. Lifrieri. Someday, if Lord willing, I'll be happily married, with a beautiful wife and lots of children. To the future Vinny, I love you. Thanks Carm and Tammy for all your advice. I Love you guys. Johnny, my oldest bro, you rule! Love ya! To my niece Alex, I'll always be here for you. Ma and Dad, you guys are the greatest. Yes, someday you can come live with me in an in-law apartment when I'm all grown up. Thanks GOD! You're the only reason I exist, I love you! "Never give up, never give up"-Winston Churchill.



Julia Loran Plympton

Student Council (rep.)-1; Once Upona Mattress-1; The Heart Beat-1,3; The Atrium-1,2,3,4; Softball-2; English Award-3; National Honor Society-4; Chorus-1,2; Voice-3; Science Fair-3.

This is it. We are now heading into adulthood, most of us kicking and screaming. I wish you all good luck. Mom and Ken–I couldn't have done it without all of your lectures, laughter, and support. Duffy–don't ever change for anyone, but you! Bird–don't ever grow up. Genny, Eugene, Kelly, Craig, Mr. T (5<sup>th</sup>, 13<sup>th</sup> and 22<sup>nd</sup>) O'Neil's, Jacob and Jocelyn, February, 2-5-00, chocolate rice, sanyum, Justice, Plymouth, Duxbury, X-Mas '94, voice/guitar lessons, astrology, move to Weymouth, Prom, Quarterlys, Iguana's/Paisano's, printers, Frick n' Frack, The Pelican Brief, Again, Bullfrog, Hero (you're mine), and what we gave each other. I'll always remember our love and friendship. Michealangelo, Grimmy, Kare Bear, Mo, and Suz, I love you all. If you ever need me,...you always find me! To my teachers- thanks for the challenge, I needed it. To Sacred Heart-Cya! "Be brave. Even if you're not, pretend to be. No one can tell the difference." . . . unknown



#### Lauren Lee Magill Monument Beach

SADD-1,2,3,4; GREAN-1,2; USFSA-1,2,3,4; ISIA-1,2,3,4; Who's Who-4.

To my closest friends-I had a lot of fun with you. I could never forget the the Mooch, did you see that? I felt that. The seasoned businesswoman(you can take the Cape), highway races and all our accidents combined (sorry Jeff). And one last time, hey Mel let's do brunch. You chatter box, you. I'll miss you guys. Mom, dad, nip, sorry I've been a pain. Whatever. I love you and I appreciate all of the love and opportunities you've given me. Love, dd. Now comes the beginning all over again. Have fun. "Take these broken wings and learn to fly, all your life, you were only waiting for this moment to arrive." The Beatles.



**Jamison Maiorano**Duxbury

Julia, this is the end of our high school career. All the good times, and bad, through all the spats, fights, and arguments. All the cars, friends and long weekends at the music store. All the rides to, and from school. You got me through it all. My only regret is that I didn't know you sooner. I wish you all the best of luck in college, ILYA. To all the gals, (Kerin, Sue, Dee, Moe, Daniel) sorry for stealing Jewel away from you so much. Good luck, and keep in touch. To my class I wish you all the best of luck, and I wish I could have gotten to know some of you better than I did.



Kerin Marie Gabrielle Mayers Kingston

SADD-2,3,4- Amnesty International-3; GREAN-3; Freshmen Art-1; Chorus-2; French National Honor Society-2,3; JV Softball-2; Who's Who-2,3; Swimming-1,2,3,4.

K, Kerrie, K.B., Irma Fly...Mo, Danny, Susie, Dee, Jewel, Jamie. Prom/Semis- how old is he? Faun=keys, Justin (need I say more?) Mo- BC break in, summer '95, A+P and D=D (nightswimming, Chatham light, IHOP, and Cutie) Romeo, David, and Duane, I love you! Susie/trooper/thyroids? Danny UVA legs, stretch, washin', the dog-Beavis + Butthead. Dee Ozzy vans, Beekman, and bowling. Jewel, French class and a freshman rescue Jamie-math class and the question in Bio. K car, chair story, and "Ruby Tuesday", Green Day, Warren Zevon (no memory-good thing) ankle, my Southern Yankee, Simison, Bubba, Frozen? whatever. Fruitopia, coffee ice cream, bagels. Eagles, MM Bosstones, "In your eyes" Inborn, Pike Minnows HAWKMOON 269-U2. Dad, I love you, I will always be your special K. Mom, I love you. Mike and Julie, love ya and good luck.

### Andrew Joseph McFarland Plymouth

Peer Ministry -4; Golf-3,4; Basketball-1,4; Track-3,4.

Penny, Matt, Brian, Big Dave, Cos, Fran, Loop, Vinny, Jay, P.J., Al, Keith M. Cos you need a ride. Life. Oh yeah! NHL 95(96). Le meilleur. French Nicholas et Victor. The hut. When it rains it pours. KK. The sky diving trip. Fishing. The Dawg; Each Shaq. Nice pictures, too. Hoop boys: it's been fun, hopefully we won. I love you Mom, Dad, and Sarah (bon chance). Cheers to the future. And remember, "You can't act like animals at events like these." ... Eric Donnellan





**Matthew Michalek**Plymouth

Cross Country-1,2,3,4; Track-3,4; Baseball-1; Basketball-2.

Matt, Czech, the Mark, Tu Sweet..... Penny, Mc, Soni, P.J., Fran, Stiffy, Shep, Vinman, Caz, Erin B., Mel, Jess, Dee, Jen, Kristin, Tony, Erin Mc., Lindsey, Adrienne, Geoff. Chillin at the nook, 4th and one at Roger Williams, French class, Mindless Thoughts with the Dogg, Lollapalooza '94 & '95, Green Day, my house, NHL-I'm the meilleur ever, walkin Max & reading stories with Mel, #35 legacy, cards, "Can I Drive?", skiing with Penny, jouer avec filles, Cranberries, Semi '94, Nanina's, Bob Smells Good, catering with the attack. Mom, Dad, Chris, Whit-thanks for everything, I love you guys. "Hearts and thoughts they fade–fade away."-Eddie Vedder



Maureen Mullen South Yarmouth

Soccer-2,3; Softball-1,2,3,4 (Most Improved Player-1), (Unsung Hero's Award-2,3). Most Improved Student-2; Chorus-1.

"Mo, Reenie, M&M." Kerin, Suz, Dann, Jewel, Dee, Jamie, Thanks for a great four years. Thank you for everything you have done for me. Remember our good times. "State Champs", Friendlys, the mall, basketball games, football, lacrosse, walk to Mobil, Dunkin & don, A&P, night swimming, the "Summer of '95", B.C, Prom, Semi, and Bugs Bunny. Mom and Dad, Ilove you. John, Trish, Joe: Thank you for helping me through school. Sarah, Colleen, and Matt, "Good luck in your future."



# Emily O'Connor Falmouth

SADD-1,2,3,4; Tennis-2,3,4 (Most Improved-3); Community Service-3,4; Community Service Award; Peer Ministry-4; *Heart Beat-*3,4.

To all my friends, these past few years have taught me a lot about life and I'm glad to have shared them with friends like you. We've had many good times together. Martha's Vineyard, ski trips, tennis practices, tennis matches, driving incidents, listening to R.E.M and school events. I will remember these times always. My family: Mom, Dad, and Jane, Thank you for always being there for me and pushing me to do my best. Jane, I will miss our rides to school together everyday. You only have four more years and I know you will do just fine without me here to help you. I love you all very much. Sarah, Thank you for seven years of great times, memories and sayings. You are the best friend anyone could ask for. Now that our high school years are over (finally) I am looking forward to moving on with my life into a new world with different faces and different opportunities. "Just do what must be done. This may not be happiness, but it is greatness."—George Bernard Shaw



Phoebe Evelyn Price
Plymouth

SpanishNationalHonorSociety-2,3,4;GREAN-1,2,3,4;SADD-1,2,3,4; Amnesty International-1,2,3,4 (Treasurer-4); *Heart Beat-3*,4 (Editor-4); National Honor Society-3,4 (President-4); Student Council-2; Community Service-3; Spanish Award-3; Sailing-1,2,3,4; Track-1,2,3,4; Basketball-1,2; Cross-country-3; Soccer-2; National Youth Leadership Forum on Medicine-4; Plymouth Yacht Club Racing Team-1,2; Physicians for Social Responsibility-3; Who's Who-3,4.

Phoeb, Phooby, Lola, Ace... \*Mom, Jim, Maximilian, Trev, and the rest of the extended family (Mommo, Heidi, Jessie, etc.) it's been great so far. Thank you for everything. Maiz, Amy, Emily, Jenn, and Rosa, you guys have been there when I needed you. Lauren, welcome to SFS and the band scene (band geeks). The Mad Hatters, the groupies, the guys, the old neighborhood crew; it's been fun. Shootyz shows with Maiz and the van that always gets going in the right direction? All you med hopefuls, I hope to see you in the future. Thank you to everyone and every element that helped me along. From the tree-huggin', burk-wearin', veggie-eatin' people, to the punk playin', head bangin', boot wearin' moshers, Ilove you all!



Ryan D. Reidy Plymouth

Soccer-1,2,3,4; Baseball-1.

Ryan, Reidy, Buska: Jesse, Shepdog, Cos, Czech, Tommy 0., Maiz, Chaffee, Amy, Vinman, Eduardo, Ned, Soni, Coop, Bubbins, Boc., Thor, Thomas, Karyn, Mel, Mick and everyone else thanks for a great 4 years and for some great memories; Spirit day, Trip to Pink Floyd; Green Day; Rides in the Escort; Ride to the State game with Theo & Soni (I didn't see that car stop); Parking lot before school; Talks with Jesse, Thank You!; Trip to New Hampshire; Morton Park; Prom Night; Semi night; Bus rides to games; B-Ball with Thor at lunch; Rides home to the Boonies and everything else that I am not able to remember. Mom, Dad, Lois, and Joan, I love you and thanks for not giving up hope! "Good friends we've had, good friends we've lost along the way. In this great future you can't forget the past."-Bob Marley

### Gregory Vincent Samos Pembroke

National Honor Society- 3,4; Peer Ministry-4; Key Club-3,4; Freshman Basketball-1 (Mgr.); V Soccer-2,3,4 (Mgr./player); V Basketball (Head trainer)-2,3,4; V Track-2,3,4; Who's Who?-4; Intro. to Computer Award-2; Honorable Mention in Science Fair-1.

Samos, Speedy, Moose... THE ZOO, Anstatt (Tiger), Thorley (Bear), Coop, Slepoy. Ladies, it's been fun completing zoo missions, lifting, weight room discussions, state workers, Top Gun anthem, music mixes, Scorpions, Shall we?; Let's!; Excuse me, sir!; Pay homage; Homage has been paid; Oh no!; That's wrong!; Yes, I am!; Will do!; Yeeeeees!; Who's the man?; That ruled!; Blockbuster secretaries, MV handicapped cone, Eye of the Tiger, 281 lbs. a.k.a. "The Stack", the slicer at Bingo, hide and go seek, Bingo, the zoo trident, the zoo god, McDonald's at Bickford's, John's brother-in-law, Dick's golden jokes, Nick's Comedy Stop, "A E I O U!", "CCD Wooo!", the beach, sunglasses, Samos pace. Thanks, guys, for your friendship, it has made SHHS mean a whole lot more. Thank you to all the Sisters of Divine Providence for making me the best I can be. Thank you, Mr. and Mrs. Foresta, for helping me to get involved at SHHS. Thank you, Mom, Dad, and Kristen, for helping me through all my struggles and for all of your encouragement. I love all of you, I won't forget you. God bless and may the force be with you! "Without struggle there is no progress." -Frederick Douglass





James F.S. Shepard Bourne

JV Baseball-1; Golf-1,2,3,4 (All-Star-2,3, MVP-3, Captain-4); HUGS-3; Peer Ministry-4.

Shep...I love you Mom,Dad,and even you, Aim. Little J., Iceman, Cuban, Czech, Caz and all you other guys, take it slow. Jones,drop the 13yr olds, always floss in Florida, cruises in "Woody" and always lookin' at girls. Iceman, you are pretty smooth. Nick(Cuban), stay in touch golf partner. Czech, Did you like that 180, (35-E.D.). Caz, you always set me straight, thanks. Refreshments in the weight place Coop and Kev'. Good luck Grilled Cheese. To all, "It is not true that nice guys finish last. Nice guys are winners before the game ever starts." - Addison Walker



Nicole Silvestri Plymouth

National Honor Society - 3,4; French National Honor Society-1,2,3,4; Track-2,3 (Rookie of the Year-2); Volleyball-2,3,4 (Captain-4); SADD-1,2,3,4; (President of SADD-3); Amnesty International-1; Cofounder of HUGS - 2,3,4; Community Service- 3,4; Peer Ministry-3,4; Recipient of the Harvard Book Award-3; *Heart Beat* Journalist-3,4; Science Fair Finalist-1,3.

Seventeen years of my life have already passed me by. As I now look back at it, my life has passed so quickly that most of it is just a blur. I have been so lucky to find the greatest friends that anyone could ever ask for. We have shared hours upon hours of laughter and tears. I would thank you for the memories, but I know there are still countless more to come. To my sister Hilary, thank you for being my partner in crime, my role model, my best friend. I will love you always. To my mom and dad, thank you for putting even the stars within my reach-I truly do not know where I would be today without you. One final thought: don't use time or words carelessly... neither can be retrieved.



# Corey Elizabeth Simpson Plymouth

Amnesty International -1,2,4; Art 2,4; Art Club-2,4; Chorus -1; Community Service-2,4; GREAN -1,2,4; SADD-1,2,4.



Charlene Elizabeth Slowey
Halifax

Peer Ministry-3,4; Community Service-3,4; SADD-1,2,3,4; Key Club-2,3,4; National Honor Society-4; Track-1,2,4; Cross Country-2,3,4 (Captain); Cheerleading -3,4; Chorus -1,2; Drama -1,2; HALT-1,2,3,4.

Char... "We have an unknown distance yet to run, an unknown river to explore." -Liz & Chrissy, Thanks 4 the good times. -Sue, 6 yrs. and 1 word sums it up, THANKS. -Kerri," I Will Survive". -To the S.L. "crew" Thanks for the laughs and 4 your acceptance. -Murph, Thanks 4 pushing me! -Adam, UR1 of a kind I.L.Y. -Shawna, I couldn't ask for a better sister or friend. -Tzo, you'll always be my little pal. -Mom and Dad, words can't express how greatful I am for all you've given (and given up) for me. You're both more than parents your friends. I love you & I promise to make you proud.



Melissa Steele Plymouth

Community Service-3,4; SADD-1,2,3,4; Key Club-1,2,3,4; JV Soccer 2; JV Softball-1,2; V Cheerleading-2 (Coach's Award),3,4 (Captain); Math Award-1; HUGS-2,3; Spanish Honor Society-3,4.

Mel..Posse, SAB-Copley, Skiing, Karyn's cellar party, Rosie, fire alarm at my house. I love you all, thanks for the memories. Green Day, scavenger hunt that never was, semi 94' & 95', prom 95'. Karyn-State Forest-24hrs. 8/14/95, Bernie fights, Kenny & Josh, Mazzola's party, trashcan, driving your truck for a Mountain Dew, Warerite, Industrial Park, Morton Park, N.I., Neon's, Mustang's, Bernie's till 4 a.m. I Love You Estelle! We've been through everything, thanks for always being there. Jean, Libby, John, Eric, Porter: Shaw's crew, Waterfront, Jean's party, Chris, padiddles, John's car, Chinese fire drill, Seekonk 1&2, Teddy, movies at my house, fights w/ John, Eric's driveway, Pond, Libby's car in neutral. Kev-Thanks for being there the past 3 years I don't know what I would have done without you. Kerry and Brian-143. Mom and Dad-I love you both so much. "Living is the only thing worth dying for."

# Christine Sullivan Plymouth

National Honor Society- 3,4; Community Service- 3,4; Peer Ministry- 3,4; SADD-1,2,3,4; Key Club-1,2,3; Spanish Honor Society -1,2,3; Volunteer at Jordan Hospital - 3,4, Cross Country -1,2,3,4 (Capt. 4); Softball- 1,2,3.

Sulli, Piggy, Peggy, Chrissy. To everyone: Posse, Packers, SAB's, Copley, skiing, White Water Rafting, ruby puby, Karyn's cellar party, rosey, side of Walgreens, March 1, "Inspiration", "That's what friends are for", Myrtle Beach, horse back riding, Army of Darkness, Comedy Stop, The Nook, The "Q" story, Prom 95", car accident on way to Omlet Factory. To all my friends—thanks for all the memories and best of luck. Murph, thanks for everything. To Geoff, thanks for the past four years. Mom, Dad, and Kathy, I love you guys and I couldn't have done it without you! "Happiness isn't something you experience, it is something you remember for a lifetime."- Robert Ingersoll.





Sean Sullivan Plymouth

Baseball -1, 2; Track-3, 4; Grean-3; Amnesty International-3; SADD-3.

"In this great future you can't forget your past." - Bob Marley. I have had so many good times here at Sacred Heart and if I had a good memory, there probably wouldn't be enough room to list them all. So if I leave out any important events or people, I'm sorry. Katherine ,our times together were the greatest - Nantucket, mosh pits, summers at the beach, July 16, dirtbike rides- there,s just too much to list. Ned, skiing speeding tickets, crazy bike and car rides, art class, Green day, mud sliding at Lollapalooza, all nighters. Shep, outrunning Katherine and rollerblading. Dee, fun bus talks, Yumm, did you yet? Jeff, off roading, guy with the neon in Hyannis, good secrets. Jess, Jen, Dee, Erin, games with the world. To the track team, Track ruled; we had a great year. Maiz, talking all practice, Shootyz Groove, and snowboarding. Last but not least, to my Momand Dad, thanks for always supporting me and trying to motivate me even though I didn't always listen. Thanks for everything. I love you. " Now it is time for me to go, the autumn moon lights my way." - Led Zeppelin.



Claire Marie Sutherland Kingston

National Honor Society-3,4 (Treasurer-4); French Honor Society-1,2,3,4; National Merit Scholar; Who's Who-3,4; Chorus-1,2; Theater-1,2; Heart Beat-3; Math Award-2; Journalism Award-3; Physics Award-3; Cross Country-3,4 (Coach's Award-3); Track-2,3,4 (Captain-4).

I would rather be remembered for what I have done and who I was for the past four years than for this little paragraph. "When I met somebody I'd say 'G'bye, Joe,' And when I was leaving-then I'd say 'Hello,' And the greatest of men would be silly and lazy, So I would be king...if the world was crazy."—Shel Silverstein. It is hard to say good-bye to my life here and happily look forward to another place. "What it all comes down to, my friends, is that everything's just fine fine fine."—A. Morissette. These four years have been one long blink. I've opened my eyes, and the "future" is now the present. To Mum, Dad, Laura and Johnny: I love you more than the last number, no matter what. "She's gonna dream up the world she wants to live in, she's gonna dream out loud."—U2



### Kevin Thomas Plymouth

Key Club- 1,2,3,4; Community Service HUGS- 2,3,4; Amnesty International- 3,4; SADD-3,4; National Honor Society-3,4; Peer Ministry-4; Gym Award-2; Soccer-1,2,3,4 (MVP-2); Track-2,3,4.

My thanks go out to all those who've made these years such a blast. I especially appreciate those who've been there through good and bad and to those who've made possible my brightest days. No need for names, you know who you are and we've got memories and friendships to remind us of all the good times. Enjoy and succeed. Most of all, I'd like to thank the fam: Mike, Matt, Greg, Mom and Dad, without you I'd be nothing. To everyone, I love you and "carry on." —Shootyz Groove



Kevin F. Thorley
Lakeville

JV Soccer-1,2; Varsity Soccer-3,4; Varsity Track-1,2,3,4 (Captain-2,3,4 Mayflower League All-Star 3, State Meet-3); National Honor Society-3,4; Spanish Honor Society-3,4; Key Club-2,3,4; Peer Ministry-4; Gym Award-1; Oceanography Award-3.

Kev, Thor... Well, this is it. Thirteen years flew by. It seems like not too long that I first came to Sacred Heart, but now it's time to go out into the real world. I can only hope to put everything I learned here to good use. There 's a lot to remember, but I'll try to keep it short. Geoff, Samos, Coop, Kev, Matt, and Danielle– thanks for all the memories- Working Bingo, Crazy Marines, Grilled Cheese, State Workers, Track '95, Jamming at Tony's, College Fair (what car?), and, of course, the Zoo. Coach S thanks for everything. You've taught me a lot, in class and on the track. Mom and Dad, thanks for always being there and pushing me to do what I'm really capable of doing; you're the best. Ryan, good luck in high school; it's a lot of fun, just don't let it slip by too fast. "Excuse me while I kiss the sky"-Jimi Hendrix



Deanne Marie Vidito Marshfield

Soccer -1,2; Softball-1; Basketball-1; Chorus-1,2; Art-2,3.

Dee, Dee Dee, Deedles, Raphael... I'd like to start off by thanking my friends—Bus G, K, Mo, Fugii, Dani, J&J, Erica, Jeff, and Katie G. I want them to remember the good times, such as bowling, lunches in the "JEEP", lost keys, A & P walk, boots, skating, late night chats, my eye, and my rings. Also without my family I would not have gotten this far. Thanks Mom, Dad, Gumba, Mike, Mel, Neen, Bubba, Casey, Nick, Don, and Ozzy. I Love U All!! "Nay, Nay Fair Chicken!" "Yipes"

#### Lauren Virta Marshfield

Key Club-1,2,3,4; Student Council-1,3; SADD 1,2,3,4; Community Service -3,4; Peer Ministry-4; Amnesty International-4; National Honor Society-4; Volleyball-3; Softball-2,3,4.

Lucy, Kevin, Jenn, Amy, Emily, Maiz, Mary, Phoebe-thanks for being true friends! Kev-you are the best, I Luv Ya! Jenn-CVS, Friendly's, Thanks for everything! Amy-freedom day; Emily-dancing in the rain; Maiz-Mariannnna; Michelle-10+ years of advice, thanks! Tim—SFS, Elephants too. To everyone above and below: these have been the best years...so far. Thanks for helping me and good luck! Each of us have the chance to go so far! Mom & Dad: Thank you for SHS, Europe, and all of your encouragement and support. I will make you proud! I love you! Mark and Matt: I will always look up to you! Thank you. "We are all angels with one wing. When we are joined we can fly."-unknown





Siobhan R. Ward Kingston

Volleyball-3,4; Softball-1,2,3,4; Cheerleading-3,4; Soccer-2; Spanish Honor Society-2,3; Peer Ministry-3,4; Community Service-3,4; Key Club-3, (V.P.)4.

Shivas, Shiv, Bronie... "POSSE," SAB, PACKERS. To all my friends, thank you for all the good times and memories; sleepovers, cellar party, Copley, "That's What Friends Are For", Parties, Concerts, N.I., The Cape (summer of 94'), Myrtle Beach, N.H. and too many more. I couldn't have had better friends to share them with. Always remember to use your heart as well as your head in every decision you make. Kristen and Jenn, we miss you. I love you all. Jenn, Jess, and Dee enjoy it while it lasts. Mom and Dad thank you so much for everything you do for me, "I love you a nose! " Charlene, Jim, and Wayne–good Luck in everything you do, I love you! "As Long You Live And High You Fly, The Smiles You Give And The Tears You Cry, And All You Teach And All You See, Is All Your Life Will Ever Be."



Kristin Lee Winterson Plymouth

National Honor Society-3,4; Spanish Honor Society-1,2,3; Prom Committee-3; S.A.D.D -1,2,3,4 (Officer); Amnesty International-2; Teens for Life-3; Heart Beat-3; Peer Ministry-4; Soccer-1,2,3; Cross Country-4; Basketball-2,3,4 (Most Improved-3,); Tennis-1,2,3,4 (Rookie of the Year-1, M.V.P. & All-Star-2, Captain-4).

"If I leave here tomorrow, would you still remember me? For I must be travelin on now, there are so many places I've got to see. If I stay here with you, things just couldn't be the same, 'cause I'm as free as a bird now, and this bird you cannot change..." -Lynard Skinard. Feel free to dream and go where life takes you. Keep the memories you have and continue to make new ones. Thanks to all of my classmates for the times we've had. M.H., L.H., M.H., V.L.-You were always there for me, I will miss you all. Kerry-good luck with high school; follow your dreams. Thanks for being my best friend. Mom and Dad-thank you for being by my side every step of the way. I couldn't have made it without you. I love you more than you'll ever know.



#### Douglas Mark Amorello Pembroke

Key Club - 1, 2, 3, 4 (Treasurer); Speech - 1, 2; Track - 1, 2, 3 (All-Star), 4; Soccer - 1, 2,3,4; JV Basketball - 1,2,3; GREAN - 3,4; SADD - 3,4; Gym Award - 3; National Honor Society - 4.

Fro, Dil... Coop, Dave, Mc, Brian B, Kevin Tom 8 Thor, Moose, Stat, Em, Nicole, Kristen, Chammiano... "Wellit's over, or has it just begun?" I'll miss you guys! You've been great and I'll never forget the times—good and bad, because I've learned through our experiences that life is not easy but with trustworthy friends it can be. Mr. S you've been my greatest support, Mr. Golden, a chance of a lifetime and a trip I'll never forget. Jeff, my best friend, what else need I say. Ashley, you'll get here soon enough and don't you worry. Amy I know you're up there and thanks for looking over me. Mom and Dad, I know it's been hard for you but I'll do my best to make you proud. I promise. To all my friends I say, "Until we meet again...."



Geoffrey Anstatt Marshfield

National Honor Society-3,4; Key Club-1,2,3,4; SADD-1,2,3 (officer),4 (officer); Peer Ministry-3,4; Community Service-3,4; Class Secretary-2; Biology and History Award-2; JV Soccer-1,2 (Co-Captain); Varsity Soccer-3,4 (Co-Captain); JV Basketball- 2; JV Baseball-1; Track-2,3 (All-Star),4.

Geoff: Statt, weight room, state workers, "The Zoo Platoon", Track '95, Prom '95, Safari, Side of Walgreens, Q Story, "Excuse Me Sir", Pillow, Bruised Forehead, Inspiration, Rock, March 1, White Water Rafting, Benching, Beach Day, Bingo. The Zoo and all my great friends, thanks for the memories. Mr. S., Mr. Foresta, Mr. Golden, thank you for being great teachers, coaches, and role models. Chrissy, if there were words they would be beyond telling. Good Luck to Lindsay and Mike. Mom and Dad, thanks for the pushes, love, and support. "The wise man said just find your place in the eye of the storm, seek the roses along the way just beware of the thorns..." -Scorpions. "That's all Folks"- Porky Pig.



Eben Bubbins
Plymouth

Bubbs, Ang, Franny, Drew, Train, Hash, Durkee, Liddell w/o you guys I don't think I would've made it . THE HORNET retired undisputed champion. "I'm smarter than that." ROADTRIPS, THE BURG, KILLINGTON. The CAT thanks for letting us use the basement for whatever we needed; even when you weren't there we still had a good time. Elia and Cathy thanks for having me for dinner all those times. Parties with the J.C.. Morning rif with Hachey, camping at the top of the world with all the boys. PALOOZA! '95, "Sorensen, what's in you're pocket" oops! Relaxin by the pool at Durkess burning under the sun. Mamma Mia's summer special. Ping pong in Train's basement. Mr. and Mrs. Boccalini, thanks for putting up with me. Angelo, thanks for the bed. Fran, thanks for all the times you made me laugh. All the boys thanks for being there all those times; you know who you are..... Mom, Dad, Seth, Am, and UBU I love you guys. Thanks for getiing me through all of this. "Let me forget about today until tomorrow." B. Dylan

#### James Callahan Lakeville

Personally, I don't expect anyone other than a senior to read this so let me just say, "It's over." Now we are all off to college, leaving friends, family and simplicity behind. I hope you all enjoyed not having to live away from home, not having to work and scrimp and save for all your money, knowing your lifelong friends and parents are close if you have an accident. I know you're all looking forward to the freedom and that's good. But, to anyone not a senior who reads this, treasure these years, there are only four of them.





Christopher Coyne Kingston

My interests include math, science and hockey. My thanks to all who have supported and helped me to reach this milestone.



Mary Catherine Howard Lakeville

Junior varsity basketball-1,2(Coaches Award); Varsity softball-1,2,3,4 (All-Star-2); Junior varsity volleyball-1; Varsity volleyball-2,3,4 (Captain-3,4 and All-Star-3); Peer Ministry-4; Community Service-4; National Honor Society; Spanish Honor Society; Class Secretary-3,4.

The time, where has it all gone? Memories will soon be part of the past, but they must not be forgotten. To all of my friends, I wouldn't have made it this far without you; I love you all. Matt, you taught me more about myself in six months than I did throughout my entire lifetime. Thank-you so much....for everything, but like they say, sometimes love just is not enough. Danielle, Sandy, Shawn, Tim, Liz, and Erin, I've never met a family so strange and so twisted. Thanks for letting me realize that being normal is being boring and for making me who I am today. Mom and Dad, I never say it, but, thank-you and I love you. "To get where you want to go, you must keep on keeping on."-Unknown



# **Amy Elizabeth King**Sandwich

Dance-1,2,3,4; Theater-1,2,3; Tech Crew-3,4; Spanish Club-3,4 (Co-founder); *Heart Beat-*3,4 (Editor); Amnesty International-1,2,3,4; National Honor Society-3,4; Spanish Honor Society-3,4; Outstanding Student Award-1; JV Basketball- 1,2; JV Softball-1 (Coach's Award); Varsity Softball-2,3; Announcements-3,4.

Amaguita, guita, guit..."I told you that we could fly, cause we all have wings, but some of us don't know why."-INXS Emily, Jenn, Lauren, Maiz, Angelo, Mary, Krysten, Jodi, Jessie, Bruce, Shelley, Lisa, and all the Rolling Ridge puppetters-Inever could have made it through these past four years without you. Your love, and the experiences we have shared have shaped my life, and helped me discover who I am. I love you. Who knows what lies ahead? We are young and we have our whole lives spread out before us. I don't know much, but I do know that life is too short for fear. Never let it keep you from your dreams, because dreams are sometimes the only things that keep us sane. And always remember—never let the hilingas and billjs of the word grind you down. Danielle and Brian—good luck. If you ever need anyone, I'll be there for you. I love you guys. Mom and Dad—thank you for all the sacrifices you have made for us. I won't let you down. I love and respect you very much. "And I have no compass, and I have no map, and I have no reasons, no reasons to get back."-Bono



Thomas J. Otto Barnstable

Cross Country-1; Baseball-1,2; Sculpture award-3; Peer Ministry-4; National Honor Society-4; Drama-4; Speech.

Dunhill's in NYC; Dancing in sculpture; anarchist punks declare war on fascist white hats; Sue with her books, teddy bear and cat; German class; Joe...Never mind the Bollocks, Here's the Sex Pistols, Ed... inhale the Doritos; thanks Mom and Dad.

"As the reek of mendacity flows from followers, And the lies of our leaders slip through my ears, I look to the wisdom of others, Only to find none l fear."



Ned Riley Marshfield

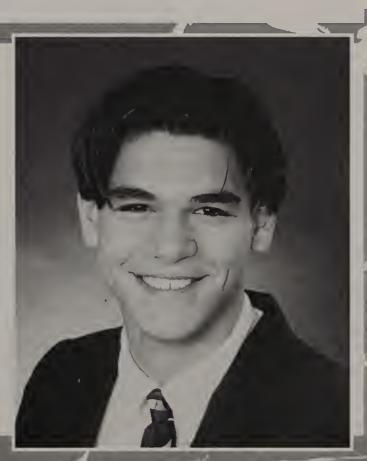
Tech Crew-1; GREAN-2,3,4; White Key-2; Amnesty International-3; SADD-3; Spanish Club-3; Comunity Service-3; National Honor Society-4.

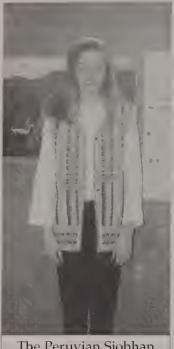
After four years of high school it's finally over. When 1 was a freshman l couldn't wait to graduate, and now it is time and l almost wish 1 could do it again. It's not the school, but the people that I'm going to miss. We are as a family, everybody knowing everyone, and as a family it's sad to break apart. I thank you all for some of the best times. I wish you all luck in your futures and will cherish my memories of you.

# Albert Samano IV Duxbury

Announcements-3,4; Amnesty International-1; SADD-1,2,3,4; Ninjitsu-1,2,3,4 (Black Belt); *Heart Beat-*3,4; Senior Video (Creator); Community Service-3,4; Peer Ministry-4; Basketball-1; GAPP-3; SEMASC-1; SAC-3,4 (Chairman of S.E. Massachusetts); Chorus-4; Student Council-1,3.4 (Class Representative-1, V.P. -3, President-4).

Through this high school experience I still haven't truly discovered who I am, but I have learned to love, not only myself, but another as well. I'm lucky to have experienced Sacred Heart, and Sacred Heart is lucky to have experienced me. "I am the greatest," Cassius Clay.





The Peruvian Siobhan



Doug leisurely waits for class

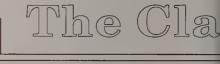


The Franny we all know and love



Keith and Kevin steal the show

# Little Pieces filhe Pas





Fran, Brenna, Nicole, and Emily pose proudly



Karyn enthusiastically enjoys history



Brian, Ned, and Jamie take a break



Kevin makes an early morning visit to the Spirit Store.



Luckily, Caz has come a long way.



Lynn, Lauren, and Joan...



Nicole, Brenna, Kristin, and Kristen



Emily's fashion statement



Matt goes authentic



Matt, Mark, David, and Mark work hard in Mr. Masi's Earth Science class



Liz Hickey, Siobhan Ward, and Melissa Steele explain their science projects



Those innocent junior high days



Ned takes a nasty spill



Kristin Winterson



Phoebe and Jenn smile for the camera



Kevin Cooper and Liz Hickey come in from recess



Chris presents his project



Little Angelo takes it to the hoop











Semior Gl



Once again, the Class of 1996 has done things the untraditional way. Rather than embarking on the ever-so-famous whale watch, the senior class officers opted to take the class to Charlemont, MA to brave the rapids of the raging Deerfield River.

Upon arrival to Charlemont, excitement was high and the scene was hilarious. The seniors dressed up in full rafting gear of wet suits, life jackets,

and helmets. With paddles in hand they boarded a crowded bus for a half an hour ride to the start of the

Students enjoyed an exciting day of rafting in class II and class III whitewater. After conquering "The Lemon Squeezer," and the class III "Zoar Gap," a riverside lunch was provided by Crab Apple Whitewater.

Highlighting the day were the enormous water fights which took place during the twelve mile trek down the promentory. The bright foliage was also a sight to see as it surrounded the class every stroke of the way.









# Trip-Palling Togethers

Strains of music blend with laughter

# We've Got Tonight and the salty air creating a moment to remember.

May 12, 1995











Front Row: Albert Samano (Prince), Fran Coppola (Prince); Back Row: Ben Reed (Prince), Marianne Hogan (Princess), Rory Kelleher (Prince), Kara Nolan (Princess), Christopher Cook (King), Erin Callahan (Queen), Megan Rojik (Princess), Jennifer Cuddy (Princess).



A Little Piece of the Big Picture











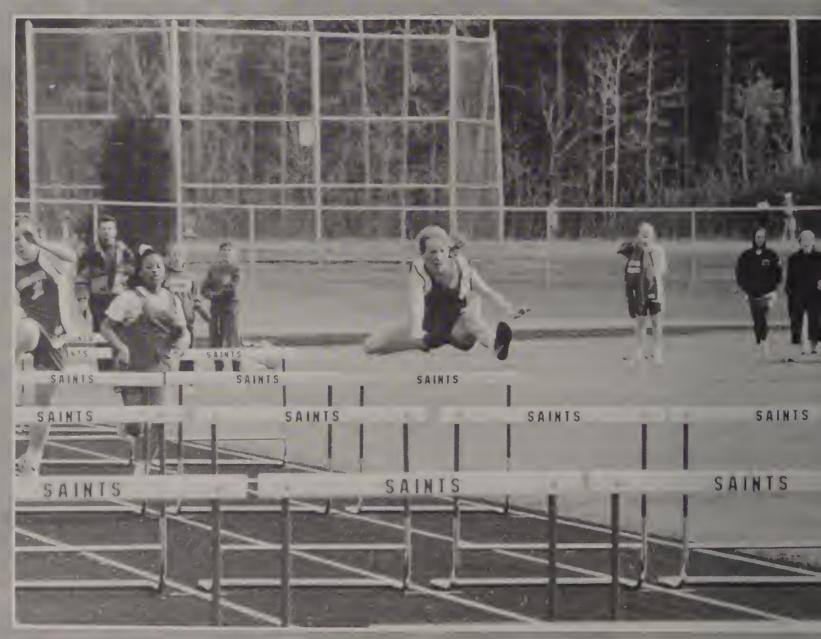
Left to Right: Mr. Walter Lucier, Sister Emma Jean Middendorf, Mrs. Constance Canalas, Mr. Bob Canalas, Mrs. Kristine Boyles, Mr. Eugene Boyles, Mrs. Anne Hogan, Mr. Joe Hogan.



Sr. Marjorie A. Nickel, Ph.D. High School Principal



**Mr. John Enos** Junior High Principal



On April 10, 1995 the long-awaited new track was the scene of a spectacular win 91-45 over rival Southeastern Regional. The 6 lane 400 meter track circles the Wes French regulation size soccer field. Two jumping pits and a high-jump area complement the site. The Saints christened the track with an undefeated 8-0 season.



Mr. Paul E. Byron High School Vice Principal Director of Academics



Sr. John Francis Danko Junior High Vice Principal



Sr. Nivard Kohout Financial Administrator



Mrs. Darlene Berzansky **Guidance Secretary** 



Mrs. Mary Blasi R.N. Health Services



Mr. Eugene Boyles English - Literary Magazine Adviser Baseball & Golf Coach



Ms. Kristine Boyles English Department Head Literary Magazine Adviser



Sr. Ella Jane Bruen American History - Geography Religion - J.H. Student Council Moderator



Mrs. Constance Canalas Mathematics - Senior Class Adviser



Ms. Kathleen Casey
Language Arts



**Mr. Sean Colin** Science - Algebra



Mrs. Kathleen Coppola French - Société Honoraire de Français Moderator - National Honor Society Adviser



Mrs. Mary Cormier Mathematics - History



Mrs. Marsha Courtney
Reading - English
Computer Literacy



Sr. Rosalie Deck

Music Department Head

Choral Director - Voice

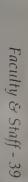
Instructor



**Sr. Rosemonde Deck**Chorus - Private Voice &
Piano Instructor

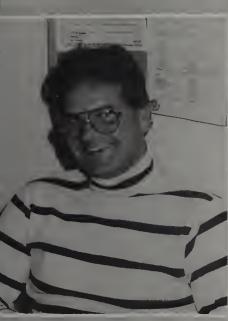


Mr. Michael Duchaney English - Freshmen Class Adviser - Softball Coach





Mrs. Evelyn Dunbar Fine Arts - Art History



Mr. Robert Duquette
Athletic Director - Director
of Health & Physical Education



Mrs. Jane Enos Director of Admissions Junior High School



Mrs. Maureen Fagan
Director of Admissions Senior High School



Ms. Cathy Fank Theater Director

# What sculpture is to a block of marble, education is to a human soul.

Joseph Addison (1672-1719)



Puzzlin problems are solved daily in math lab. Mrs. Canalas clarifies one for the son.



Sr. Johnette Fanta (i Bursar Born to Eternal Life March 30 1 96



Mrs. Caroline Forest
Mathematics Department
Head



Mr. William Foresta Mathematics



Mrs. Susan Gallitano Director of Guidance

The educator must above all understand how to wait; to reckon all effects in the light of the future, not of the present.

Ellen Key (1849-1926)



Mrs. Suzanne Giovanetti
Director of Public Relations
Director of Alumni



**Mr. Gerard Golden**Social Studies Department
Head



**Dr. Thomas Gorsuch**Religious Studies Department Head - AV Director



Mrs. Sandra Greenwood Attendance Secretary



Mrs. Anne Hogan
Mathematics



Cora and her mother, Mrs Martha Stone, culinary chefs for the Holly Berry Dinner.



Mr. Duchaney, a man of many talents, captures the spirit and laughter as he plays an "umbrella flute" at the annual Arts Assembly.



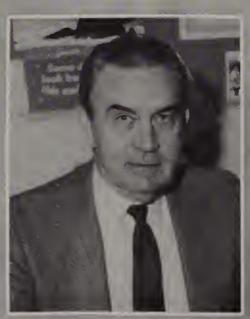
Mrs. Wendy Holmes Dance Instructor



"Play ball!"



Mr. Gerard Hubbard Social Studies - Student Council Moderator



Mr. Vincent Joyal Guidance



Mrs. Lois Joyal Reading - English Religion



Mrs. Jean Kane Mathematics - Religion



Sr. Dolores Kohout Religion - Peer Ministry & Community Service Adviser



Mrs. Susan Krastin Curriculum Director Latin



Mrs. Janewite LeBlanc English - Reading - Health Language Workshop - EFF Forensics Coach



**Mrs. Alice Longdin** Librarian - Supply Store Manager



Mr. Walter Lucier History - SADD Moderator H.S. Ski Club Moderator



Theodor Heuss (1884-1963) First Federal Republic President of West Germany 1949



**Sr. Ida Mary Lutz**Religion - Chemistry
GREAN Moderator



**Sr. Alice Marie Lyon**Science Department Head
Computer - *Corric* Adviser



Mr. Joseph Masi
Junior High Science
Coordinator - Geography
Oceanography



Mrs. Kathleen McQueeney Spanish - Amnesty International Adviser



Physics Honor students Rachael Levangie and Greg Samos measure acceleration.



Mrs. Sharon McSweeny Keyboarding Administrative Secretary



Mrs. Carol Melley Spanish - Sociedad Honoraria Hispanica Moderator



Score -keeping at track events-Christina Chaves, Mrs. Gallitano, and Marianne Hogan



Sr. Emma Jean Middendorf
Language Department Head
German - Delta Epsilon Phi
Moderator - Teens for Life Adviser



Mr. Edward Muller Religion



Mr. Jason Potrykus Computer Center Director Physical Science



Mrs. Diane Provenzano Anatomy & Physiology -Biology - Physical Science



Mrs. Evelyn Raeke Business Office Manager



Mr. Strohschneider, Shannon Sullivan, and David Christianson concentrate on their analysis of physics data.



Mr. Vincent Shea Director of Development



Mrs. Eileen Silvestri Assistant Librarian



Mrs. Elin Slavin Religion - Reading Spelling



Mr. Robert Slavin English - Heart Beat Adviser Journalism



Sr. Paul Marie Sohl Shakespeare



Sr. Mary Victor Spaeti Řeligion



Sr. M. Noel History



Mrs. Colleen Strohschneider Physical Education - Health



Mr. Derek Strohschneider Physics - Physical Science



Mrs. Anne Sweeney Bookstore Director



Mrs. Marsha Whitford Librarian



Mike F. Halloran and Mrs. Hogan work on geometry proofs



Sr. Dolores escorts members of the class of 2008 on a *Trick or Treat* visit to the high school.



Mr. John Ayala Maintenance



Mr. Red Driscoll
Maintenance



Mrs. Slowey and Mrs Magner feeding the hungry!



Mrs. Ruth Driscoll
Maintenance



Mr. Thomas Driscoll
Maintenance



Mr. Thomas Gavin Security



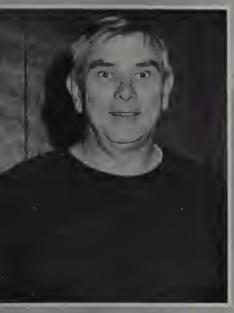
Mrs. Mary Magner Food Service



Mr. Aldo Mineo
Maintenance



Mrs. Kathleen Norris Maintenance



Mr. Richard Sholtanis
Maintenance - Soccer
Coach



Mrs. Agnes Romano Food Service



Mrs. Kathie Slowey
Food Service
Transportation



Mrs. Joanne Sullivan Food Service Director

ne of the things that changes most with living is one's personal relationships, especially if one must move to different places, as so many Americans do. One's immediate family relations will remain intact, but one's links with one's friends are in danger of being broken. And yet, even if there is no problem of distance involved, one must make a continuing effort to keep personal relationships warm and close, in the family as well as among friends. Humans relationships, like life itself, can never remain static. They grow or they diminish. But, in either case, they change. Our emotional interest, our intellectual pursuits, our personal preoccupations, all change. So do those of our friends. So the relationship that binds us together must change too; it must be flexible enough to meet the alterations of person and circumstance.

Eleanor Roosevelt

# Connections are integral

# Sharing is integral to the



Thoughts to be heard need instrumentation of voice and receptivity.

Language to be understood draws on an antiquity of spoken patterns passed on through centuries of s h a r i n g IDEAS through meaningful sounds.

Life to be sustained is nourished Interdependence in balance is A person

to the concept of sharing.

# concept of education.



Ideas
to be
visual
require
form,
media.

Color and motion reside in form, substance.

by physical, emotional, spiritual, intellectual means.

the harmony of the whole. is a miracle of complexity.



The Solar system reminds us that our concerns must be global-even universal. 99:40 is from the book Apollo XIII. It is the computer's query that asks the human to consider the task that it is about to be executed. This task will then commence and cannot be recalled. It is a poignant reminder that in the link between technology and human endeavors, man must be in control of all his actions.



The Proceed Button represents our control of technology and the fact that we must look to the future and continue forward in control of our actions.



At the South Shore Regional Science Fair, , SHHS first place winner Shannon Sullivan answers questions abour her project Aqua Farm Ecosystem Phase II: The effect of photoperiod on growth of Carassius auratus. Shannon qualified for the State Science Fair held in April at MIT.



Kevin Thorley - Aerodynamics of a stall



Danielle Doucette - Paper Recycling



Joan Enos - Coastal Pollution



Jennifer Taylor - Man vs nature: Are we destroying our ponds?

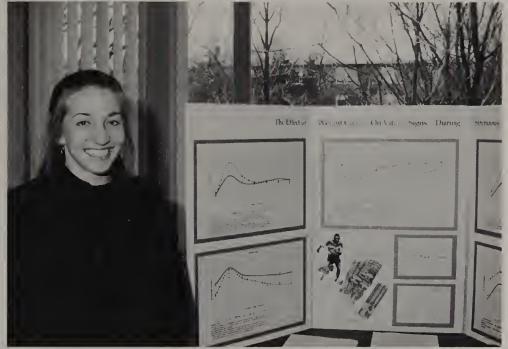


Randy Gomes -Fertilizer



Stacey Kinch - Plants and Photosynthesis. Suzanne Jacobson also worked on this project





Third and second place winners at SHHS Science Night, Rachael Levangie - Measuring Vitamin C content in fruit juice and Nicole Silvestri - The effect of extra weight in the vital signs of two subjects pause between the judging and the open house at the Regional Science Fair held at Bridgewater State College on March --- 1995.



Eduardo Calapiz & Caitlin Gavin - Smelt Pond Restoration Project



At the regional fair, Elizabeth Donavan - Algae and detergent



Michael DeCoste - Bread composition and molding



Christina Williams - Antibacterial soaps: How well do they really work?



Cheryl Greenwood & Leslie Sears - Cells in solutions

# Science Night

March 1995 A commemoration of the 25th anniversary of the landing of the Eagle. The Computer Center has diligently worked to bring technology and networking to the students. This allows the students to investigate a large number of tools and the newest options in communication. Yet this endeavor leads to the realization that "Man is still the most extraordinary computer of all." J.F. Kennedy



Offices 3

# Humanchentelligence has patterned nature's



David Christianson explores movement with air pressure.



Nicole Silvestri and Emily Hall measure acceleration due to gravity.



Left - Senior Physics students Susan Fougere, Julia Loran, Kerin Mayers, and Doug Amorello measure distance and acceleration.

Below: Lauren Sullivan and Julia Richard use desk-top encyclopedia for references.



ivsics Lab

Rm 90B

Publishing

Computer

Lab Rm 90A

16 Nodes

cellular structures to produce the Internet.

e Classroom

2 Nodes

Science Loop



Patricia Cubellis and Melissa Benson practice their computer skills.

Sacred Heart Network Proposal

4,20,95

Page: 52

Des gned By: Mr. Don Fougere & JP





Amanda Freeman as Betty Meeks sympathizes with the Foreigner Charlie Baker who is Christopher Cook

The Foreigner

by Larry Shue - Director by Ms. Cathy Fank



Jesse Costa as Froggie LeSuer, adventuresome!



Jenn Cuddy as Catherine Simms, the woman in a quandry.

# Cast: "Froggie" LeSeur - Jesse Costa, Charlie Baker - Christopher Cook, Betty Meeks - Amanda Freeman, Rev. Lee - Jim Leslie, Catherine Simms - Jenn Cuddy, Emily Simms - Cora Reilly, Owen Muser - Dana Sacchetti. Staff: Mr. Sepp Spenlinhauer - Technical Director, Mrs. Evelyn Dunbar - Art Director, Jim MacIntryre - Set Design, Joan Enos - Lighting, Scott Bowden - Sound, Krysten George - Properties Mistress, and Kate Roach - Stage Manager.



... stone, ah ... stone





We'll all take care of you.



Lauren Crocker - Katharina, Erica Howland - Guest/Servant, Jay Shepard - Horentencio, Alessandra Miele - Widow, Cara Cappellini - Guest/Servant, Thomas Otto - Petruccio, Kate Sweeney - Grumio, Cora Marie Reilly - Vencentio, Sarahjane Sacchetti - Baptista, Kate Sullivan - Guest/Servant, Angelo Boccalini - Lucentio, Heather Holmes - Blanca, Jonah Mikutowicz - Biondello/Walter, Tim Pearson - Tranio, Lalitha Medarametla - Guest/Servant, Colleen O'Donnell - Guest/Servant



A battle of wills



Love-struck Lucentio



Plotting pair



Fetching Blanca



Bragging Petruccio

# WORLD LANGUAGES



Mrs. Susan Krastin speaks at the Assembly about World Languages.



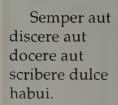
Kevin Thorley plays a Mexican Serenade, Las mañanitas, a tradtional melody.



Jennifer Taylor accepts her induction certificate into the Spanish Honor Society from Mrs. Kathleen McQueeney at the 6th annual Honor Induction Ceremony, March 6, 1996.



Ruins of a medieval fortress on the shore of the Rhine river. Travelers to Germany during February, 1996 viewed many an ancient castle and fortress.



The Venerable Bede



Mr. John Enos





Ein deutsches Theaterstück macht Spass für Shaun Patton und Josh Day.



# Members

Jesse Lee Costa "96 Patricia Cubellis '97 Kristen Dalbec '96 Danielle Doucette '96 Emily Hall '96 Vivian Lappas '96 Keveney Loane '97 Nicole Silvestri '96 Claire Sutherland '96 Colleen Sweeney '97 Sarah Wolfgang '98

# Inductees

Elizabeth Burokas '99 Laura Grillo '98 Suzanne Jacobson '98 Katherine Manning '97 James Murphy '98 Mrs. Coppola (Moderator)

# Société Honoraire de Français Polymnie

Ignorance est mére de tous les maux.

> François Rabelais



Mrs. Coppola congratulates Suzanne Jacobson.

# Massachusetts Mu Delta Epsilon Phi

Liebe besteht aus zwei Einsamkeiten, die schützen und berühren und grüssen einander.

Rainer Maria Rilke



Honoraria Hispánica

Rocinante

M. Damiano recites from R. M. Rilke.

Sufre las cosas en cuanto debieres; Extraña las otras en cuanto pudieres.

> Don Juan Manuel (1282-1348)



Mrs. Melley inducts new members.



## Members

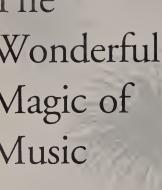
Melissa Benson '97 Christina Chaves '96 Jenn Cuddy '96 Mark Depathy '96 Caitlin Gavin '96 Russell Geldmacher '97 Marianne Hogan '96 Mary Howard '96 Rosa Mai Kueblbeck '96 Melissa Kustanovitz '97 Karen McDonald '97 Meghan O'Shaughnessy '97 Margaret Perry '97 Kate Sweeney '97 Kevin Thorley '96

# Inductees

Ana de Apraiz Botaz (Honorary) Paul J. DuWors '97 Randy J. Gomes '97 Alessandra Miele '97 Shannon Sullivan '97 Jennifer A. Taylor '98 Abigail A. Wilkinson '98 Christina M. Williams '98 Mrs. Melley (Moderator)

Jennifer Taylor Megan Turner Casey Troy

# The Wonderful Magic of Music







Randy Gomes - Amazing Grace



Stephen Walters - Hark the Herald Angels Sing



Jenn Cuddy - Optimistic Medley



Tom Gabriel - Edelweiss



Some Magic in the Air Tonight



May 5 & 6, 1995



Patrica Cubellis, Erica Howland, Allison Strumski

Kevin Thorley bearing a Gift



(Above) Mary - Charlene Slowley, Joseph - Matthew Damiano, Shepherds (L-R) Susan Fougere, Marianne Hogan, Phoebe Price (Right) Gina Montagna, Katie Dean, Chris Hopkins, Lesley Hall - A Christmas Madrigal. Set Design: Expressways



Katie Dean narrates The Christmas Story





(L-R) Josh Day - March of the Kings; Brenna Cussen - Have Yourself a Merry Little Christmas; Caitlin Gavin - I'll be Home for Christmas; Emily Hall - The Christmas Waltz



O Holy Night, the Night that Christ was born . . .

Christmas, the Season of Dreams









Esa Archibale Nalje Benson Helissa Benson Amis Blissonnette Sarah Bombardier Scott Bowden Erin Buckley Jennifer Burke Cara Cappellini Nicole Carbone Deidre Catani Laura Centofanti Jessica Colligan Lauren Crocker Patricia Cubellis Brenna Cussen Anne Damiano Joshua Day Katherine Dean Heather Eshbaugh Tia Finley Thomas Gabriel Meghan Gallante Caitlin Gavin Randy Gomes Noel Griswold Michelle Guinta **Emily Hall** Lesley Hall Heather Holmes Christopher Hopkins Erica Howland Laura Kaihler Kristy King Stephanie Larkin Michelle Lennox Rachael Levangie Katherine Manning Stephanie Marden Kathryn McRae Gina Montagna Tara Murphy Colleen O'Donnell Allison Parker Kimberly Patton Timothy Pearson Stephanie Piquette Jeremy Richard Albert Samano IV Shawna Slowey Courtney Stonely Allison Strumski Katherine Sullivan Maura Sweeney Kristin Symes Rebecca Symes Stephen Walters Molly Wilkinson Courtney Wilson



# Globe Art Awards

Mrs Evelyn Dunbar, resident artist and Teacher, energetically introduces the anticipated Art Assembly.

Jamie Maiorano proudly displays his Silver Key award winning work *Telegenetics* and his three dimensional cut sculpture, left.

Emily Chaffee is all smiles while posing with her Silver Key award winning portrait entitled *Reincarnation*.

A Celebration of the Arts...

















Lower Left: Clowning around....Kate Sweeney, Shannon Sullivan, Cora Reilly, and Sarahjane Sacchetti introduce an act.

"Shepdog" wows the crowd with his animated rendition of *What I Like About You*, while Kevin Thorley of Grilled Cheese backs him up on guitar.

An old German Folk Tale has Shaun Patton as the arrogant Meister Lampe ignoring Herr Igel played by Jeff Dawley.

Enough GUM to last a whole day. Art entry from Nekane Otaduy

*Left -* Colleen Gallagher, Allison Parker, and Meghan O'Shaughnessy add a touch of grace to this year's talent show.

Below: The Dance of the Bags

Graduate Chris Cook and senior Jesse Costa dance their rendition of *Jack Rabbit Slim's World Famous Twist Contest* from the big screen smash hit *Pulp Fiction*.

Krysten George and graduate Beth Sharistanian read their Forensic competition piece I Want to be in Pictures by Neil Simon.

Even Elvis made an appearance ... Nick Fallow, Scott Bowden, Tom Gabriel, Brian Asp, and James Andrade croon *Won't You be my Teddy Bear*?



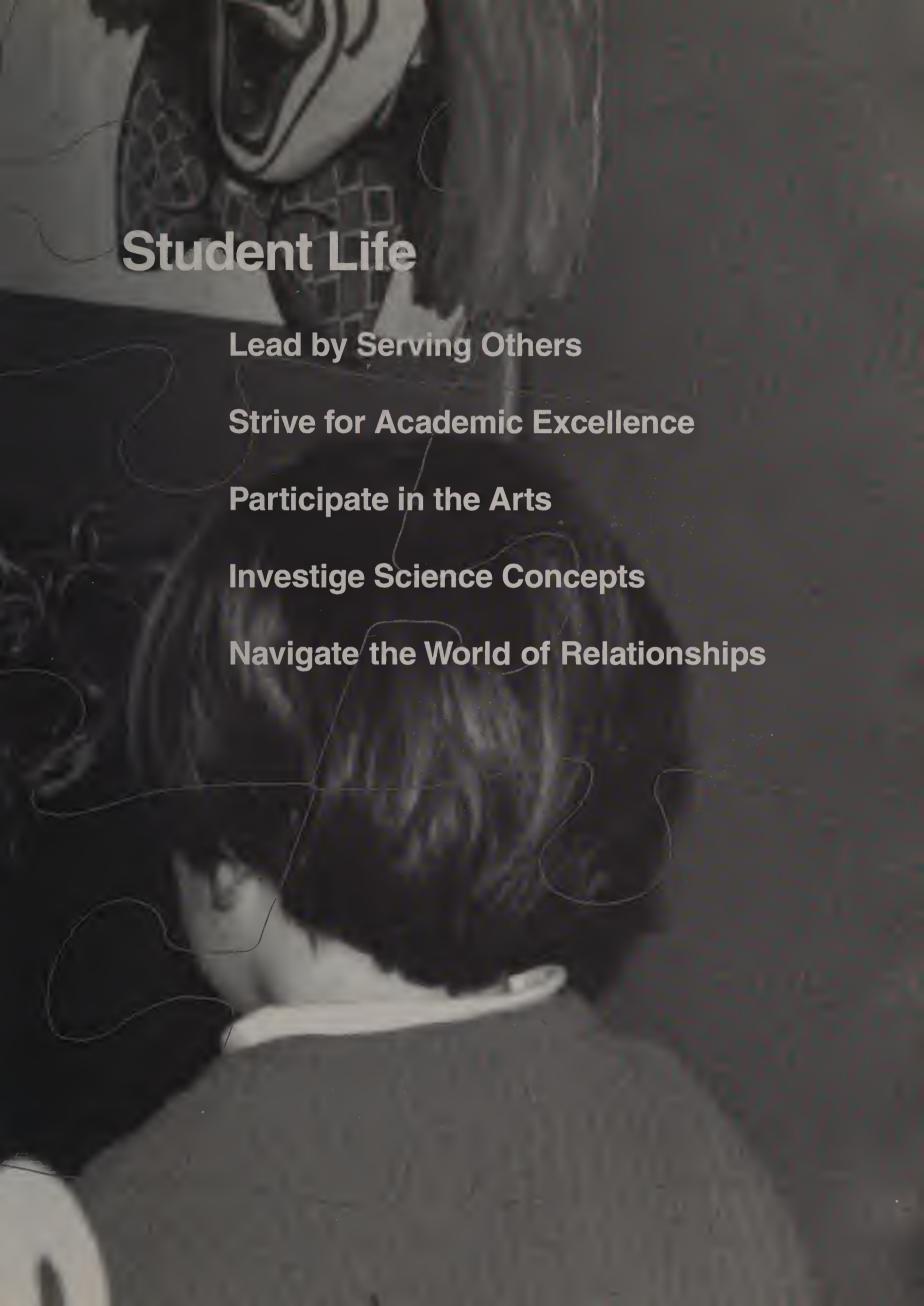






Acting is a burst of another's life from one's own soul.





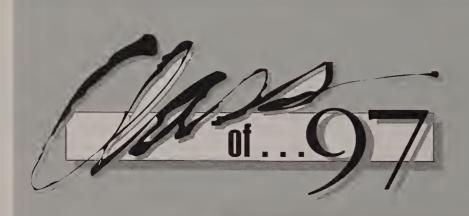
# STUDENT COUNCIL '95 - '96

The Student Council is a positive force in the Sacred Heart School Community. They show this force with the community service and the student activities they provide.

As role models the Student Council has been able to achieve an array of goals, these include raising money for Scholarships and organizing activities, such as home coming and field day. Though they are happy to provide service to students, they also provide service to the community. Two examples of this service are the Christmas toy drive and the Thanksgiving food drive.



Bottom to top left to right: Soph. Pres. Jen Taylor, Fr. Tres. Julie Battista, Fr. V.P. Liz Burokas, Soph. Sect. Emily Mason, Jr. V.P. Russell Geldmacher, Fr. Pres. William Last, Sr. Pres. Marianne Hogan, Sr. Sect. Emily Chaffee, Soph. V.P. Colleen Gallagher, Jr. Tres. Meghan O'Shaunghnessy, Jr. Sect. Allison Parker, Jr. Pres. Sarahjane Sacchetti, Soph. Tres. Krysten George, Sr. Tres. Nicole Silvestri, Student Council Sect. Jr. Mathew Doller, Student Council Pres. Sr. Albert Samano, Student Council V.P. Jr. Paul James DuWors, Student Council Tres. Soph. Randy Gomes: missing; Fr. Sect. Tim Pearson, Sr. V.P. Mary Howard, Key Club: Sr. Geoffery Anstatt, Sr. Phoebe Price.



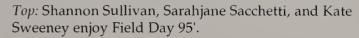
Jonathan Acorn Lisa Archibald Melissa Benson Matthew Betts Cara Cappellini David Christianson



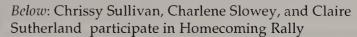


Sarahjane Saccahetti President,
Second Row:
Allison Parker Secretary,
Rusty Geldmacher Vice President,
Meghan O'Shaughnessy Treasurer





Bottom Left: Jen Taylor, Emily Mason, Danielle Baragwanath, Leslie Hochstin, perform a medley of the Beatles greatest hits in the talent show of 95'.









Jennifer Cubellis Patricia Cubellis Mitchell Daley Ana DeApraiz Botaz Michael DeCoste

Michelle Dean Lindsey DiBona Matthew Doller Paul DuWors Tia Finley

Lindsey Garrant Russell Geldmacher III Katie Gillam Daniel Hale Lesley Hall





Seniors Vincent Lifrieri, Elizabeth Hickey, Charlene Slowey, and Christina Chaves raise their right hand as they are sworn into the National Honor Society.

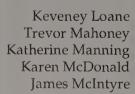
The National Honor Society is an nation-wide organization whose members are selected on their qualities of leadership, service, character, and scholarship. At the end of September, juniors and seniors meeting these requirements are invited to become new members. The induction is organized and performed by the four officers, who were choosen the year before.

The most important activity of the National Honor Society is the tutoring of students by NHS members. The National Honor Society also sponsors the annual semi-formal Snowball Dance in December, which is its most important fundraising event. With the proceeds from this dance, the National Honor Society presents four \$500 scholarships to seniors and two scholarships to juniors. Also, to give thanks for the support provided by teachers, the National Honor Society hosts an "Appreciation Tea" for the faculty and staff in March.



Vice President Brenna Cussen congratulates new member Eduardo Calapiz.

Erica Howland Christine Kelleher Melissa Kustanovitz Rachael Levangie Theodore Liddell



Erin McMenamy Kathryn McRae Lalitha Medarametla Melissa Melia Alessandra Miele







Above left - President Phoebe Price presides over the induction ceremony. Above right - 1st Row (L-R): Patricia Cubellis, Keveney Loane, Rosa-Mai Kueblbeck (secretary), Brenna Cussen (vice president), Phoebe Price (president), Claire Sutherland (treasurer), Joan Enos, Lindsey





DiBona, and Nicole Silvestri. 2nd Row: Christopher Moeller, Kate Sweeney, Lesley Hall, Cristin Ryan, Shannon Sullivan, Kevin Thorley, Edward Riley, Joshua Day, Mark Balzarini, Katherine Manning, Matthew Damiano. 3rd Row: Katie Dean, Mary Howard, Meghan O'Shaughnessy, Jennifer Cuddy, Charlene Slowey, Marianne Hogan, Christina Chaves, Sarahjane Sacchetti, Rachael Levangie, Danielle Doucette. 4th Row: Elizabeth Hickey, Kristin Winterson, Vincent Lifrieri, Geoffrey Anstatt, Christine Sullivan, Douglas Amorello, Eduardo Calapiz, Christine Kelleher, Mitch Daley, Rusty Geldmacher, Jonathan Acorn. 5th Row: Paul DuWors, Melissa Kustanovitz, Kristen Dalbec, Margaret Perry, Colleen Sweeney, Vivian Lappas, Emily Hall, Julia Loran, Thomas Otto, Brian O'Meara. Not Pictured: Caitlin Gavin, David Christianson, Emily Chaffee, Jesse Lee Costa, Amy King, Gregory Samos, and Kevin Thomas. Bottom left - Vice President Brenna Cussen conveys the message of what it means to be a member of the NHS to the new inductees. Bottom right - NHS Moderator Mrs. Coppola places the pin of office on Secretary Rosa-Mai Kublbeck as Phoebe looks on.



Christopher Moeller Emmy Murray Brian O'Meara Meghan O'Shaughnessy Allison Parker

Shaun Patton Margaret Perry Charity Pettepit Cora Reilly Jeremy Richard

Cristin Ryan Sarahjane Sacchetti Leslie Sears Keith Sherwood Katherine J.Sullivan

#### GREAN

With the supportive guidance of moderator Sr. Ida Mary, GREAN members kept alive the traditions of past years. The annual "Coastsweep" effort, brought dedicated GREAN members along with concerned community residents to clean up Plymouth's Long Beach. The sixth annual clean-up effort ended with 400 pounds of trash removed, and a message of the need for community involvement and concern was exemplified.

GREAN members keep busy reviving the paper recycling activity. An average of 40 kg/week of

school consumed paper are gathered and recycled.

At the Holly Berry Fair GREAN members continued to spread their environmentally concerned message. They sold hand-made bird feeders, of pinecones, peanut butter and birdseed.

This year, Sacred Heart's environmentally aware network, GREAN, worked faithfully to build awareness around the school and to solve problems facing the Sacred Heart environment.



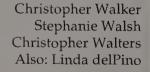






Sean D. Sullivan Shannon Sullivan Colleen Sweeney

Kate Sweeney Kristin Symes Amanda Vaughan









Next up, the New Highway Clean-ups. GREAN adopted a 2 1/2 mile stretch of Bishop's Highway. The Massachusetts Adopt a Highway Program is active from April 15 to Nov. 15. Participants are responsible for beautifying their adopted stretch of highway. In recognition, the Adopt-a-Highway signs were erected with the SHHS GREAN name.

Upper Left: Krysten George & Sarahjane Sacchetti clean up Plymouth Beach.

Lower Left: Danielle Baragwanath & Emily Mason make a poster to advertize pinecone birdfeeders.

Upper Middle: Alessandra Miele, Michelle Dean, Sarah Anderson, and Kate Sweeney pitch in at the Saturday Coastsweep. Lower Middle: Lindsey DiBona & Erin McMenamy create pinecone birdfeeder works of art. *Upper Right:* Jon Acorn surveys the beach for contributions for the Clean-up campaign.

Group: Front Row (L-R): Samantha Romano, Krysten George, Rosa-Mai Kueblebeck, Cheryl Greenwood, Phoebe Price, Lindsey DiBona, Erin McMenamy. 2nd Row: Jen Taylor, Suzanne Jacobson, Maria Robinson, Anne Damiano, Rachel





Lavangie, Colleen Gallagher, Stacey Kinch, Christina Williams. 3rd Row: Toni DuWors, Deirdre Salamone, Abby Wilkinson, Laura Grillo, Emily Mason, Danielle Baragwanath, Ericka Krul, Jessica Giglio. Back Row: Randy Gomes, Sarahjane Sacchetti, Christine Kelleher, Shaun Patton, Jon Acorn, Sr. Ida Mary (Adviser).

















Joshua Adams Christopher Allard Sarah Anderson James Andrade Brian Asp

Adam Balzarini Danielle Baragwanath Erin Benoit Karen Benson Kristy Benson

# Ammesty International

Amnesty International members write letters to world leaders in order to stop human rights abuses. Thousands of people are imprisoned simply because of their beliefs. Prisoners are held without charge or trial, and are sometimes tortured and deprived of medical treatment. Some men, women and children are said to have "disappeared".

Members respond to weekly Urgent Action cases. The letters to

government officials aim to free prisoners of conscience, ensure fair and prompt trials, and abolish the death penalty, torture and cruel treatment of prisoners.

Direct contact with the prisoners themselves is made twice annually by a Holiday Card Action project at Christmas time and by a summer postcard project.



Amnesty International (L-R) Front row: Kate Sweeney (Secretary), Tori Harrison, Emily Mason, Christina Williams, Patricia Cubellis. Second row: Kathryn McRae, Emmy Murray, Emily Chaffee, Sarahjane Sacchetti, Meghan O'Shaughnessy, Colleen Sweeney, Keveney Loane, Erica Howland, Third row: Allison Parker, Colleen Gallaghe, Phoebe Price (Treasurer), Kristen Dalbec (Vice-President), Caitlin Gavin (President), Krysten George, Katherine Manning, Lisa Archibald, Mrs. McQueeney. Fourth row: Dave Casinelli, Kevin Thomas, Randy Gomes, Rachael Levangie. Fifth row: Dara Such, Danielle Baragwanath, Stacey Kinch, Anne Damiano, Jen Taylor, Julie Battista, Toni DuWors.

Heather Blante Sarah Bombardier Jennifer Boucher Scott Bowden Sean Brady

Melissa Caporale Shelley Cardoos Kevin Cohen Lesley Conathan Patrick Coughlin

Nicholas Crowley Anne Damiano Ryan Darr Robert Day Erin Dean





Sacred Heart's chapter of Students Against Drunk Drivers seeks to raise awareness of the dangers of drunk driving or riding with someone who is under the influence of alcohol or other substances. The club's activities include displaying posters, selling non-alcoholic alternative drinks at school dances and Hollyberry Fair, and issuing holiday cards and ribbons to all students, faculty, and staff. Monthly meetings include watching videos, and organizing events. In April, in honor of Alcohol Awareness Month, SADD worked with School Nurse Mrs. Mary Blasi and Athletic Director Mr. Robert Duquette to bring in an assembly speaker, and distributed materials from alcohol awarness organizations. SADD plans activities at prom time to raise awareness of alcohol issues.



SADD-(L-R) Front row: Emily Mason, Christina Williams, Heather Blante. 2nd row: Diedre Catani, Tori Harrison, Stacey Kinch, Stephanie Marden, Molly Wilkinson, Courtney Wilson, Patricia Cubellis, Shawna Slowey, Lauren Crocker, Courtney Stonely. 3rd row: Emmy Murray, Emily Chaffee, Heather Eshbaugh, Emily Hall, Meghan O'Shaughnessy, Jessica Colligan, Colleen Sweeney, Susanne Leslie, Elizabeth Burokas, Keveney Loane. 4th row: Colleen Gallagher, Ericka Krul, Cheryl Greenwood, Phoebe Price, Kristen Dalbec, Caitlin Gavin, Erin Benoit, Nicole Silvestri, Krysten George, Katherine Manning, Lisa Archibald, Erica Howland. 5th row: Kristin Winterson, Vivian Lappas, Russell Geldmacher, Vincent Lifrieri, David Casinelli, Geoffrey Anstatt, Kevin Thomas, Dougles Amorello, Randy Gomes, Mike Otto, Rachael Levangie, Christine Sullivan, Mr. Lucier (Moderator). 6th row: Katherine McRae, Dara Such, Abigail Wilkinson, Danielle Baragwanath, Suzanne Jacobson, Anne Damiano, Maria Robinson, Jennifer Taylor, Julie Battista, Toni DuWors. Also: Kristin Mignosa, Sarah Bombardier.

## **SADD**







John DeLano James Denman John Donahoe Elizabeth Donovan Colin Driscoll

Heather Eshbaugh Nicholas Fallow Michael Feehan Peter Fougere Thomas Gabriel

Colleen Gallagher Krysten George Jessica Giglio Benjamin Gladdys Randy Gomes

#### Teens for Life

"Catholic means pro-life unconditionally," these words spoken by Cardinal Bernard Law at the March for Life Mass celebrated on Sunday evening, January 21, 1996 at the National Shrine of the Immaculate Conception in Washington, DC. MCFL Cape Cod Chapter offered the Teens for Life bus transportation to Washington, DC. Senior Mark Balzarini represented SHHS.

The SHHS Teens for Life joined thousands of Massachusetts citizens in Boston October 1, 1995 for the Respect Life Walk to Aid Mothers and Children. Fifty three pro-life

organizations in Massachusetts benefit from the sponsorship money. St. Joseph parish supports the MCFL Old Colony Chapter of Kingston-Plymouth with bus transportation to and from Boston.

(Right) Molly Kelly, the nationally acclaimed prochastity educator, answers questions for Faun Koplovsky, Matthew Thomas, Jill Recke, and Brenna Cussen after the Respect Life Assembly.



L-R: Dara Such, Courtney Wilson, Vincent Lifrieri, Kristin Mignosa, Mark Balzarini, Rosa-Mai Kueblbeck, Brenna Cussen, Shaun Patton, Colleen Sweeney, and Sister Emma Jean Middendorf



Cheryl Greenwood Douglas Griffin Laura Grillo Michelle Guinta Matthew Hall

Michael F. Halloran Victoria Harrison Laura Heidke Matthew Hillier Leslie Hochstin

Timothy Horn
David Hough
Suzanne Jacobson
Stacey Kinch
Kristy King



Co-founders Nicole Silvestri and Kristen Dalbec are busily working on the HUGS schedule.



Front Row: Phoebe Price and Nicole Silvestri (Co-Founder). Back Row: Chrissy Sullivan, Geoff Anstatt, Matt Damiano, Marianne Hogan, Danielle Doucette, and Amanda Constantine. Also: Kristen Dalbec (Co-Founder), Eduardo Calapiz, Brenna Cussen, Kevin Thomas, Claire Sutherland, Melissa Steele, Corey Simpson, Siobhan Ward, Jesse Costa, Elizabeth Hickey, Emily Chaffee, Vivian Lappas, and Vincent Lifrieri.

## H.U.G.S.

# <u>H</u>elping the <u>U</u>nfortunate by <u>G</u>iving <u>S</u>ervice

Helping the Unfortunate by Giving Service (H.U.G.S.) is a school-based community service group. Co-founders Nicole Silvestri and Kristen Dalbec started this organization in February, 1994. These seniors, then sophomores, decided to begin the group in order to try to involve more Sacred Heart students in the community. The group's goal is to give any needed assistance to the Pilgrim's Hope Homeless Shelter in Kingston. Examples of the volunteer work performed at the shelter include sorting clothes, stacking food, working with children in the after-school development program, and organizing food drives.

There has been an overwhelming response from high school students who have displayed interest in this great cause. As of the beginning of the 1995-96 school year, over 250 hours of time were donated by the members of H.U.G.S.

The group moderator is Sister Dolores, who is also the head of Peer Ministry. Having a lot of experience with community service, she has been a great help in organizing H.U.G.S. The homeless shelter is very appreciative for all the time and effort that the members of H.U.G.S. have donated.



Ericka Krul Martin Kueblbeck Stephanie Larkin Stephanie Marden Emily Mason

J. Michael Mayers Michele McCarthy Jean-Marie McLea Brooke Meehan Brendan Messier

Kristin Mignosa Gregory Milewski Gina Montagna James Murphy Shane Murray

Peer Ministry is students helping students achieve a good self-image, using their talents and abilities to help others, and learning to use the most effective listening - responding - problem solving skills. Peer Minsitry focuses on students helping each other grow by learning to recognize differences, respond to problems, encourage one another to work through hard times, and set good Christian goals. It is a wonderful oppurtunity to reach out to others, especially through assuming the relationship of a big brother/big sister to incoming freshmen students.

A Peer Minister must be a person of high moral character who is able to draw on his/her Christian values. A Peer Minister also needs to use his/her high spirits and energies for making

good things happen.

Participation for the 41 Peer Ministers of the 1995/96 year meant a commitment of their time and talent and a dedication to working closely with the Peer Ministry Director, Sr. Dolores. They met regularly and faithfully to receive further instruction as well as to reflect on the meaning of their involvement in the program. Each Peer Minister was a junior or senior selected by the faculty and Sr. Dolores because of their eagerness to "try to make a difference," through their caring, concern, and willingness to share.

The 1995 Ministry workshop held over the summer was attended by 35 enthusiastic students, where development of communication skills was stressed as the day's theme. A great time was had by all, and they learned how to best help their fellow classmates. The same group was joined by a few other new-comers on the bewildered freshmen's first day of school. They teamed up and met with groups of ninth grade students to give needed advice and help make the kids feel more comfortable. The day was a success, as well as a lot of fun.

## Peer Ministry and



1st row (L-R): Joshua Day, James Callahan, Charlene Slowey, Mary Howard, Elizabeth Hickey, Kristen Winterson, Jesse Lee Costa, Thomas Otto. 2nd row: Fr. John Capucci, Lauren Virta, Marianne Hogan, Amanda Constantine, Christine Sullivan, Siobhan Ward, Angelo Boccalini, Brian Benson, Mark Depathy, Andrew McFarland. 3rd row: David Casinelli, Albert Samano, Vincent Lifrieri, James Shepard, Kevin Cooper, Gregory Samos, Geoffrey Anstatt, Kevin Thomas, Sr. Dolores. 4th row: Joan Enos, Rosa-Mai Kueblbeck, Daniel Doucette, Caitlin Gavin, Jennifer Cuddy, Susan Harju, Lisa Archibald, Lindsey Garrant, Mark Balzarini.

The Peer Ministers gathered and delivered Christmas dinners to families in need, and daily act as friendly faces saying hello in the halls. The program has narrowed the gap between students, and has created new friendships. Peer Ministry truly embodies the ideals of Sacred Heart, and provides an atmosphere in which students can prosper academically, socially, and morally.

Jessica Mutchler Abdu Nessralla Adrienne Newcomb Andrew Panitz Theodore Parker

> Kimberly Patton Nicole Popp Shannon Riley Maria Robinson Deirdre Salamone

Allison Strumski Dara Such Jennifer Sullivan Kelly Sullivan Jennifer Taylor























### Community Service





1st row (L-R): Katherine Manning, Colleen Sweeney, Sarahjane Sacchetti, Meghan O'Shaughnessy, Karen McDonald, Katherine Sullivan, Emmy Murray, Keveney Loane. 2nd row: Lisa Archibald, Keith Sherwood, Sean Sullivan, Rusty Geldmacher, Vincent Lifrieri, P.J. Duwors, David Casinelli, Trever Mahoney, Kathryn McRae. 3rd row: Margaret Perry, Erin McMenamy, Melissa Kustinovitz, Emily Hall, Marianne Hogan, Kristen Dalbec, Allessandra Mieli, Charlene Slowey, Christina Chaves, Jesse-Lee Costa, Lauren Virta. 4th row: Allison Parker, Cristin Ryan, Amanda Constantine, Geoffrey Anstatt, Christine Sullivan, Elizabeth Hickey, Siobhan Ward. Not Shown: Leslie Sears, Sean Patton, Melissa Steele, Emily O'Connor, Melissa Benson, Stephanie Walsh, David Christianson, Tia Finley, Krysten Symes, Lindsay DiBona.



The Community Service program grows from Sacred Heart's belief that the lasting concern for community originates in a desire to help others, to meet their needs, and to contribute something of value to society. Areas of service include the Sacred Heart Pre-Primary School and the Pilgrim Hope Shelter for the Homeless. Students may also serve in their local Church or town areas. Students involved in the program can reflect upon their experiences and gain knowledge of the inequalities in society so that they may channel their abilities and energies toward making things better for those in need. The program is sponsored by the Student Advisory Center and the Religion Department. Special thanks to Sister Dolores and Sister Mary Victor for all their time, hard work, love, and inspiration.









Paul vanSteensel Abigail Wilkinson Christina Williams Corey Wilson Sarah Wolfgang Alicia Rosa



Front (L-R)
Emily Mason
- Treasurer
Jennifer Taylor
- President
Back Row
Colleen Gallagher
- Secretary
Krysten George
- Vice President







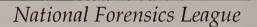
Left: Mrs. LeBlanc, the team's coach, before practice. The team: front (l-r) Lalitha Medarametla, Sarahjane Sachetti, Jesse Costa, and Michael Dean. Back (l-r) Cora Reilly, Michael Otto, Kate Sweeney, and Michael League. Right: Mrs. Courtney takes a break from her judging.



A favorite spot for Lalitha Mederametla prior to a meet is the library.

#### Emerald, Sapphire & Ruby

The Speech Team participates in competitions with area high schools. The Team competes in the categories of radio broadcasting, group discussion, duo interpretation, humorous interpretation, extemporaneous speaking, poetry, and prose. Members have savored many victories, the reward of hours of preparation and practice, and the support of new coach, Mrs. LeBlanc, and the talent of captain Jesse Costa.





Michael League practices for the next meet.



Rebecca Abdou Michael Alosi Jeffrey Amorello Jeffrey Barry Julie Battista Ashley Beecy

Elizabeth Burokas
- Secretary
William Last
- President
Timothy Pearson
- Vice President
Julie Battista
- Treasurer







# Skiing New England Record breaking snows A new ski club

The Sacred Heart Parents Association, under the leadership of Mrs. Linda DiBona, initiated a high school ski club. Four trips took students to New Hampshire, Vermont and Maine from December to March.

The rides up were fairly quietly as students caught a couple of winks to make up for the early 5:00 am start, or viewed the Star Wars Trilogy. Once at the slopes skiers made the most of day with an average of twelve runs. Participants voiced a hearty thank you to the parents organization for sponsoring the trips and look forward to next year. There were more than just a couple trips into the lodge for food and warmth. A good time was had by all.







Julie Benson Curtis Berglund Amie Bissonnette Anna Boccalini Kerry Bracken

Michael Brady Erin Buckley Jennifer Burke Elizabeth Burokas Nicole Carbone

Deirdre Catani Laura Centofanti Christopher Chaves Michele Colgan Jessica Colligan

Key Club is Sacred Heart's service organization, under the leadership of Geoff Anstatt (President), Kevin Cooper (Vice President), Doug Amorello (Treasurer), and Kevin Thorley (Secretary), whose members are actively involved in promoting the activities of the high school. The Club is responsible for conducting student tours of the school to prospective students and parents. These tours provide insights into student life and activities at Sacred Heart and, as such, they provide an invaluable service to prospective students and their families when they consider admission to Sacred Heart High School.

Throughout the course of the year, Key Club members are responsible for ushering at school assemblies and participating in special Liturgies such as the Mass of the Rememberance. The

members also support scholarship programs by organizing a "bouquet of flowers" program which celebrates the spirit of Valentine's Day at the school.

The Club is associated with the local chapter of the Kiwanis Club. Fostering a sense of community service, the Club will organize a bike safety program this Spring for the benefit of elementary age children who live in the area.

KEYCLUB



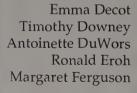
Above: Doug Amorello, Key Club Treasurer. Right: Cora Reilly, Shannon Sullivan, and Sarahjane Sacchetti help to sell Valentine flowers for the Key Club "Bouquet of Flowers."





Front Row (I-R): Jen Taylor, Jackie Powell, Danielle Baragwanath, Shawna Slowey, Julie Battista, Lauren Crocker, Julie Benson, Tori Harrison, Abby Wilkinson. 2nd Row: Chris Chaves, Tim Pearson, Doug Amorello, Kevin Thomas, Kevin Cooper, Kevin Thorley, Greg Samos, Jim Andrade. 3rd Row: Toni DuWors, Susan Jacobson, Stacey Kinch, Anne Damiano, Maria Robinson, Katherine Manning, Erica Howland, Keveney Loane, Lindsay DiBona. 4th Row: Krysten George, Emily Johnson, Adam Tufankjian, Greg Kelley, Rachael Levangie, Michael Halloran, Lalitha Medarametla, Colleen Gallagher. Also: Chrissy Sullivan, Amanda Constantine, Charlene Slowey, Katie Sullivan, Emmy Murray, Liz Burokas, Courtney Stonely, Geoffrey Amorello, Maritza Martinez, Chris Merrill, Annie Boccalini, Brenna Cussen, Geoff Anstatt, Randy Gomes, Rosa-Mai Kueblbeck, Joan Enos, Cheryl Greenwood, Ericka Krul, William Last, Vincent Lifrieri, Maize Hogan, Lesley Hall. Mr. Shea (Advisor)

Erin Cox Lauren Crocker Cassandra Cronin Sean Cunningham Brian Dahlen







able to visit for the usual four weeks in the summer, nine students and Sister Emma Jean Middendorf journeyed to 'Deutschland' for the duration of February Vacation, February 15-24. The students included freshmen Jonah Mikutowitz, Julie Benson, Chris Guite, and Will Manning; sophomores John Donahoe and Marty Kueblbeck; junior Kristen Symes; and seniors Brenna Cussen and Rosa-Mai Kueblbeck.

The group travelled to famous sites such as Checkpoint Charlie, the Brandenburg Gate, the Rhine River, and Bach's Church, as well as many other cultural areas.

They met many people from all over the world at the youth hostels at which they lodged, and experienced life from various viewpoints, getting the wonderful opportunity to practice their languages. All would have to

"Germany '96" was a great success. Overcoming the disappointment of not being



France 1995 - Front Row-(l-R): Danielle Doucette, Casey Troy, Nicole Silvestri, Keveney Loane. Second Row: Claire Sutherland, Jessie Lee Costa, Patricia Cubellis, Lisa Archibald, Kristen Dalbec. Third Row! Kara Nolan, Erin Callahan, Katherine Manning.



**Germany 1996** - Front Row (L-R): Jonah Mikutowicz, Julie Benson, Rosa-Mai Kueblbeck, Sister Emma Jean. Second Row: William Manning, Chris Guite, Kristin Symes, Martin Kueblbeck, John Donahoe, Brenna Cussen.

penny, and will be a European experience they will never forget.

Rosa-Chris een.

say that their
'vacation,' while
very busy as
opposed to
relaxing, was

On February 18, 1995 twelve students travelled to Paris, France for a six day trip where they experienced the culture of France first-hand and had an opportunity to use their language skills. The trip included visiting such renowned sights as the Louvre, Versailles, and the Eiffel Tower. Besides seeing these famous landmarks, the students enjoyed shopping and tasting the variety of the French cuisine. This travel opportunity provided the students with unforgettable experiences and gave them the opportunity to meet many interesting people, see new sights, and experience a real taste of French culture.



Christopher Guite Michael A. Halloran Matthew Harrington Emily L. Johnson Laura Kailher

Gregory Kelley Danielle King Daniel Langley William Last Jacqueline Lawlor

Michael League Michelle Lennox Susanne Leslie William Manning Ill Janelle Marra





(l-R) Erica Krul and her date take a break from the dance floor. James Andrade and Abbey Wilkinson have a laugh. Julia Loran and Jamie Maiorano enjoy a dance.



All smiles...Leslie Hall, Sarahjane Sacchetti, Cara Cappellini, Allison Parker, Karen McDonald, and Emmy Murray dance the night away.



On Friday, December 8th, the Kingsbury Club was graced with the well dressed student body for a night of dancing and free soda. From 8-11 Sacred Heart's finest boogied down to the tunes of disk jockey Butch Machado.

The students in attendance took advantage of the opportunity to dress up and have fun with their friends. Seniors got to reminisce about semis past, and have one last dance with that someone special. "I got to dance with Amy King!" said a blushing Matt Damiano, "I've been waiting for that since freshman year."

Maritza Martinez Sean Masters Christopher Merrill Jonah Mikutowicz Jonathan Mogul



Benjamin Oliver David Orr Michael Otto Timothy Pearson Jessalyn Peterson























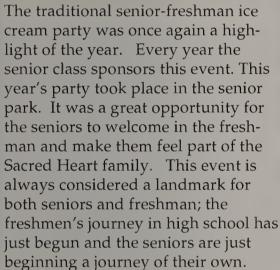
















(L-R) Best of friends...Emily Hall and Amanda Constantine. Jeff Dawley facetiously enjoys an ice cream. Charlene Slowey and Tim Radwanski enjoy the good company.



Lauren Crocker, Shawna Slowey, and Rebecca Symes under the sun.

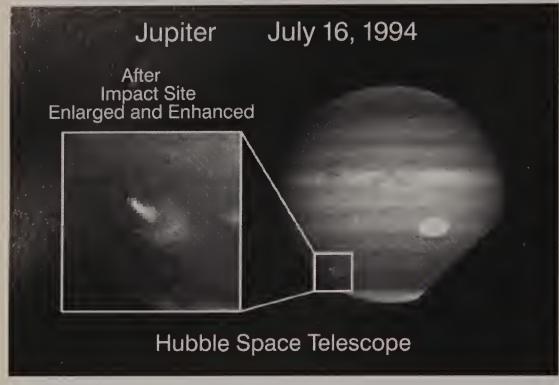


Jamie Piquette Stephanie Piquette Jacqueline Powell Timothy Radwanski Samantha Romano

Katlyn Scollins Heather Setterland Keith Sexton Michael Slepoy Shawna Slowey

Anastasia Stewart Courtney Stonely Lauren Sweeney Maura Sweeney Rebecca Symes

### The Sacred Heart Computer Club





Upper right: Matt Damiano, co-founder of the Computer Club. Left: http://nssdc.gsfc.nasa.goc/planetary/sl9/image/sl9a\_hst2.gif—Image of Jupiter's cloudtops after the impact of the first fragment of Comet Shoemaker-Levy 9 on July 16, 1994. Courtesy National Space Science Data Center. Lower right: http://www.astro.virginia.edu/~pcp2g/burrows.gif—Image of supernova 1987A Courtesy NovaWeb.

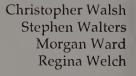
The Sacred Heart High School Computer Club, founded last spring by Seniors Eduardo Calapiz, Joshua Day, and Matthew Damiano, and advised by Mr. Potrykus, was active for its first full year. The purpose of the club is to increase computer knowledge through fun activities.

Recently, the group has set up an Internet account at a local service provider. Pending the decision of an Internet Policy Committee, it will be available to students and faculty. This will give Sacred Heart access to a wealth of information. Students will be able to look at colleges, as well as access libraries of information through the World Wide Web. The internet's USENET newsgroups also will offer much information to the school—students will be able to post and read messages on all academic as well as recreational topics. The club will also be able to keep contact with alumni and other correspondents through e-mail. In addition to the Internet, the Computer Club also offers a forum for students to share their own software, both shareware and their own original programs. Members of the club have also spent time creating charts for the school newspaper, The Heart Beat.

The club will continue to work as a team creating World Wide Web pages using code known as HTML, or Hyper-Text Markup-Language. Students thus be able to learn the code and also use their artistic creativity.



Gregory Thomas Daniel Thompson Adam Tufankjian Josef Wagner



Molly Wilkinson Courtney Wilson K. Marshall Works Robert Wroe



# T C E R C E H W



Tech Director Mark McNeil working on the Construction of the set of "Hello Dolly"



Joan Enos operates the lighting board.



Mike Alosi, Chris Gutie, and Lauren Sweeney take a break from back stage work during a performance.



Chris Walker sheds a little light on the situation during a chorus show.





Left: National Merit Scholarship Award - Seniors Marianne Hogan, Brenna Cussen, Claire Sutherland, Nicole Silvestri, Matthew Damiano, Joshua Day, and Christopher Coyne belong to a group of about 50,000 Commended Merit Scholars. Joshua Day went on to join about 14,000 others from this group in being named a National Merit Scholarship Finalist. Right: NCTE Achievement Award in Writing - Senior Rosa-Mai Kueblbeck was one of 690 students chosen out of more than 3,000 students from the fifty states, the District of Columbia, Canada, and American schools abroad to be honored by the National Council of Teachers of English as an outstanding writer for her story - The Daughter of the Corn.

# HEART BEAT

# School Publications experience changes

Yearbook and newspaper adapt to the new age of the computer

Although the pages of the Heart Beat and the Corric might look the same to its viewers, both have undergone dramatic changes as a result of technology.

What used to be performed with type-writers, scissors and rulers is now accomplished with "Toolboxes," "Pagemaker" and "Photoshop." Yes, the jargon of the computer world is now at the heaart of school publications.

These changes allow publications to develop sophisticated graphics, text changes and design elements which would have been unthought of only a decade ago. In fact, now the most valuable skill in the publishing world is computer literacy.

Nevertheless, it still takes hard work and creativity provided by individuals to turn icons into reality. Those dedicated students and advisers are ultimately responsible for the pages you see in the *Corric* and *Heart Beat*.

Seniors Emily Chaffee, Josh Day, Kristen Dalbec and Jeff Dawley provided the editorial leadership for advisers Sr. Alice Marie and Sr. Emma Jean. The group gave up its free periods and after school time to produce the beautiful pages before you.

Mr. Slavin also had a gifted supporting cast in shaping the Award winning student newspaper. Heading the editorial staff were seniors Jenn Cuddy and Angelo Boccalini. Other veteran editors included Matt Damiano, Maiz Hogan, Amy King, Phoebe Price and Caitlin Gavin.

Indeed, the Publishing Room and Computer Lab were busy places in 1995-96.





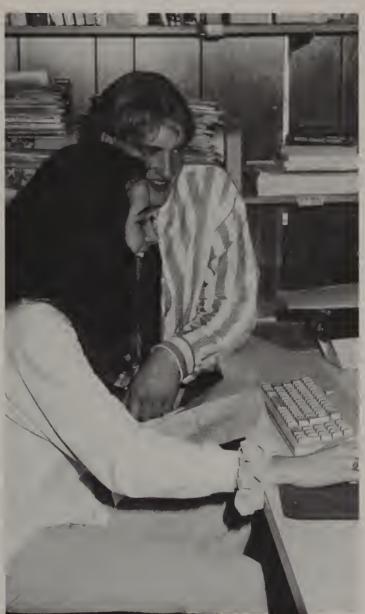








**Publications Corps**. (clockwise from left) Angelo Boccalini chooses photos with Maiz Hogan, Shannon Sullivan works on the PC, Jenn Cuddy edits an article. Phoebe Price takes a break, Kristen Dalbec and Jeff Dawley study a layout, Josh Day adds his expertise, Emily Chaffee thumbs through the photo file as another *Corric* deadline approaches, and Trevor Mahoney and Co. work in the lab.





Corric

#### SACRED HEART HISTORY STUDENTS PUBLISH "NOT-SO-ORDINARY AMERICANS"

Jamie Maiorano's grandfather Alfonso especially remembers September 2,1945. Not only was it his 19th birthday, it was also the day that World War Two ended; Kevin Cooper's father Gerald recalls his two, war-time tours of Vietnam and the physical and emotional wounds he still carries from that experience; Elizabeth Hickey's aunt Tricia Forde remembers the music and rain at Woodstock in 1969; Julia Loran's mother Sylvia remembers risking jail to escape Communist Hungary in 1974.

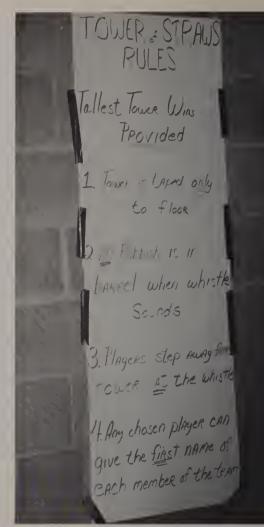
These stories and 42 others make up a collection of interviews called, "Not-So-Ordinary Americans," published by grade 11 U.S. History students at Sacred Heart High School, Kingston. For this book, students have interviewed grandparents, parents, other family members and friends about historical events and experiences that touched their lives. The result is a collection of personal historical accounts spanning more than half a century from Prohibition

to the San Francisco earthquake of 1989.

"The idea for the project was to have students see history in personal terms through the eyes of people they know, rather than through a dry, impersonal textbook account of events that sometimes seem so distant in time and place," said the students U.S. History teacher, Walter Lucier. "The student project goes beyond just facts, statistics, and dates and shows the student their own connections to history."

The next phase of the project is already a reality as Mr. Lucier has gone on-line with his oral history - New England High Schools Oral History Internet Archive.









Far right - Mr. Lucier and Al Samano at a press interview. Right -Charles McGillivary, the grandfather of Siobhan Ward, who received the Congressional Medal of Honor from President Truman.



On Monday, August 28, 1995, the Freshmen class of the year 1999, began its journey through Sacred Heart High School. The halls quickly filled with excited students renewing acquaintances with old friends and anxiously checking the homeroom lists posted outside of rooms 205, 209, 211, and 215. The morning was spent in the traditional manner. A veritable cornucopia of forms and schedules were filled out. Meetings were held to introduce the Class of '99 to representatives of the various clubs and organizations of SHHS, as well as the school administrators, faculty advisors and peer ministers.

After a refreshing lunch with their peer ministers, (thanks to Sister Dolores for all her help). The Freshmen enjoyed some ice breakers designed to let the newcomers to Sacred Heart (approximately one third of the class) mingle with the veterans from SHJHS. The favorite activity once again this year was the building of "Tower of Straws". Broken into random groups, the students had twenty minutes to erect the tallest tower, supported only by tape attached to the SAC floor. In order to be declared the winner, one member selected randomly from the group had to announce the first name of each teammate. The winning tower measuried 99 and 3/4 inches.

"This activity works well on several levels," said Freshman Moderator Mr. Duchaney. The kids get to know each other on opening day, which is really important to the newcomers.



Far left: - Margaret Ferguson & Lauren Crocker. Top -Heather Setterland, Michael Slepoy, Deirdre Catani & Lauren Sweeney. Above - Jonathan Mogul & Douglas Griffin.





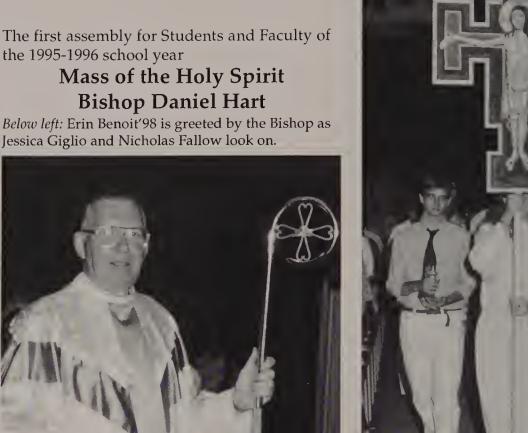
*Top* - Timothy Pearson, Laura Kailher and Will Manning work with others on their team. *Bottom* - Courtney Stonely checks on directions.

**RELIGIOUS STUDIES** PROGRAM—In accord with Sacred Heart's religious objective "to increase the awareness of individual and social relationships to God and to all people," through experiences are made available.

Student Handbook - P. 7.

cultivation of prayer and the sacraments, various religious







Sacred Heart High School Chapel **20 November 1995 Blessing of 1997 Class Rings** by Monsignor Robert McNeill



Right: Sister Emma Jean Middendorf, Junior Moderator, welcomes the Juniors to the Ceremony.



Left: Processional Cross, a Memorial to Father James Collins (deceased 1993), crafted by alumnus David Perrault '87 and painted by artist Evelyn Dunbar is carried by Siobhan Ward with Tom Otto in attendance.



Provident God, Creator of all life,

help us to understand that we are not self-suficient, but live in a world created by you a world of animals, mountains, seas and prairies,

a world of participants in your creative love.

Let us realize that we are intimately related to the entirety of creation.

May this communal consciousness with the planet lead us to find the sacred at the centre of the world.

May we open our hearts and our minds to Your message during these blessed days.

We open our hands and our hearts to be instruments of hope and healing for Your earth.

We commit ourselves to making Your Providence more visible in our world today and always.





*Above* - Freshmen Will Manning and Jonah Mikutowicz enjoy a few moments of quiet friendship on a sunny autumn day.

*Left* - Moments of reflection at the **Senior Retreat**, September 1995, as Caitlin Gavin reads. Father John Cappucci directed the day.



Smiles all around: Abby Wilkinson, Maria Robinson, Stacey Kinch, Annie Damiano at the Fall Sports rally.

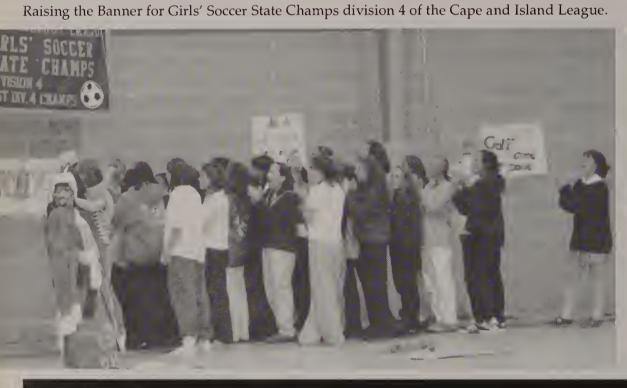


Bass Randy Gomes sings a World War II favorite *They'll be blue birds over the White Cliffs of Dover.* 



Cora Reilly's performance in *The Foreigner* captivated the audiences.

Mr. Gerald Golden's senior history class





## The RANDOM







Left - Lalitha Medarametla, Gina Montagna, and Amanda Freeman '95, finalists in the Shrewsbury speech tournament, March 5, 1995.. Middle: Super Trooper Erin Dean'98 reads something of an interesting nature in the course of a day. Right: Benjamin Levangie and Nicole Carbone, granddaughter of Brenda Connelly '60, collaborate on a German assignment.



Is there ever a time when someone isn't on the phone?



Shannon Sullivan, Shaun Patton, Emmy Murray ham it up in '70's clothes.



Sophomores in support of team classmates fill the SAC with screams.

dialogues on the effects of world events.



Liz Hickey and her two young Sacred Heart Pre-primary friends showcase the popularity of the Community Service program.



## ASSORTMENT of Pieces







Left - Sean Brady, like all photographers, frequents after-school events looking for that unique shot. *Middle* - What clowns have we here? Sarahjane Sacchetti and Dan Hale, Halloween '95. *Right* - Late afternoon, teachers E. Bolyes, G. Golden, and W. Lucier enjoy watching a soccer match.

# HOMECOMING PEP RALLY















































# G&BTRACK

**SCORES** 

**DID YOU KNOW** 

#### Boys Track:

SHC	<u> </u>	
91	45	
105	31	
114	22	
96	40	
104	32	
127	9	
Martha's Vineyard		
	37.5	
	105 114 96 104 127	

Overall Record: 8-0

Bristol Plymouth 107 29

#### Girls Track:

	SHC	<u>)pp</u>
Southeastern	106	30
Nauset	61	75
Harwich	63	73
Martha's Vineyard	147	80
W. Bridgewater	58	78

Overall Record: 1-4

- The average margin of victory: SH 104 Opp 31.
- •The Saints had at least one scorer in every regular season event.
- •Out of 125 individual events, the Saints swept 47 times.
- The 4 X 100m SH relay team was undefeated (9-0) on the season.
- •The Saints won the League Meet in style, scoring 150 points.
- After the Saints, the next closest score in the League Meet was 79 points.
- •The Saints scored in every event at the League Meet except for the Javelin.
- •The team had 7 League All-Stars.
- 10 athletes qualified for the States in at least one event.
- •8 athletes participated in the States.
- •2 athletes advanced to the All-State Meet.









Top Picture in Scorecard. Front Row: Keveney Loane, Jen Boucher, Robin Patton, Kathryn McRae, Phoebe Price, Nicole Silvestri, Laura Lignowski, Patricia Cubellis, Tia Finley. Middle Row: Laura Grillo, Erica Howland, Leanne Silva, Claire Sutherland, Meghan O'Shaughnessy, Lesley Hall, Amanda Constantine, Marianne Hogan, Karen McDonald, Deirdre Salamone, Jessica Giglio, Stacey Kinch. Back Row: Coach Gallitano, Jen Taylor, Kim Patton, Adrienne Newcomb, Erin Callahan, Kathy O'Donnell, Tricia Fagan, Sarahjane Sacchetti, Shannon Sullivan, Christine Kelleher, Margaret Perry, Suzanne Jacobson, Anne Damiano, Kristen Dalbec.

Bottom Picture in Scorecard. Front Row: Coach Tolson, Doug Amorello, Chris Moeller, John Delano, Chris Hopkins, Kevin Cooper, Sean Sullivan, Kevin Thomas. Middle Row: Nick Fallow, Adam Balzarini, Matt Michalek, Shane Murray, Matt Thomas, Ryan Cox, Adam Young, Al Samano, Mark Balzarini, David Wroe, Greg Samos, Eduardo Calapiz, Geoff Anstatt, Steven Patton, Coach Strohschneider. Back Row: Shaun Patton, Kevin Cohen, Chris Bardo, Matt Doller, Mike Mayers, Matt Tavares, Geoff Miskinis, Kevin Thorley, Andrew McFarland.

















# SOFFBALL

**SCORES** 

DID YOU KNOW

	<u>H</u>	$\underline{V}$
Nantucket	5	12
Coyle Cassidy	1	16
Nauset	3	14
Bristol Plymouth	27	25
West Bridgewater	2	22
Blue Hills	14	23
Westport	1	17
Holbrook	2	11
Southeastern	9	24
Nauset	13	12
Blue Hills	7	9
Bristol- Plymouth	15	10
Westport	5	6
Holbrook	7	12
West Bridgewater	0	6
Southeastern	12	11
Scituate	5	20
Coyle Cassidy	2	26

 The saints moved from the Small School to the Large School Division of the Mayflower League in 1995.

• Kerri Gillis - the quintessential Fighting Saint - filled in at the mound at one of the final games to bring the Saints to victory. Pitching was a task she hadn't done in two years!

- Beth Donovan was Rookie of the Year.
- Most versatile player is a distinction captured by Casey Troy.
- Danielle Doucette was dubbed the most dedicated player.
- The most valuable player award went to Kerri Gillis.
- The middle names of the team members were:
  Seniors—Ann, Ellen,
  Catherine–Allison, and
  Christine; Juniors—Sheridan,
  Catherine, Elizabeth (2), and
  Rita; Sophomores and
  Freshmen—Cynthia, Marie,
  Ann (2), Lynn, Raye, and Lee.
  Can you match them?











Top left: Girls' Varsity Softball Team—(L-R) Front Row: Amy King, Danielle Doucette, Danielle Baragwanath, Kristy King, Ericka Krul, Beth Donovan, Cheryl Greenwood; Second Row: Chrissy Sullivan, Kerri Gillis (Captain), Maria Robinson, Maureen Sammon, Mary Howard; Not shown: Casey Troy, Amy Quintal, Siobhan Ward, Charity Pettepit. Bottom left: Girls' Junior Varsity Softball Team—(L-R) Front Row: Dara Such, Lauren Virta, Sarah Bombardier, Heather Blante; Second Row: Catherine Manning, Jennifer Cubellis, Rachael Levangie, Emily Mason; Not Shown: Kate Sweeney, Maureen Mullen, Jesse Costa, Melissa Melia.











Answer Rey to Middle Vances—Senoiss form Ann Cillis, Lasey Blien Troy, Maureen Catherine-Allison Sammon, Amy Carrey Blison Sammon, Amy Busheth Mary Churash, Juniors. Damille Sheridan Doucette, Mary Charlity Churlis, Pettepti, Danielle Mary Charlis, Blisabeth Mary, Cophomores and Freshmen. Charlity Cynthia Pettepti, Danielle Marie Baragwanath, Both Ann Donosan, Cheryl Lynn Greenwood, Maria Ann Robinson, Brieda, Baye Lvul, Krasty Lee King.

Top: Varsity Baseball Team: (left to right) First row: Brian Asp, Brian Benson. Second row: Keith Sherwood, Mike Halloran, PJ DuWors, Doug Griffin, Matt Damiano, Tom Gabriel. Third row: Dave Cirelli, Coach Boyles, Scott Christianson, Dave Sacchotti Scott Christianson, Dana Sacchetti, Dave Rogers.







#### VARSITY SCORES

#### JV SCORES

700000000000000000000000000000000000000			
South Shore	3	5	Nause
Avon	2	5	Avon
Nauset	5	12	Nause
Old Colony	0	18	Od Co
Upper Cape	9	2	Cape
Cape Cod Tech	9	5	Dimai
Diman	2	12	Bristo
Bristol-Plymouth	2	9	South
South Shore	18	1	Bristo
Bristol-Plymouth	2	6	Upper
Upper Cape	3	8	Dimar
Nauset	6	14	Old C
Diman	4	16	Cape (
Old Colony	0	6	Avon
Cape Cod Tech	9	4	
Avon	0	3	
Westport	2	12	
Westport	1	11	
_			

#### **DID YOU KNOW**

- It was a rebuilding year.
  The team sports a lot of young talent.
  This year has been a good experience for them as a team.
  Excellent leadership was provided by captains
- provided by captains Dana Sacchetti and Scott Christianson

Nauset	8	9
Avon	11	6
Nauset	0	15
Od Colony	3	34
Cape Cod Tech	14	9
Diman	5	8
Bristol-Plymouth	17	9
South Shore	19	4
Bristol-Plymouth	2	17
Upper Cape	1	0
Diman	3	20
Old Colony	12	6
Cape Cod Tech	10	11
Avon	18	1









Front row: (l-r) Brian O'Meara, Nicholas Crowley, James Murphy, Theodore Liddell. Second row: Rusty Geldmacher III, Sean Sullivan, Francesco Coppola, Eben Bubbins. Also: Angelo Boccalini, Michael Kandianis, and James Kennedy.

## G&BTENNIS G&BTENNIS

**SCORES** 

DID YOU KNOW

#### Boys:

20,00		
•	<u>H</u>	$\underline{V}$
West Bridgewater	4	1
Chatham	3	2
Diman	4	1
Martha's Vineyard	1	4
West Bridgewater	5	0
Diman	4	1
Chatham	2	3
West Bridgewater	4	1
Harwich	0	5

- Sacred Heart's home court is the Eel River Beach Club in Plymouth.
- The girls' coach, Mike Davis, is also a tennis pro at Kingsbury Club.
- Fran Copolla was the *Most Improved Player* for the Boys' team.
- The pink jerseys of the tennis teams add spring color to the traditional blue and white.



Front row: (l-r) Susan Harju, Lindsey DiBona, Emily O'Connor. Second row: Heather Eshbaugh, Emily Chaffee, Kristin Winterson. Third row: Brenna Cussen, Emily Hall. Also: Julie Harju, Christina Battista, Lydia Halunen, Lauren Works, and Suzanne Fortini.















Front row: (l-r) William Manning, Coach Boyles, Brian Benson, Andrew McFarland, Jay Shepard, P.J. DuWors, Scott Bowden, Jeffrey Barry, Theodore Parker. Also: Trevor Mahoney, Sean Sullivan, Dan Langley, and Steve McIntyre.

## 69LF

**SCORES** 

**DID YOU KNOW** 

Н	V
$6^{1}/_{2}$	$2^{1}/_{2}$
6	3
8	1
$2^{1}/_{2}$	$6^{1}/_{2}$
$^{1}/_{2}^{-}$	$8^{1}/_{2}$
4	5
5	4
$5^{1}/_{2}$	$3^{1}/_{2}$
7	0
$2^{1}/_{2}$	$6^{1}/_{2}$
9	0
$2^{1}/_{2}$	$6^{1}/_{2}$
6	3
9	0
Third	
9	0
9	0
9	0
3	6
	6 <sup>1</sup> / <sub>2</sub> 6 8 2 <sup>1</sup> / <sub>2</sub> 4 5 5 <sup>1</sup> / <sub>2</sub> 7 2 <sup>1</sup> / <sub>2</sub> 9 2 <sup>1</sup> / <sub>2</sub> 9 7 9 9

- Senior Jay Shepard has been a starter for the Golf Team since his freshman year.
- After a long history of playing at North Hill in Duxbury the Saints will be finding a new home course due to new ownership.
- •The golf team played at some very exclusive courses including Eastward Ho, Bally Meade, Cranberry Valley, and Farm's Neck (where Clinton played during his vacation on Martha's Vineyard.)





# B&G

#### **SCORES**

#### DID YOU KNOW

	SH C	Орр
Boys:		
Óld Rochester	18	37
Harwich	21	38
Bristol Aggie	40	38
Carver	15	48
Tri-County	19	36
Norfolk	15	42
Old Colony	19	36
Diman	30	25
Westport	19	38
Nauset	34	23
Bristol Plymouth	25	34
Avon	25	30
Upper Cape	18	42
Southeastern	19	39
Blue Hills	20	37
Holbrook	19	42
West Bridgewater	17	43

Girls: Old Rochester 17

Harwich 33 22 20 41 Bristol Aggie Carver 29 28 Norfolk Aggie 20 41 Old Colony 50 15 Diamon 28 32 Nauset 35 20 Avon 35 20 29 Holbrook 26 West Bridgewater 24

- The team tied for 2nd overall with Westport at 11-2.
- They were first overall in the Mayflower League Small Schools Division.
- They were the Small Schools champions.
- The team came in third out of fourteen at the league
- The Most Valuable Players were Shaun Patton and Jennifer Taylor.
- Jon Mogul and Kristen George were Rookies of the
- Chris Hopkins and Claire Sutherland received the Coach's Award.
- Matt Damiano received the Leadership Award.
- Outstanding contributions to the Cross Country program were made by Mark Balzarini.
- The Most Improved Player was Patricia Cubellis.
- Jon Mogul, Mark Balzarini, Shaun Patton, and Chris Hopkins were named All-Stars.
- Senior Awards went to Charlene Slowey and Chrissy Sullivan.





Boys Cross Country- (L-R): Christopher Hopkins, Mark Balzarini, Mitchell Daley, Abdu Nessralla, Matthew Damiano, John DeLano, Michael Mayers, Matthew Michalek, Jonathan Acorn, Kevin Thorley, Jonathan Mogul, Ryan Cox, Curtis Berglund, Brian Asp, Shaun Patton. Girls Cross Country - (L-R): Laura Grillo, Meghan O'Shaugnessy, Kristin Winterson, Christine Sullivan, Krysten George; Not Shown: Claire Sutherland, Charlene Slowey, Allison Parker, Patricia Cubellis, Keveney Loane, Jennifer Taylor, Christina Williams.

















# SOCCER

**SCORES** 

DID YOU KNOW

#### Η V 0 Chatham Old Rochester 1 3 Barnstable Oliver Ames 2 3 Silver Lake 1 3 Nauset 3 Holbrook 4 Harwich 0 Notre Dame 4 Old Rochester 0 Martha's Vineyard 3 Nauset 2 3 Silver Lake Harwich 0 Notre Dame 3 Chatham Martha's Vineyard 5 1 Holbrook 1 Mt. Alvernia Westsood

- •The varsity girls' team played an impressing seven interdivisional games, five of of which were won by Sacred Heart.
- •Marianne Hogan was the team's captain for two years consecutively.
- •The Most Valuable Award was given to two people this year: Erin McMenamy, and Stacey Kinch.
- •Sacred Heart was the first school to win the division three State Championship.
- •There were only two seniors on the varsity team this year: Amanda Constantine, and Marianne Hogan.







Top Left - (L to R) 1st Row: Jennifer Boucher, Lesley Hall, Lindsey DiBona, Erin McMenamy (Captain), Marianne Hogan (Captain), Amanda Constantine, Julie Battista, Regina Welch, Stacey Kinch, Anne Damiano. 2nd Row: Erin Benoit, Cara Cappellini, Shannon Riley, Jessica Giglio, Adrienne Newcomb, Melissa Kustanovitz, Karen Benson, Kimberly Patton, Kristy Benson, Charity Pettepit, Maria Robinson, Ericka Krul.

Bottom Left - (I to R) 1st Row: Courtney Stonely, Corey Wilson, Deirdre Salamone, Suzanne Jacobson, Anna Boccalini. 2nd Row: Jennifer Burke, Ashley Beecy, Emma Decot, Erin Cox, Shawna Slowey, Kerry Bracken. 3rd Row: Jennifer Fallows, Cheryl Greenwood, Ana DeApraiz, Julie Benson, Susanne Leslie, Lauren Sweeney. Also: Lindsey Garrant, Leanne Silva

















### SOCCER L

**SCORES** 

DID YOU KNOW

	<u>SH</u>	<u>Opp</u>
Blue Hils	2	3
South Shore	7	1
Nauset	0	5
W. B-water	6	2
Tri- County	5	0
Southeastern	7	0
Harwich	2	2
Diman	2	2
Bristol-Ply	5	2
Westport	1	4
Hull	6	3
Holbrook	0	4
Diman	4	3
Harwich	3	1
Nauset	2	11
Bristol-Ply	2	4
Westport	0	3
Holbrook	1	5
Millis	1	5

- The Sacred Heart Soccer Program has had at least two players each year that have made the Eastern Massachusetts All-Star Team since 1989.
- Former Sacred Heart sweeper, Billy Clifford, will be playing on the U.S. Soccer Team in the upcoming Olympic Games.
- Sacred Heart has been in the Tournament Play-offs consecutively since 1988.
- Three seniors received awards at the Fall Sports Banquet. Kevin Cooper was awarded the Captain Leadership Award, Geoff Anstatt was named MVP, and Angelo Boccalini was given the Coach's Award.
- The Rookie of the year award was given to Randy Gomes, while Billy Last received the Most Improved award.







Top - Varsity (L to R)1st row: Jonathon Niland, William Last, Greg, Kelley, Michael Slepoy, James Andrade, Pat Coughlin, John Donahue. 2nd. row: Greg Milewski, Ryan Reidy, Greg Samos, Angelo Boccalini (Capt.), Kevin Cooper (Capt.), Kevin Thomas, Randy Gomes, Adam Balzarini, Coach Richard Sholtanis. Also: Geoff Anstatt (Capt.), Francesco Coppola, Eben Bubbins, Brian Asp, Douglas Amorello, Kevin Thorley. Bottom - JV (L to R):1st. row: Joseph Wagner, Michael League, Gregory Thomas, Michael Brady, Jeffrey Amorello, David Okalita. 2nd. row: Brian Dahlen, Nick Fallow, Shane Murray Matt Doller, Paul van Steensel, James Murphy, Chris Moeller. Also: Coach Thorley.















# VOLLEYBALL

#### **SCORES**

#### **DID YOU KNOW**

The same that th	
@ Old Colony	2-1
@ Blue Hills	2-0
Notre Dame	2-0
Bristol-Plymouth	2-0
@ Southeastern	2-0
Norton	2-1
Holbrook	2-0
@ Westport	2-0
@ Bristol-Aggie	2-0
@ Tri County	2-0
Old Colony	2-0
Norfolk Aggie	2-0
@ Avon	2-1
Upper Cape	2-0
Blue Hills	2-0
@ Bristol-Plymouth	2-0
Southeastern	2-0
@ Norton	2-0
@ Holbrook	2-0
Westport	2-0
vvestport	2-0
Regular Season	20-0
EMASS Tournam	nent
Old Colony	3-0
Avon	3-0
Case (@ Wheaton)	0-3

<ul><li>That</li></ul>	the Sair	nts l	nad	their
only	perfect	sea	son	at 20-0
	•			

- This was the first team to advance as far as the South Sectional Finals...
- The Saints ended Southeastern's 61-match home winning streak...
- Jenn Cuddy and Mary Howard were All Stars for two consecutive years...
- •Middle hitters Emily Hall and Mary Howard combined for over 200 kills...
- •Nicole Silvestri had the highest serve percentage (.925) in Saint history...
- Coach Slavin got his 100th career win in the Semis...
- Jenn Cuddy was the first four-year varsity player...
- There was not a dry eye after the win at Avon...
- Emily Chaffee originated the "E-Hall" cheer...
- Danielle Doucette and Nicole Silvestri "play big"...
- This team loves to eat...
- •That Junior Olympics and summer camp at Wesleyan are a way of life...











League Champions (at left): Mary Howard, Jenn Cuddy, Emily Chaffee, Danielle Doucette, Emily Hall, Jesse Costa, Brenna Cussen Nicole Silvestri, Kristen Dalbec, Coach Slavin, Lisa Archibald, Liz Hickey, Christina Chaves, Siobhan Ward, Karen McDonald and Jenn Murphy. (not shown: Kristy King)





Clockwise from left: stretching at Wheaton, Mary Howard passes, Danielle Doucette spikes, the team shakes hands with Westport, Kristen Dalbec digs a ball, Jenn Cuddy poises to attack, Nicole Silvestri prepares to back-set and Emily Hall notches another spike kill against Avon.



row 1 (l-r): Julie Battista, Charity Pettepit, Liz Hickey, Maria Robinson, Suzanne Jacobson. row 2 (l-r): Kristin Winterson, Karen McD, Ashley Beecy, Courtney Stonely, and Christine Kelleher.

# BASKETBALL

VARSITY
---------

#### JUNIOR VARSITY

		WORLDOWN THE RESIDENCE OF THE SECOND STREET, THE SE		and a state of the	
	<u>SH</u>	Орр		<u>SH</u>	Орр
Seekonk	29	28	Seekonk	18	44
Blue Hills	54	37	Blue Hills	50	13
Norton	27	50	Norton	26	62
Norton	58	57	Norton	33	43
W. Bridgewater	31	45	W. Bridgewater	28	43
Avon	54	32	Avon	20	13
Westport	47	42	Westport	26	42
Holbrook	52	29	Old Colony	44	24
Old Colony	46	33	Southeastern	37	23
Southeastern	63	39	Westport	26	42
Westport	45	31	Bristol Plymouth	34	10
B. Plymoouth	69	41	Holbrook	47	38
Holbrook	45	30	Fairhaven	33	23
Fairhaven	30	49	Spellman	38	56
C. Spellman	40	72	Southeastern	43	33
Southeastern	55	50	W. Bridgewater	33	53
W. Bridgewater	48	63	Falmouth	20	53
Falmouth	50	66			
Medfield	33	60			
Arlington Cath.	35	58			
Ashland	40	54			



Coach Martha Ready gives Karen her trophy on awards night.





(Above, left-right) Julie Battista takes a three-po



Karen McDonald and Julie Battista



Stacey Kinch concentrates on the ball.







rity Pettepit takes the ball in to the hoop, Karen McDonald makes a pass at her teammate, Battista goes in for the layup.



Courtney Stonely takes a foul shot.





Karen Benson and Stacey Kinch, aprés practice.



# BASKETBALL

**SCORES** 

DID YOU KNOW

#### VARSITY SH OPP Old Rochester 43 65 59 Cohasset 68 Whitman Hanson 52 50 Westport 51 44 Bristol Plymouth 48 42 Blue Hills 59 65 Diman 69 56 West Bridgewater 39 51 72 71 Diman Westport 69 54 Southeastern 71 49 **Bristol Plymouth** 57 48 Old Rochester 43 38 Holbrook 75 54 Blue Hills 73 74 43 West Bridgewater 60 38 Southeastern 67 70 Carver 57 Bourne 67 54 Tri-County 73 41 Dover-Sherbourne 74 59 Avon 72

Overall Record: 19 wins 4 losses

#### JUNIOR VARSITY

	<u>SHOPP</u>	
Carver	48	60
Old Rochester	46	62
Westport	36	62
Bristol Plymouth	53	42
Holbrook	40	27
Blue Hills	26	41
Diman	36	55
West Bridgewater	31	44
Diman	27	40
Westport	43	57
Southeastern	51	53
Bristol Plymouth	59	45
Old Rochester	42	71
Holbrook	58	46
Blue Hills	46	33
West Bridgewater	37	39
Southeastern	60	55

Overall Record: 6 wins 11 losses

- David Casinelli scored 1044 points in his 3 year career on varsity.
- The Saints beat their first Tri-Valley team, Dover Sherbourne.
- Kevin Cooper is only the second player to play and start all 4 years on varsity.
- Coach Foresta finished with 184 wins.
- The Fighting Saints held 11 opponents under 50 points.
- The team shot 63% from the foul line.
- •WE HAD A GREAT SEASON!
- The JV boy saints won 4 of its last 6 and 3 of its last 4 games.
- Chris Merrill shot 13 for 16 in free throws as the Saints beat Southeastern in over time.
- •Nick Crowley made 22 three pointers and averaged 13.4 points per game.
- •Chris Moeller led the team in free throw percentage at 83%.
- Jim McIntyre attempted 54 foul shots in the season, leading the team.
- •Doug Griffin scored 111 points during the season, second to Nick Crowley with 201.
- The team was 6 and 8 in the league.







First Row: Tom Gabriel, Matt Hall, Doug Griffin, Chris Moeller, Second Row: Jim McIntyre, Matthew Betts, Nicholas Crowley, Ted Parker, Randy Gomes, Matthew Doller, Brian O'Meara, Chr Merrill, Mitchell Daley, Trevor Mahoney, James Andrade, Mr. Strohschneider (Coach)



First Row: Fran Coppola, Andrew McFarland, Kevin Cooper (Captain, All Star), David Casinelli (Captain, All Star), Vinny Lifrieri, Brian Centofanti, Second Row: Kerin Mayers, Brian Asp, Ryan Cox, Matthew Betts, P.J DuWors, Mark Balzarini, Mr. Strohschneider (Assistant Coach), Mr. Foresta (Coach)











Above: (L-R) Front row: Michael Alosi, Jeffrey Barry, Christopher Chaves, Jonathan Mogul, Christopher Florentine. Back row: Benjamin Oliver, Matthew Harrington, Coach Bill Benson, Captain Daniel Thompson, Gregory Kelley, Sean Cunnigham, Curtis Berglund.

### FRESHMAN BASKETBALL BASKETBALL

#### **SCORES**

#### DID YOU KNOW

	<u>SH</u>	Орр
Carver	42	63
Upper Cape	41	27
Wesport	20	56
Southeastern	35	40
South Shore	54	39
Diman	31	48
Tri county	57	39
Old Colony	60	40
Bristol Plymouth	54	35
Upper Cape	66	57
Westport	27	48
Southeastern	20	44
Old Colony	57	45
South Shore	60	52
Blue Hills	32	44
Diman	50	57

- Chris Merrill was brought up to the JV team half-way through the year, having averaged 25 points and 10 rebounds a game. After a tough start, the
- After a tough start, the team went on to have a four game winning streak.
  With an overall record of 8
- With an overall record of 8
  wins and 8 losses this year,
  the team has had 25 wins
  and 10 losses in the last
  two years..









### SHHS Varsity Cheerleading



above) Front Row- Emmy Murray, Colleen Gallagher, Amanda Vaughan, Meghan O'Shaughnessey, Bhannon Sullivan, Allison Parker; Back Row- Shawna Slowey, Chrissy Sullivan, Rebecca Symes.

#### ROCK STEADY:

ROCK STEADY OUR TEAM IS REALLY READY. WE'RE GONNA ROCK, ROCK, ROCK, ROCK, SIEADY-EDDY-EDDY-ROCK!

#### **MIGHTY:**

WE ARE THE MIGHTY
KINGSTON TEAM WE'RE
GONNA ROCK THIS TOWN
TO A VICTORY, HIT IT!

#### **SAINTS:**

SAINTS IS OUR NAME.
HOOP IS OUR GAME. BLUE
IS THE COLOR, WHITE IS
THE OTHER. OHH, WE
THINK WE'RE BAD. OHH,
WE KNOW WE'RE BAD.
OHH, WE'RE REALLY BAD.
OHH,OHH,OHH YA!



Above:: Cheerleaders Shannon Sullivan, Allison Parker and Colleen Gallagher strike a pose. Right: Are you ready to get started?! Varsity Cheerleaders Allison Parker, Rebecca Symes, Emmy Murray, and Colleen Gallagher get the crowd into the spirit, and the boys ready to win. Below: Best Buds-Emmy Murray, Amanda Vaughan, and Meghan O'Shaughnessey.





#### Cheerleaders (95/96)

Seniors

Captain Melissa Steele Chrissy Sullivan

**Juniors** 

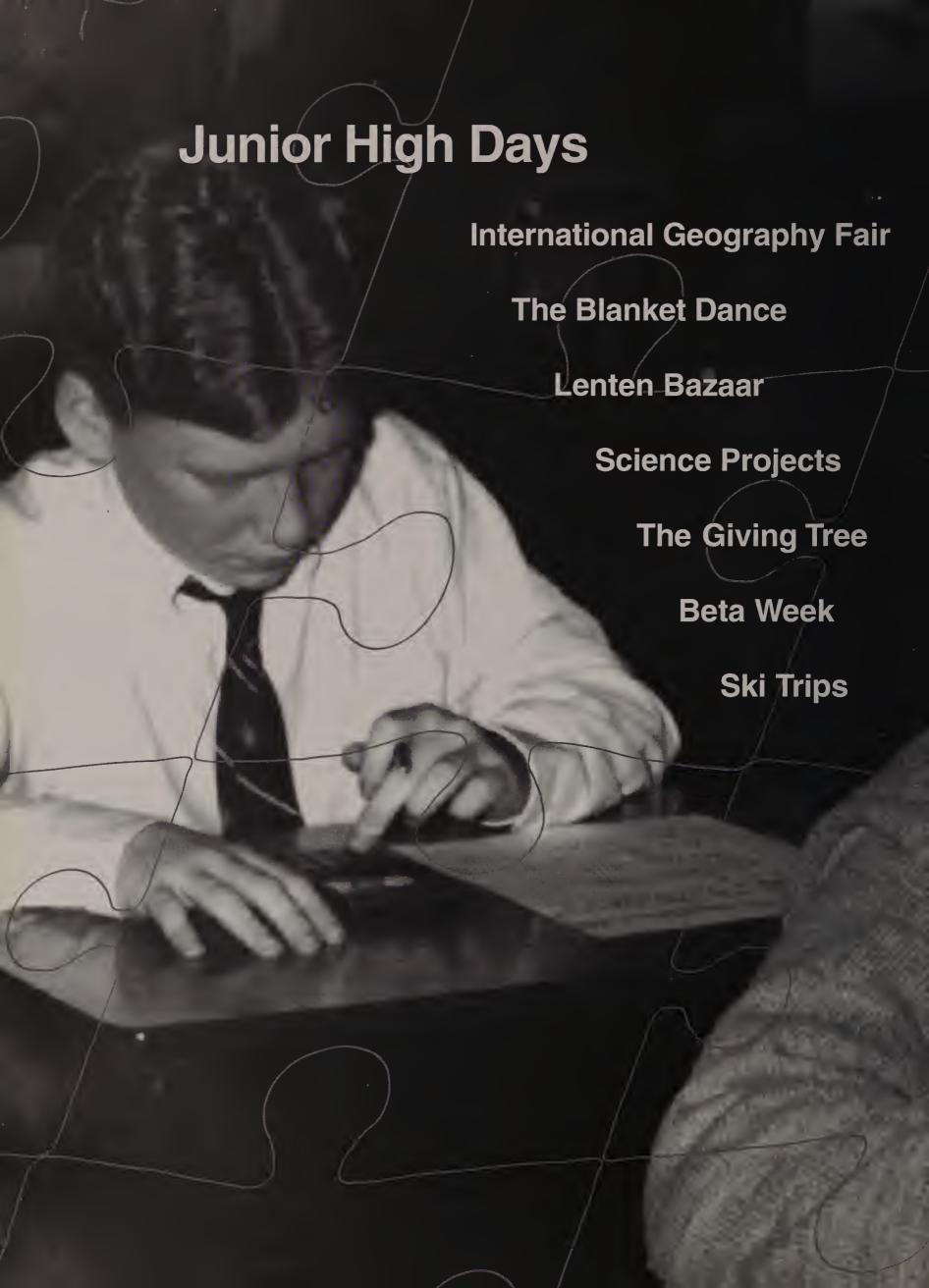
Amanda Vaughan Meghan O'Shaughnessy Allison Parker Emmy Murray Shannon Sullivan

Sophomores

Jenn Boucher Jessie Giglio Colleen Gallagher

Freshmen

Shawna Slowey Rebecca Symes







Members of the class count among their favorite TV shows –Friends – Home Improvement – The Simpsons

Top favorites in music include alternative and rock - Boyz II Men

They can be found munching on pizza, subs, pasta or Chinese food.

Their dreams are global. Future adventures include Hawaii, Ireland, Italy and the great rain forests.

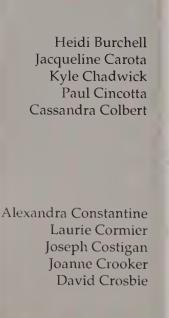
> Right: Joe Mahoney and Jay Taddia "Mexicans" for the International Festival



David Allard Elisabeth Aniolowski Eric Arsenault Nicole Arsenault Lauren Asp



Heidi Burchell Jacqueline Carota Kyle Chadwick Paul Cincotta Cassandra Colbert





In sports soccer is number one. Horseback riding and skiing offer personal challenges to many.

Our heros - Mom and Dad!



Courtney Murray and Jay Taddia join seniors Nicole Silvestri, Angelo Boccalini, Al Samano IV and Rosa-Mai Kueblbeck as Sacred Heart's representatives at Plymouth's 375<sup>th</sup> anniversary celebration. Chief Justice David Souter was present to swear in 102 new citizens. The number 102 commemorates the 102 passengers on the *Mayflower*.

Michelle Kelly Taylor Kirby-Madden Zara Konarski Kara LaBrie Benjamin Levangie

> Matthew Lieb Amanda Lydon Kathryn Lynch Joseph Mahoney Jr. Brendan Maloney

Meghan McCluskey Mark McGovern Rachel McKinley Jane McKinney Christine McManus

Michael McMullen Ryan Melia Brett Melville Joanna Mikutowicz Kristen Modlowski





















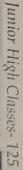
















Left: Joseph Costigan presents his science fair entry for parents and friends during Sacred Heart Science Night. *Above*: Alicia Fernandes, Jesse Denius and Daniel DaRosa referencing social studies in the library.



Courtney Murray Ryan Nagle Caitlin Negethon Jane O'Connor Matthew Offiler

Amy Otto Lillian Parker Stephanie Peckham Corrine Popp Julia Richard

Kurt Roach Frank Rubino Lillian Ryan Matthew Sacchetti Kristen Samos

Virginia Shaw Jillian Skelly Lindsey Starr Matthew Stephens Jordan Strong



Above: Marie Provenzano takes the ball down field for the "Saints" during a Cranberry League soccer game. Right: Jordan Strong displays his best for Beta Hat Day.



Kathleen K. Sullivan James Taddia Ryan Thorley Mattie Tigges

Adam Turner Ross Turner Kevin vanSteensel Sarah Vendetti

Annemarie Wall Matthew Wheland Peter White Margaret Wilkinson

Mark Williams Robert Williamson Kerry Winterson Alexandrea Zappala







Favorite TV shows for the members of the class of 2001 include -Friends -The Simpsons - Seinfeld Top favorites in music range from alternative to any kind! Pizza and pasta top their favorite foods list.

Travel will take them to Europe and maybe even outerspace.

Soccer and basketball are favorite sports.

And heros are parents and family.

Rachel Paronish, Jamie Chipman and Stacy Czarnowski enjoy a moment of sharing.



Shauna Ahearn Matthew Andrade Lindsay Anstatt Ashley Atkins Ioshua Baker

Matthew Beach Christopher Beasley Jessica Boulette Joseph Bowden Ashley Buchanan

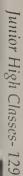
Brett Buckingham Andrew Burns Pauline Burokas Stephen Cahill Sean Candlish

Jamie Chipman Lauren Clancy Matthew Cleveland Sean Coakley Joshua Cole

128 - Junior High Classes

Christian Cooper Blake Correa William Coughlin David Cowing Jessica Crooker Stacy Czarnowski Daniel DaRosa Stephan Delbos Jesse Dinius Alexander Drummey Anna Dukess Matthew Easterbrooks Kerryn Feehan Timothy Feeney Alicia Fernandes Brian Fitzgibbons Gavin Frazier Jesse Gallante Kevin Gallerani Ryan Garrant Marcy Gladdys Timothy Graham Peter Greenwood Mark Gronberg William Harvey Christopher High Jacqueline R. Hirtle
Tyler Hogan
Philip Hudson
Gina Jacobs Carolyn Jacobson Emily E. Johnson Melissa Jones

Michael Joyce Adam King





Left: Ms. Kathleen Casey, a 1995-1996 Providence Volunteer, enriches the junior high program with individual tutoring for Rory Morse. *Below*: Jennifer Hurley and Brett Melville explore some history.





Katherine Kolkmann Matthew Kustanovitz Samantha Larkin Kathryn League Bradford Lemieux

Michael Lynch Danielle Maniscalco Desiree Maniscalco Kelly Marra Kelley McLaughlin

Joseph Mellina Danielle Mignosa Joanna Miller Michael Miragli Rory Morse

Sarah Muller Hilary Newcomb Elizabeth Oliver Rachel Paronic Katherine Perkins



Whitney Robbins Ashley Rodrigues

David Ryan Christian Scampoli Jaquelyn Scharnick Michael Schena Elizabeth Schiffmann

Elizabeth Shields Jason Shirvani Victor (Reed) Sibley Patricia Snell Ryan Starr

Gabrielle Strahl Mark Sullivan Michael Taylor Kevin Touhey Jason Velez

Samantha Vopat Jonathan Walker Maureen Welch William White Janet Williams

Kristen Wood Jennifer Zeoli









### Junior High Student Council





Above: Eighth Grade Student Council officers and representatives: (clockwise from far left): Melissa Healey (Treasurer), Kerry Winterson (Secretary), Kristen Modlowoski, Taylor Bodrie, Jay Taddia, Courtney Murray, Ryan Nagle, Cassandra Colbert (Vice-president) and Sarah Banks (President). Right: Seventh Grade Student Council representatives: Front row (R to L): Stephan Delbos, Jessica Crooker, Joseph Bowden. Back row: Blake Correa and Christian Cooper.

The Student Council helps out many different organizations in a variety of ways. Members sell nachos periodically to raise money for scholarship funds. Admission to the *Blanket Dance* was a blanket for a person at the Pine Street Inn. At Thanksgiving the student council organized a food drive in which each homeroom representative decorated a box. The members of the class contributed cans of food. The food collected benefited the people at Pine Street Inn.

Members also collected and wrapped cosmetics for Rosie's Place, and shirts for the Sisters of Divine Providence mission in Santo Domingo, Dominican Republic. Retired Sisters knitted hats and mittens which were wrapped for the homeless and poor people on the South Shore and Cape Cod.

### White Key Club



White Key Club: 1st row, (L to R) Melissa Healey, Kelly Emerson, Jane McKinney. 2nd row: Kristen Modlowski, Ben Levangie, Jane O'Connor, Ashley Buchanan, David Crosbie, Jay Taddia, Paul Cincotta. 3rd and 4th row: Joanne Crooker, Anne Marie Wall, Katie Perkins, Lisa Halloran, Kara LaBrie, Alexandra Constantine, Christen Fitzgerald, Amy Otto, Jessica Crooker, Melissa Jones, Jacqueline Carota.



#### National Junior Beta Club Week March 5 - March 11, 1995



Beta Club Members 1995-96 - Front Row (L-R): Michael McMullen, Joseph Mahoney, Brandon Eldredge, Elisabeth Aniolowski, Alicia DeGiandomenico, Sarah Banks, Amy DellaPosta, Courtney Murray. 2nd Row: Taylor Bodrie, Lillian Parker (Vice President), Jennifer Kelleher, Benjamin Levangie, Mark Williams, Ryan Thorley, Kerry Winterson. 3rd Row: Alexandra Constantine, Melissa Bernat, Corinne Popp, Amanda Lydon, Kathleen Sullivan, Kristen Samos, Caroline Dube (Treasurer). 4th Row: Laurie Cormier (Secretary), Kristen Modlowski, Kristen McManus, Zara Konarski, Katie Ryan, Jane McKinney, Kathryn Lynch. Also: Elizabeth Dube (President), Sr. John Francis (Moderator)



Jonah Mikutowicz addresses the Assembly.



The Honor Pledge taken by the new Inductees.



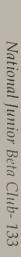
Symbolic candles lit for Scholarship, Leadership, Character and Service.



Presents for parents and teachers.



Lillian Parker get a surprise from Mrs.Jane Enos.





A smiling Timothy Pearson.



Julie Battista and Shauna Slowey happy to be Beta Members.



Laura Centofanti and her parents.



Future leaders!



The moderator Sister John Francis in Service.

Let us lead by serving others

Seventh and eighth grade chorus members in The Wonderful Magic of Music May 5 & 6, 1995 and Christmas, the Season of Dreams December 15 & 17, 1995.

> Christen Fitzgerald -Voice Recital April 5, 1995





Shawna Slowey - Little Lady Make Believe



Rebecca Symes - Beautiful Things

#### Eighth Grade Chorus

Elizabeth Aniolowski Kara LaBrie Nicole Arsenault Lauren Asp Sarah Banks Melissa Bernat Taylor Brodie Heidi Burchell Jacqueline Carota Cassandra Colbert Joseph Costigan Joanne Crooker Julie Damiano Amy Della Posta Myla Donovan Elizabeth Doolan Caroline Dube Elizabeth Dube Danielle Duchaney Brandon Eldredge Jennifer Green Melissa Healey Ali-Elizabeth Held Erin Hillier Sarah Holway Jennifer Hurley Erin lones

Benjamin Levangie Amanda Lydon Meghan McClusky Rachel McKinley Jane McKinley Christine McManus Joanna Mikutowicz Kristen Modlowski Courtney Murray Caitlin Negethon Amy Otto Lillian Parker Stephanie Peckham Julie Richard Frank Rubino Lillian Ryan Kristen Šamos Virginia Shaw Jillian Skelly Lindsey Starr Kathleen Sullivan Mattie Tigges Ross Turner Sarah Vendetti Annmarie Wall Taylor Kirby-Madden Margaret Wilkinson Alexandrea Zappala





Cello soloist, Sarah Vendetti, with a moving rendition of Ave Maria

#### Seventh Grade Chorus

Shauna Ahearn
Lindsay Anstatt
Joseph Bowden
Ashley Buchanan
Pauline Burokas
Matthew Cleveland
Jesse Dinius
Anna Dukess
Matthew Easterbrooks

Gavin Frazier
Melissa Jones
Katherine Kolkmann
Samantha Larkin
Danielle Maniscalco
Desiree Maniscalco
Kelly Marra
Danielle Mignosa
Joanna Miller

Katherine Perkins Marie Provenzano Stephanie Ray Ashley Rodrigues Jacquelyn Scharnick Elizabeth Schiffmann Patricia Snell Kevin Touhey Jonathan Walke



Directors: Sr. Rosalie Deck and Sr. Rosemonde Deck



Heidi Burchell and Danielle Duchaney remind us that Santa Claus is Coming to Town



Shhhhh!



Joseph Bowden announces the season.



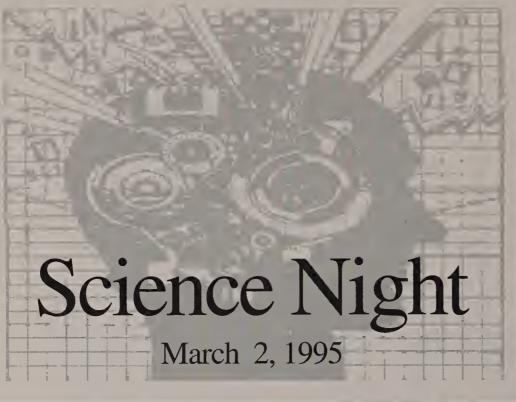
Kara LaBrie - A Gift of Alleluia



Anna Dukess - A Gift for Every Child



Sarah Holway What Child is This





Joseph Costigan



Chris Walsh, Crystals: Micro and Enlarged



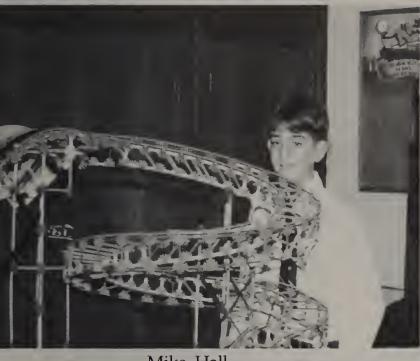
Margaret Ferguson, DNA: In the driver's seat



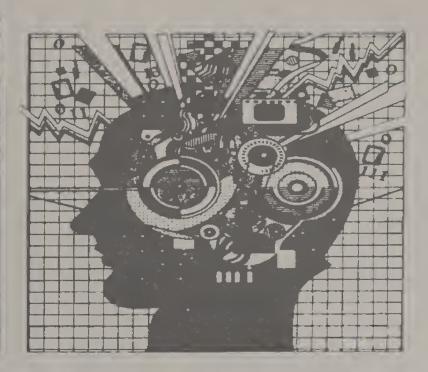


- Junior High

Left - Sarah Vendetti & Jillian Skelly, Behavior and Adaptation of Painted Turtles; Right - Adam Nee & Michael McMullen



Mike Hall





Ryan Nagle, Ultrasound



Ben Levangie, Dolphins and Echolation



Matt Stephens & Kevin van Steensel



Courtney Murray, Two Creatures: Two crises of the sea

# International Geography Fair























Many of the seventh grade students took part in this year's annual International Geography Fair. The students worked very hard on posters and recipes from the country of their choice. Fellow 7th and 8th grade students came to view the bright array of displays in the old gym. They tasted exotic foods from Italy, Greece, Switzerland, Israel, Germany, France, Spain, Mexico and many other countries. They also found out a lot from colorful posters. There were also some traditional costumes and games which greatly contributed to the seventh graders presentations.

Some students chose to select the country where their ancestors came from, while others chose a country at random that they would like to learn more about. Either way, all of the presentations were interesting.

The students did a marvelous job in giving a vivid description of their international topic. This year's International Geography Fair was informative as well as entertaining and was enjoyed by all concerned. Great job, students!

Contributed by: Courtney Murray and Anne-Marie Folino













### Junior High Forensics Team

The Junior High Speech Team has sponsored the Youth Speaks Tournament for over 25 years. The tournament was created by Sister Paul Marie and has enjoyed the enthusiastic participation from many schools and hundreds of students. The tradition continues with help from Sr. Paul Marie, Sr. John Francis and the rest of the staff.

Many students on the Junior High Team remain involved throughout their high school and college years. Several students have continued into politics, law, business and professional coaching. The '95-'96 team was very successful and captured many trophies.



The Junior High Forensics Team: 1st row (L to R): Frank Rubino and Matthew Offiler. 2nd row: Kerryn Feehan, Caroline Dube, Sarah Banks, Elizabeth Dube, Kathleen Sullivan. 3rd row: Jessica Crooker, Ashley Buchanan, Lillian Parker, Corrine Popp, Janet Williams. (Also: Mrs. LeBlanc)





Patty Snell, Brian Fitzgibbons, Ashley Buchanan, Kevin Touhey and Chris Beasley help collect Christmas gifts for the needy.

#### At Work..



# Workshop Players







### Role of Workshop Players:

The "Workshop Players" was created to introduce Junior High students to the theatre arts. The program's focus is to access and accent the "process of doing a play", versus the "pressure of performance." "Spontaneity" is encouraged in an

"Spontaneity" is encouraged in an attempt to open the students' minds in a positive and constructive manner. The focus is placed on what the students does well rather than what they don't do well.







# Cross



Cross Country runners from Sacred Heart and Hanson share the starting line with Hanson. (Left - Boys



Sara Banks croses the finish line first.



Paul Cincotta is the Saints's first finisher at Hanson.

JH Cross Country Team - Front Row: Jen Zeoli, Danielle Maniscalco, Shauna Ahern, Stephanie Ray, Emily Johnson, Whitney Robbins, Jon Walker. Second Row: Kristen Samos, Sara Banks, Taylor Brodie, Linsey Anatatt, Jesse Dinius, PaulCincotta, Jackie Carotta, Chrissy McManus, Danielle Duchaney, Tim Pearson (Coach's assistant). Third Row: Matt Andrade, Steve Cahill,



Mark Sullivan, Reed Sibley, Mike Joyce, Bill White, Taylor Kirby Madden. Fourth Row: Gavin Frazier, Matt Sacchetti, Steve Delbos, Tyler Hogan, Maureen Welch, Ann Marie Wall, Carolyn Jacobson, Alicia Fernandes, Jessica Crooker, Elizabeth Shields. Also: Casey Colbert, Julie Damiano, Matt Stephens, Kevin Touhey, Kerry Winterson, Kevin Gallerani and Mr. Walter Lucier, Coach.



and Right - the Girls Team). Coach Lucier applauds the team's successes.





They're off! . . . .

(Right) Lindsey Anstatt outpaces the opponenet's top runner as they approach the finish line.



Tyler Hogan, Jackie Carota, Stephanie Ray, Chrissy McManus and Keven Touhey stretch out in preparation for a race.



Team members Mark Sullivan, Tyler Hogan, Jesse Dinius and Billy White gear up for the race. (Student Photographers - Sara Vendetti and Joanne Crooker)

### Coastal League Soccer

Boys Division 1 - Fall '95 Matt Wheland David Crosbie Rory Morse Kevin van Steensel Michael Hall Jay Taddia Joe Mahoney Peter White Matt Kustanovitz Tm Graham Ross Turner Bryan Brickley Ryan Thorley Billy Coughlin Mark McGovern Record: Wins-4 Ties-1 Losses-2



Concentration: Michael Slepoy



David Crosbie shows the opponents that it's useless to challenge.



Rebecca Symes shows the intensity that keeps the opponents (Middleboro) reeling.



Greg Kelley shows why defensive unit ruled the zone.



Kerri Winterson keeps Sacred Heart in the action with Duxbury.



Fast furious footwork led by Julie Damiano keeps Sacred Heart attack ahead of Middleboro pack.

Boys Division - 2 Fall '95 Tyler Hogan Mat Matt Offiler Mark Sullivan David Cowing Billy White Matt Easterbrooks Stephan Delbos Andrew Burns

Matt Andrade Daniel DaRosa Christopher Beasley Brian FitzGibbons Jonathan Walker Kevin Gallerani Ryan Garrant Peter Greenwood

Record: Wins-1 Ties-1 Losses-5



Michael League shows persistence produces success.



Joanna Mikwtowicz gains control as Jamie Fiske supports.

### Cranberry League Soccer



Laurie Cormier turns Halifax challenge outside to the corner.



Polly Burokas clears ball out of danger zone and anchors the defense.



Ryan Thorley stops Pembroke challenger.



Girls Division 1 - Front row (L-R): Shauna Ahearn, Elizabeth Aniolowski, Julie Damiano, Polly Burokas, Marie Provenzano, Sarah Banks. Back row: Coach Burokas, Katie Lynch, Alicia DiGiandomenico, Laurie Cormier, Maureen Welch, Lauren Asp, Hilary Newcomb, Nicole Arsenault, Kerri Winterson, Cassie Howard, Marcy Gladdys, Katie Perkins, Coach Silvestri. Also: Danielle Maniscalco, Stephanie Ray. Record: Wins -5 Losses-0



Laurie Cormier takes control of the defensive zone to thwart Halifax.



Keri Grasso shows precision form to frustrate Kingston.



Brian Fitzgibbon blasts the ball past Pembroke.



Lindsay Anstatt and Caitlin Negethon set up the offensive attack (unchallenged).

#### Girls Division 2

Caitlin Negethon Sarah Holway Melissa Bernat Keri Grasso Christen Fitzgerald Jamie Fiske Jillian Skelly Melissa Healy Samantha Larkin Desiree Maniscalco

Alex Constantine Annemarie Folino Caroline Jacobson Joanne Miller Kelley McLaughlin Rachel Paronich Melissa Jones Annemarie Wall Lindsay Anstatt Rachel McKinley

Record: Wins -4 Ties-1 Losses-2



Ryan Garrant and Kevin Gallerani move the ball on the attack against Kingston.



Stephan Delbos shows the form and courage required to be an outstanding goalie.

# Boys and Girls Basketball and Cheerleading



Front: Mike Miraglia and Mark Gronberg. 2nd row: Matt Sacchetti, Ryan Nagle, Billy White, Jesse Dinius, Coach Sean Colin. 3rd row: Mike Hall, Ben Levangie, Kyle Chadwick, Dave Crosbie. Back: Hilary Newcomb (manager), Josh Baker, Lindsay Anstatt (manager). Not Shown: Coach Joe Masi.



Front: Laurie Cormier, Sarah Muller, Casey Colbert, Blake Correa, Polly Burokas. 2nd row: Maureen Welch, Elisabeth Aniolowski, Jennifer Zeoli, Katie Perkins. Back: Virginia Shaw, Jennifer Kelleher, Lauren Asp, Julie Damiano. Not Shown: Kerri Winterson.

These basketball teams have had a building year. At the commencement of the season, the players set goals; They have now achieved them with much time and effort. The girls team ended the season with a record of 6-3. Thanks to the coaches, the games were fun and exciting. Selected players played in the Middleboro Invitational Tournament (MIT). Included in the MIT first annual co-ed tournament are Lauren Asp (#15), Josh Baker (#20), Steve Cahill (#3), Casey Colbert (#5), Laurie Cormier (#20), Blake Correa (#1), David Crosbie (#14), Jesse Dinius (#15), Jen Kelleher (#24), Matt Sacchetti (#4), Virginia Shaw (#23), and Billy White (#1).



Front: Jennifer Greene, Krissi Modlowski. 2nd row: Meagan McCluskey, Sarah Holway, Gina Jacobson. 3rd row: Melissa Bernat, Danielle Mignosa. Back: Kelly Emerson, Desiree Maniscalco, Jane McKinney.



The cheerleaders show their support for the team





Jen Kelleher above and beyond all others



Lauren Asp shows all-around ability by bringing the ball up-court



Blake Correa out-maneuvers Abington



Blake Correa sets the offense



Jen Kelleher shows her dominance in the lane



Kelleher and Asp display solid defense



Julie Damiano displays constant hustle



Kerri Winterson, Katie Perkins, and Laurie Cormier are ahead of the pack



Sarah Banks and Lindsay Anstatt are proud of defeating Abington.



Just stretching before the race

# AFTER-SCHOOL FUN...



The girls team stretches out.



Rich King, Paul Cincotta, Mike McMullen, and Jesse Dinius.

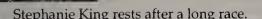


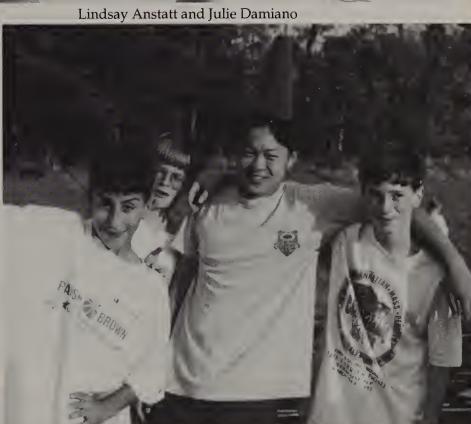
SHHS - Staying on track...











Mark Sullivan , Tyler Hogan, Jesse Dinius, and Billy Coughlin.



Champs - Stephanie King, Lindsay Anstatt, Kerry Winterson, and Sarah Banks.



Lauren Asp beats a double team!

## Eighth Grade Graduation Ceremony June 8, 1995



## Interim



The Ensemble begins the Mass singing The Lord is My Life.



Shawna Slowley brings the gift of wine to be consecrated.

#### Sacred Heart Junior High School Awards

On the day of Graduation a full complement of awards is given in acknowledgement of scholastic achievements in all academic areas and in drama, speech, chorus, sports. The awards are sponsored by

- Sacred Heart High School
- Sacred Heart Parents Association
- Bingo Association
- Alumni Association
- Beta Club
- Student Council
- White Key Society
- Memorial Scholarships



Jacqueline Powell – White Key Society Scholarship





Awaiting the 8th grade graduates are Sr. John Francis, Vice Principal and Mr. John Enos, Principal.

### Piece



Recipients of Scholarship Awards.



Michael League – Principal's Scholarship and Highest Scholastic Achievement



Mr. Palmer Pearson, Sacred Heart Parents Association President– '94-'95.

Samantha Romano receives the Bardelis Family Scholar-



Procession of Seniors into auditorium led by Casey Troy and Illona Rocheteau



Adam Young with Papal flag

# song Sing unto the

Lord



# The Final



Cindy O'Connor (Left) and Matthew Tavares (Right) science and physical education award recipients.









recognizes the twenty plus years that James McLaughlin has spent engaged in the work of Catholic Relief

Services in various parts of Africa and currently as a Director in central India. Mr. McLaughlin challenged the graduates by saying, "As we in America focus on our domestic problems, we cannot

ignore the rest of the world. The strength of the nation depends on the rectitude of its people. Do whatever you can

to help those less fortunate

than you."



Pieces



Left: Amanda Freeman accepts her diploma and congratulations from Sr. Marjorie Nickel, Principal, and Mr. Paul Byron, Academic Director. Right: Graduates enjoys a final group photo.



Maureen,
Congratulations on your graduation.
We are all proud of you.

Love, Mom, Dad, John, Lisa, Kathy, Wayne, Patricia, Joe, and of course Sarah, Colleen, Matthew.

#### Congratulations Greg!

You've always been a son full of laughter and smiles, with a quick wit and sense of humor, a willingness to help and best friend to your sister.

Remember, wherever you go, that God will always walk beside you and we will always love you.

Love, Mom, Dad, Kristen & Patches



Brenna,

May the road rise up to meet you.

May the wind be always at your back.

May the sun shine warm upon your face.

May the rains fall softly on your fields . . .

May God always hold you in the palm of His hand.

from: an Irish Blessing

We love you . . . forever!

Mom, Dad, Meaghan and Joe



Congratulations Kevin!

Thanks for sharing with us. It's been quite a ride.

Love, Mom, Dad, Tim & Kate



Tom:

We are very proud of you!
Best of luck and much success in your future.

Love always, Dad and Mum



Sweet Nicole,

May all your dreams come true. Always remember we love you,

Mom, Dad, and Hilary



Emily,

Thank you for all the joy you have given us. May all your dreams come true!

Love always, Mom, Dad and Jane



Congratulations Liz!

May you always have the courage to follow your dreams.

Love, Mum, Dad, John & Matt

Caitlin, you are grace and song,
Compassion and love,
We marvel that you belong
To us and the future.
Dad, Mom, and
Patrick





David,

Bringing you up has always been an adventure. As you reach for your dreams, may God always be by your side gently guiding you. We love you very much and are proud of the young man that you are today.

Love, Mom, Dad, Lisa and Daniel



Grandma's Boys!



Andrew,

You have brought us much joy.

May Our Lord and Our Lady guide and protect you always.

We love you, Andy Joe!

Mom, Dad and Sarah







Christina,

Seventeen years ago we were blessed with a beautiful baby girl, who has grown up into such a beautiful woman. We are very proud to be your parents. We hope all your dreams come true. We love you with all our heart and may God bless you.

With our love always, Mom, Dad, & Chris



Kristin,

Have faith and confidence in yourself, remembering that you are a unique creation of God!

All our love always, Mom, Dad, and Kerry



Reach for the Stars!!!

We believe in you . . .

We always will.

Thanks for being the

"Babe"

Thanks for being the

"Bestest"

Thanks for just being you.

We love you,

Mom & Dad



We love you Joannie Mom, Dad, Bucky
& Gramma



Chrissy, Congratulations on your graduation and all your accomplishments. You have made us very proud through the years. We hope your future is filled with much success and happiness. So many happy memories and so much love go with you.

Love, Mom, Dad & Kathy



Emily,
You are everything a daughter should be.
Loving you always,
Mom and Dad
Ben and Beck

### Our Special K

A blessing! Laughing eyes; Fantastic smile. You've brought us So much happiness Through all the years, And many miles. Your time is now So test those wings. We know You're going to soar. The sky is the limit. Reach out; Make a difference. Our love goes with you Evermore. Mom and Dad, Mike and Julie





Jenn,

You've always been there for me. Good luck in all that you do.

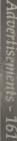
Love, Stacy

Katie,
Follow your
dreams wherever
they may lead
you.

We love you!









Jenn,

You have always been our shining star, not just because of what you've done, but most important, because of who you are. As you now set off to pursue your dreams, believe that you can do anything that you put your mind to. And remember that you always have our love and support.

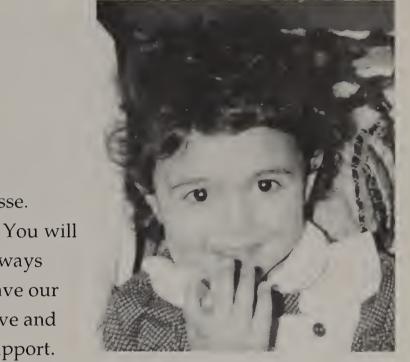
> We love you! Mom and Dad



Mandy,

We are so proud of you. The future is yours and the world will be a better place because of you.

Love, Mom, Dad, Alex



You've accomplished some amazing things. Congratulations!

Jesse.

always

have our

love and

support.

Love, Mom & Dad



Congratulations Vivi! We love you and are very proud of you. Love,

Mama, Baba, Maria and Christina



Char,

You are <u>our</u> Shining Star! We are so proud of you.

Love, Mom and Dad

Char, you're the greatest! Thanks for all you have done for us. We love you.

Love, Shawna and Ted



Susan,

Mom and I are very proud of your accomplishments. Please know that we will be here for you always.

Mom and Dad



Emily.
You have filled our life with laughter, love, and light Always full of questions, determination and focus but, also looking for fun in everyday!

We are proud of who you are and grateful that you have touched our lives.

Love, Dad, Mom, Kyle and Sarah



Karyn,

Watching you grow up has been one of our greatest pleasures. We wish you as much joy and happiness in your life as you've given us.

We love you, Dad & Mum

Way to go

**POOKIE** 

Love, Chris & Jeff

P.S. Don't get lost





Dad's little munchkie Mum's punkin' baby

Kristen, you're as beautiful inside as you are outside . . . compassionate and thoughtful.





We're so proud and are behind you all the way.

Love always,

Dad, Mum, Matt





Our best to you!

Love,

Mom, Dad, Chris, Dan
& Bubba



Danielle ("Deetle") Congratulations! We're very proud of you, as always. We wish you all the love and joy you've given us.



Love Mom & Dad & Brian









"Broni"
The sunshine of our lives
"Principessa"
The joy of our hearts
"Siobhan"
Our sleepy blue ocean
We love you and wish you the best.

Love Mom, Dad, Jim, Charlene and Wayne



We were truly blessed when you entered our lives.

We love you, Mom, Dad, Emily, Annie & Julie Dear Goeff,

In the world's broad field of battle, In the bivouac of Life, Be not like dumb, driven cattle! Be a hero in the strife!

Trust no future, howe'er pleasant!

Let the dead Past bury its dead!

Act - act in the living Present!

Heart within, and God o'erhead!

Longfellow

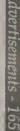
With hearts full of love and pride, Mom, Dad and Lindsay



Ready, one, two . . .

Congratulations, Mary!

Love, Mom, Dad, Danielle, Sandy, Shawn, Tim, Liz and Erin





Thanks for all the laughs.

Love you lots, Julie

Finally, you are gone. Good luck! Love, Twins

Starlite or Starbright, or whatever name you answer to, remember one thing, don't lose sight of your dreams.

Love, Mom and Dad



Dear Mindy,

We are very proud of you. We'll miss you a lot when you leave for college.

After all these years you're still giving Laura rides.

We love you,

Mom, Phil, Laura, Candice, and Alex

(Daddy is very proud of you.)



Brian - I was right beside you on your first day at school as I always will be.

Love, Julie



Brian - We love you and are so very proud of you. We hope all your dreams come true. Congratulations!

Love, Mom, Dad, Julie, and Buffy



To my "little" brother Angelo Best friends forever! Congratulations! I love you! Love, Aleta



Claire,
We love you more than the last number.
Mom, Dad, Laura, and Johnny



# Sacred Heart High School Alumni Association

Established 1957



Congratulations, Jeff! We're proud of you. Love, Dad, Mom, Mike & Chris



May all your dreams come true! Love, Mom & Dad





Brian,

What a wonderful young man you've become! We are so proud of you. May your future bring you happiness and fulfillment, and continue to be blessed with good friends, laughter and love.

You will always have our love and support.

Love always, Mom and Dad



# Welcomes The Class of 1996





Dear Sean,

It seems like graduation from Nursery School was just yesterday. Always remember that our love and support will always be there for you. Believe in yourself, follow your dreams, and be the best you can be. We are very proud of you!

Our love always, Mom & Dad



Kevin,

"Two roads diverged in a wood, and I – I took the one less traveled by, And that has made all the difference."

May your road lead to happiness.

Love,

Mom, Dad, Mike, Matt & Greg





Kevin.

As you soar to new heights, may the turbulence always be light, the horizon clear, ceiling unlimited, and flights free of stalls.

Love, Mom, Dad & Ryan



Dear Brian,
Thanks for being such a great brother. Good luck in college. I'll miss you.

Love always, Laura



You always try to face life with anticipation and wonder. May God lead you on throughout your life, and may He be constant companion to you. You are and have always been a blessing to mom and I and your brothers. We are proud of you and love you.

Dad & Mom



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CLASS OF '96

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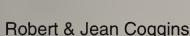
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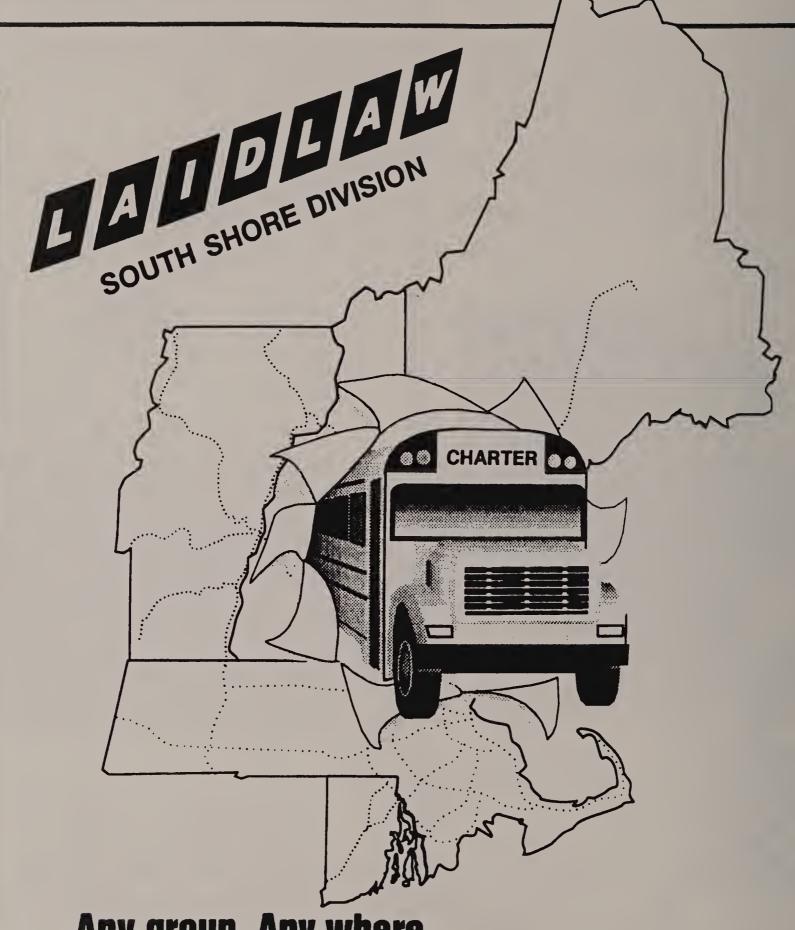
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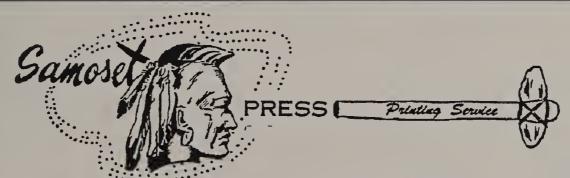
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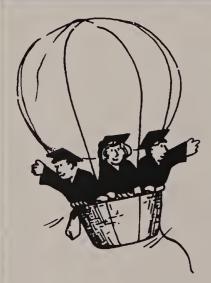
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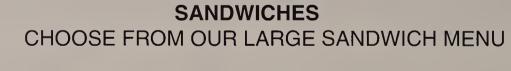
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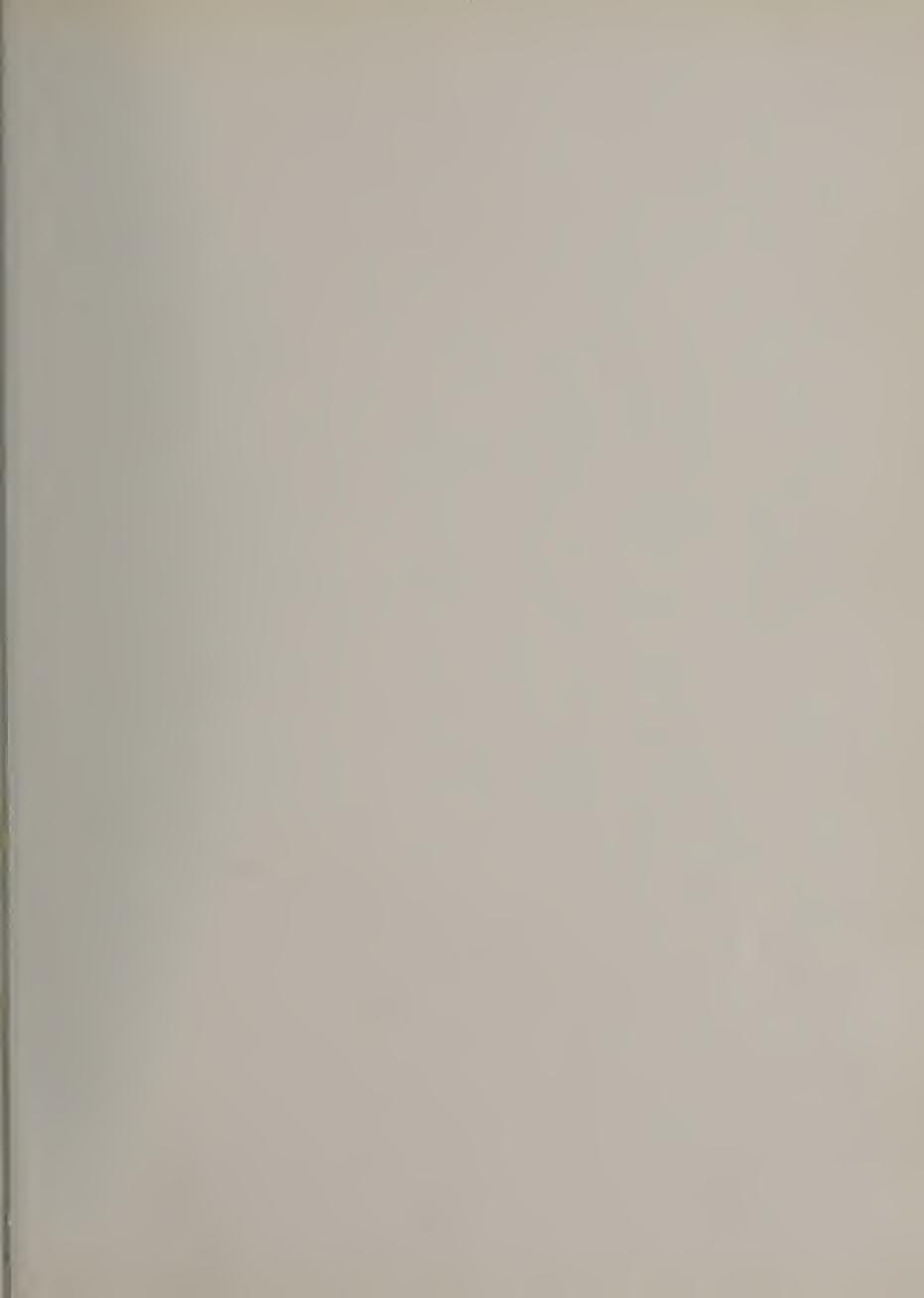
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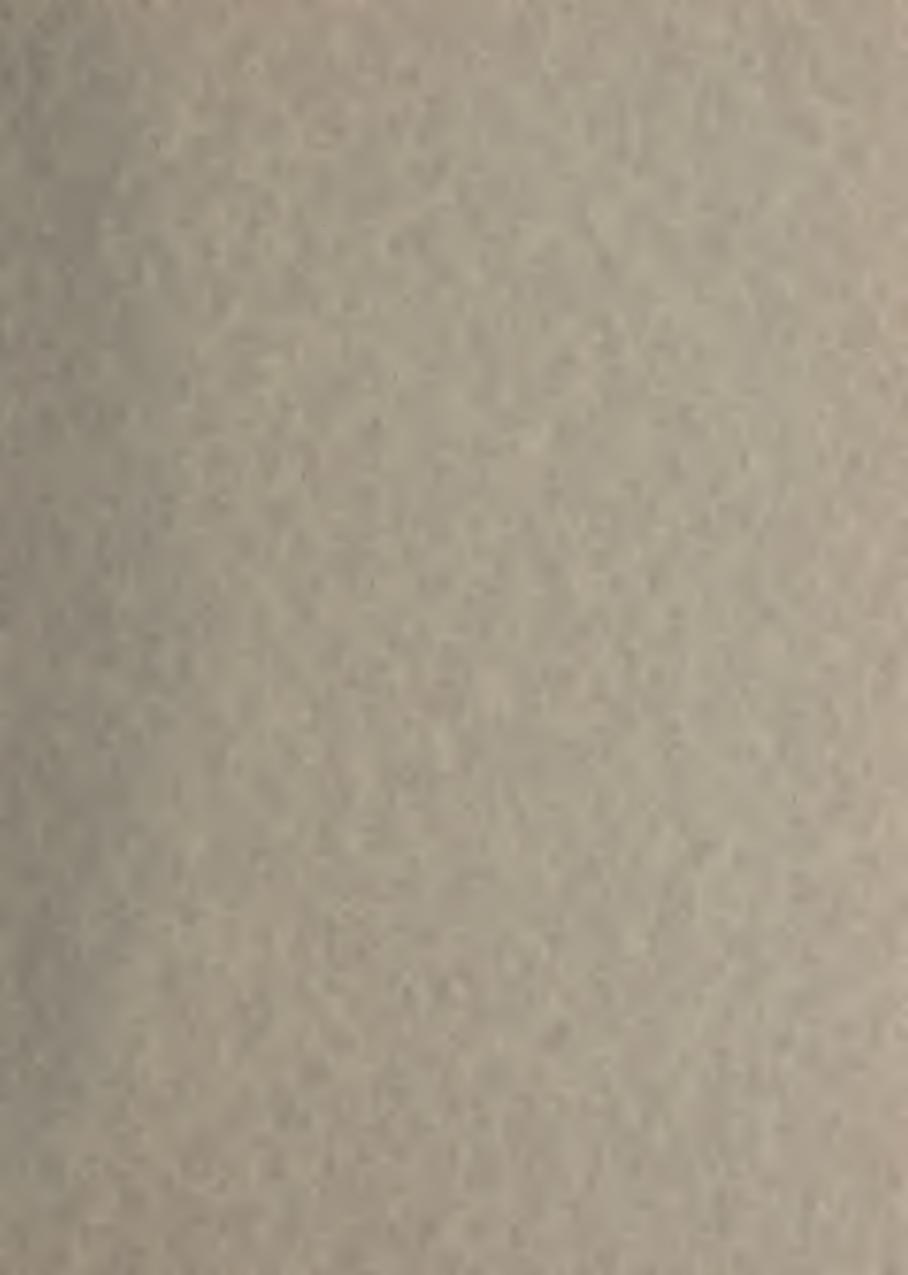
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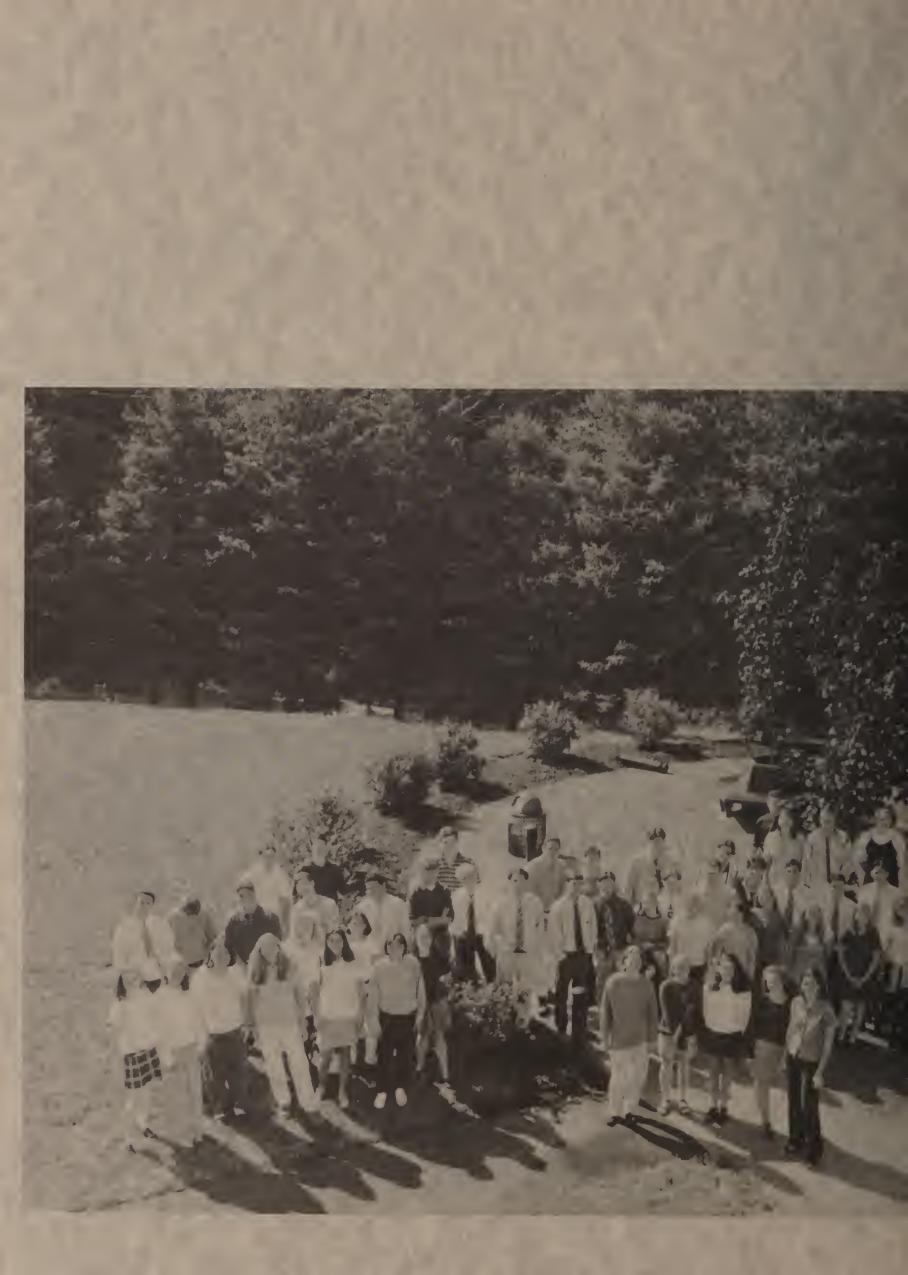
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          Amanda Constantine • Kevin Cooper • Francesco
         Coppola • Jesse-Lee Costa • Ryan Cox • Christopher
       Coyne • Jennifer Cuddy • Brenna Cussen • Kristen Dalbec •
      Matthew Damiano • Jeffrey Dawley • Joshua Day • Katherine
    Dean • Mark Depathy • Danielle Doucette • Joan Enos • Susan
   Fougere • Caitlin Gavin • Emily Hall • Susan Harju • Melynda
   Heidke • Elizabeth Hickey • Marianne Hogan • Heather Holmes
  • Christopher Hopkins • Mary Howard • Amy King • Rosa-Mai
 Kueblbeck • Vivian Lappas • Vincent Lifrieri • Julia Loran •
 Lauren Magill • Jamison Maiorano • Kerin Mayers • Andrew
McFarland • Matthew Michalek • Maureen Mullen • Emily
O'Connor • Thomas Otto • Phoebe Price • Ryan Reidy •
Edward Riley • Albert Samano IV • Gregory Samos • James
Shepard • Nicole Silvestri • Corey Simpson • Charlene
Slowey • Melissa Steele • Christine Sullivan • Sean M.
  Sullivan • Claire Sutherland • Kevin Thomas •
   Kevin Thorley • Deanne Vidito • Lauren
     Virta • Siobhan Ward • Kristin
       Winterson • Douglas
             Amorello
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